



the
nest

Welcome to The Nest

Welcome Message

Welcome to The Nest! We are delighted to have you as our guest and hope you enjoy your stay in our charming home, nestled within the terraced vineyards of Lavaux, Switzerland.

If you need anything during your stay, please don't hesitate to contact us.

Contact Details

Hosts: Anna (Swedish) & Ged (English)

Phone: Anna. +41 (0)78 910 8244 (English, Swedish & French)
Ged +41 (0)787244239 (English)

Email: easthamg@hotmail.com

The international dialling code for Switzerland is +41

Emergency Contacts:

European Emergency Number:	112
Ambulance:	144
Police:	117
Fire Department:	118

Property Information

Address: 'The nest'
Chemin des Pendances 5
Chardonne / St Saphorin
Vaud
1071
Switzerland

Check-in: 3:00 PM

Check-out: 11:30 AM (Late Check out on request/subject to availability)

Wi-Fi:

Network ID:	NestGuest	(Case Sensitive)
Password:	Wine100*	(Case Sensitive)

House Rules:

No smoking inside the house.

No pets allowed.

Please respect the quiet hours from 10:00 PM to 7:00 AM.

Amenities

Kitchen:

Fully equipped with Combi Oven/Microwave, refrigerator and freezer, dishwasher, Nespresso (Vertuo) machine with a variety of coffee pods available.

Cooking utensils, pots, pans, dishes, glasses and cutlery provided.

Bathroom:

Towels provided per person per stay.

Entertainment:

OLED smart TV with streaming services: Netflix, Spotify.

Laundry:

Washer / Dryer located in Bathroom.

Free Wifi

Secure Ski and Cycle storage can be provided on request

Twin Sofa Bed (Bedding can be provided upon request)

Wine, Champagne, soft drinks, snacks and additional coffee pods are available for purchase and operates on an honour system. Prices can be found by the coffee machine. Please leave money in the tin by the coffee machine or TWINT Tel: 078 724 4239

House Instructions

Please ensure the external air vent (adjacent to fireplace) and the internal chimney flap (inside the fireplace) is open if the fire is used.

Temperature: All radiators have thermostatic valves to adjust room temperature

Trash and Recycling: There is a bin under the sink

For any issues, please telephone the hosts (numbers earlier in this section)

Please do not flush anything other than Paper, and human waste down the WC. The system is pumped any other items may cause the pump to block up. Please place wipes (even flushable), sanitary products or nappies in the bin provided.

A smoke detector and Carbon monoxide detector are fitted for your safety

Local Attractions and Activities

Popular Attractions:

Lavaux Vineyard Terraces: A UNESCO World Heritage site with stunning views across Lake Geneva and the alps. Stroll leisurely through the vineyard terraces or for those wanting a less energetic pastime there is a 'wine train' which passes the house.

<https://www.lavauxexpress.ch/en/>

Throughout the year the region has a number of wine festivals where local vigneronns open their cellars and where for a low fixed fee daily fee, you can sample as many wines as you like. Two of the most popular wine festivals are in Chardonne and Eppess

www.swisswine.com/en

For 2025 there is a new series of night time wine events <https://francey-vins.ch/nuit-des-capites-2/> and on Sundays in July and August there is the Wine Electro & Retro Brunches <https://domainebovy.ch/nos-evenements/electrobrunchs/>

St-Saphorin: (Walking distance and just below the house) One of Switzerland's prettiest small villages, with quaint cobbled streets. Local Tip: Go for a swim in the lake on a hot day to cool down. Take the steps under the road to get to the lake shore.

Chexbres: (Walking distance turn left out of the house) Closest village with a supermarket, small shops and bakeries. Local Tip: For Chocolate lovers try Coffee and cake at Moutarlier <https://moutarlier.ch/nos-magasins/chexbres/>

Chardonne: (Walking distance 3km turn right out of the house) Second closest village with a small supermarket, Chemist and bakery. Local Tip: Can take the Funiculair either down to Vevey or up to Mount Pelerin.

Vevey (6km / 3.5 miles): The closest large town and former home of Charlie Chaplin and currently the global HQ of Nestle. Enjoy strolling through the old town, promenading by the lake, exploring local bars and restaurants or take a swim by the Rowing club. Local Tip: Walk from Nestle HQ along the lake, through Vevey and up to La Tour De Peilz

Lausanne (20km / 12 Miles): Lausanne, a vibrant city located on the northern shore of Lake Geneva, is known for its picturesque landscapes and rich cultural heritage. The city is Switzerland's 4th largest city and is home to the International Olympic Committee and boasts the impressive Olympic Museum, where visitors can explore the history of the Games through interactive exhibits and memorabilia. The historic center of Lausanne, with its 13th-century Gothic cathedral and charming cobblestone streets, offers a glimpse into the city's medieval past. The Ouchy Promenade is ideal for a leisurely stroll or a boat ride on the lake. Lausanne is a hilly town and has a Funicular train that runs from Ouchy by the lake up the hill. Taking the train is the easiest way to get to Lausanne, either from Vevey or St Saphorin. Local Tip: Check out Plateforme 10 Lausanne's newest contemporary art museum or for kids the Palais de Rumine (Natural History Museum) which is free of charge.

Montreux (14km / 8.7 miles): Montreux, on the shores of Lake Geneva, is renowned for its stunning lakeside promenade, vibrant cultural scene, and breathtaking views of the Alps. Visitors can explore the famous Château de Chillon, a medieval castle that offers a glimpse into the region's rich history. The town is also home to the Montreux Jazz Festival, held every July, which attracts music lovers from around the world and the Christmas Market in December.

Gruyères (42km / 26 Miles 33 mins by car): A picturesque medieval town in the canton of Fribourg, Switzerland, is renowned for its rich cultural heritage and stunning landscapes. Visitors can explore the historic Gruyères Castle, dating back to the 13th century, which offers breathtaking views of the surrounding countryside. The town is also famous for its cheese, and a visit to La Maison du Gruyère allows you to learn about the cheese-making process and sample the delicious Gruyère cheese. Art enthusiasts can visit the HR Giger Museum, dedicated to the works of the Swiss surrealist artist (Famous for designing the sets in Alien). For outdoor activities, the nearby Moléson mountain offers hiking, skiing, and panoramic views of the region. Local Tip: If you visit the Castle, check out the Giger bar which looks like the set from the Alien movie. Also if driving consider visit to the Chocolate factory in Broc <https://www.cailler.ch/en/cailler-experiences>

Outdoor activities / things to do:

Hiking through the vineyards and along Lake Geneva.

<https://www.montreuxriviera.com/en/G515/hikes-and-walks-at-lavaux>

Local guided tours <https://www.lavaux-unesco.ch/decouvrir/visiter-lavaux/visites-guidees#/>

Try 'Wine Hiking' (Yes, it's a thing) <https://www.myswitzerland.com/fr-ch/decouvrir/route/terrasses-de-lavaux-randonnee-des-trois-soleils/>

Road cycling – The Lavaux region and neighbouring Valais (starting at the end of the lake) has some of the most iconic cycle routes in the world ranging from leisurely routes suitable for all the family through to elite Tour-de-France mountain stages.

Local Lavaux routes:

<https://www.myvaud.ch/en/V3090/lavaux>

<https://www.myswitzerland.com/en-ch/experiences/route/lavaux-tour/>

Selection of Road Cycling routes in Vaud:

<https://www.myvaud.ch/en/Z14430/road-cycling?length long= all length long> and

<https://www.myvaud.ch/en/Z14416/the-perfect-spot-for-biking>

For seasoned road cyclists the Tour du Lemman (Tour of Lake Geneva 190km, goes past the house!) <https://schweizmobil.ch/en/cycling-in-switzerland/route-46>

Selection of Road Cycling routes in Neighbouring Valais:

<https://www.valais.ch/en/explore/activities/road-cycling/routes>

Skiing, Ski Touring, Snow Shoeing, Sledging, Climbing & Mountain Biking:

Nestled in the heart of the alps, Vaud and the local canton of Valais are some of the world's best areas for mountain sports. Mountain bikes can be hired and many ski lifts run in the summer and will carry your bike to the top in case you don't fancy the climb.

Ski Areas:

Portes du Soleil region: (45 minutes by car) - One of the Worlds largest Ski regions covering 650km of marked pistes and encompassing: Avoriaz, Chatel, Morzine, Les Gets, Champéry.

Verbier / Nandez (Les 4 Vallees): (1hr 15min by car) – Iconic skiing up to 3300m

Crans Montana: (75 min by car)

Villars sur Ollon / Les Diablerets: (50 minutes by car)

Aletsch Arena & Glacier: (95mins by car) Largest glacier in the alps

Château de Chillon: A beautiful medieval castle on the shores of Lake Geneva which dates back to the 10th century. It is one of the most visited castles in Switzerland and Europe.

<https://www.chillon.ch/en/> Also consider across the road 'Fort Chillon' a 20th century military fort buried within the mountain opposite the castle.

Cruise the Swiss Riviera by Paddle Steamer: A fabulous way to see Lavaux from a different perspective. Major stopping points include: Vevey, Montreux and Lausanne or go across the lake to Evian in France. <https://www.cgn.ch/en/>

Standup padel boarding: A great way to get from St Saphorin to Vevey on a warm day.

The Olympic Museum in Ouchy (Lausanne): Great for all ages and with a nice restaurant overlooking the lake

Montreux Jazz Festival (if visiting in July): Get up close with some of the worlds leading musicians. A great time to visit Montreux even if you don't have tickets.

Montreux Christmas Market (December)

Scenic Train Journeys & Panoramic Views: There is a cog train that goes from Montreux station up the mountain (Rochers-de-Naye) which gives panoramic views of the lake. <https://www.myswitzerland.com/en-ch/experiences/rochers-de-naye/>

For Train lovers, the 'Golden Pass' Panoramic train departs from Montreux and goes to Interlaken. <https://www.myswitzerland.com/en-ch/experiences/goldenpass-express/>

For Chocolate Lovers (Who also like Trains) There is the Chocolate train that also departs from Montreux. <https://www.chocolatexpress.ch/en/>

Local Tourist sites / What's on

Swiss Riviera <https://www.montreuxriviera.com/en/>

Vaud <https://www.vaud.ch/en/>

Other experiences in Switzerland <https://edibleswitzerland.com/>

Other popular recurring events include:

<https://www.lavaux-unesco.ch/>

Epesses Wine Festival – First Saturday in May <https://www.lavaux-unesco.ch/decouvrir/evenements-a-lavaux/epesses-nouveau-en-fete#/>

Weekly Guided tours of the Vineyards (May-October) <https://www.lavaux-unesco.ch/decouvrir/visiter-lavaux/visites-guidees#/>

Chardonne Wine Festivals <https://chardonne-vins.ch/evenements/>

Montreux Jazz Festival (Typically first half of July) <https://www.myswitzerland.com/en-ch/experiences/events/montreux-jazz-festival-1/>

Local Dining

Below is a selection of some of our favourite restaurants and cafes:

Le Deck (Chexbres, Lavaux): Great Views, perfect for sun downers or for a romantic drink or meal. <https://guide.michelin.com/en/val-de-chexbres/restaurant/le-deck-restaurant>

La Haut (Chardonne, Lavaux): Fine dining using local produce
<https://guide.michelin.com/en/val-de-chardonne/restaurant/la-haut-1214751>

Tout un Monde (Grandvaux, Lavaux): Wonderful views from the terrace across Lavaux
<https://toutunmonde.ch/en/home/>

Lavaux Vinorama: A wine bar offering local wine tastings and tours of the vineyards on foot, via ebike or even personal Tuk Tuk
<https://lavaux-vinorama.ch/en/accueil/>

Vevey

- Ze Fork: Located by the lake www.zefork.ch
- Bla Bla: Located by the square, Great Pizzas, relaxed ambiance. blablavevey.com
- Le Carre: Located by the lake, great burgers and mussels. Also has a bar by the lake
- Pizza Taxi: Simple pizza restaurant with a terrace by the lake.
- Kju: Restaurant and club by the Lake <https://www.q-vevey.ch/>
- Les Bains Payes: Relaxed Terrasse by the lake (Next to Nestle HQ behind the rowing club) perfect for a post lake swim burger or cocktail. Great Vibe when the sun is shining. (Don't forget your swim kit and sunnies) <https://lesbainspayes.ch/>
- Trois Couronnes (Hotel & Spa) Open to non residents – Stylish Terrace to have a G&T, Cocktail or just morning Coffee or Afternoon tea overlooking the lake.
<https://www.hoteltroiscouronnes.ch/en>

Transportation and Navigation

Public Transport is normally very good in most of Switzerland.

Swiss Trains are very efficient and run from Geneva Airport to Vevey (as well as regionally across Switzerland). The Local train stations are St Saphorin (Main line) or Chexbres (Minor

line). The Swiss Railways have a route planning and ticket buying app called sbb.com downloadable for smartphones. The App covers all public transport not just trains.

However, to get the most out of Switzerland we highly recommend hiring a car as public transport in the immediate Lavaux wine region is limited. Cars can be hired at Geneva airport, locally in Vevey (Avis, Europcar) or at most train stations via the self service 'Mobility app' <https://www.mobility.ch/en/private-customers/how-it-works>

Taxi's and Uber are both available locally, the main ranks are outside Vevey and Lausanne train stations. Uber tends to be cheaper.

Cycling and e-biking are great ways to get around locally but beware there is the occasional steep hill (for those not use to climbs!)

There is Funicular train that runs from Vevey to Mont Pelerin and which stops at Chardonne (5km from the house) Cycles are allowed to be taken on the Funi (Small charge). Local Tip: Walk through the vineyards to Chardonne, catch the Funi to the top and have coffee at the Terrasse of the Hotel Mirador and enjoy the view, then take the Funi down to Vevey and walk around the town.)

Parking:

On-site parking is available for guests.

Driving:

Switzerland drives on the right hand side of the road.

We would advise against driving in the vineyard roads as they can be narrow.

Getting to/from the property we would advise using the nearest main road above the property (Route Du Vignoble) that runs between Chexbres and Chardonne.

Good to know

- Tipping is not obligatory in Switzerland.
- Switzerland is one of the safest countries in the world but just be careful when travelling by train as tourists on some routes (typically to/from Geneva airport) have had luggage stolen.
- Switzerland has 4 official languages but the local language in Vaud is French.
- Feel free to say 'Bonjour' (Hello) or 'Salut' (Hi) to people you pass in the vineyards or when hiking
- If travelling by public transport always get tickets (and one for your Bike)
- Please respect nature, keep to the trails and take any litter with you
- Be prepared for the weather (especially if going up mountains) or in the sun

- If lights start flashing on the Lake (mini light houses), a storm is on the way and you should get back to shore and stay out of the water.

Emergency Information

Emergency Situations:

Fire: Use the fire extinguisher located under the kitchen sink and evacuate through the nearest exit.

Medical emergencies: A First Aid Kit is located under the sink. (For Emergency numbers see earlier in this book).

Emergency Exit: Front door

Please additionally call the hosts so we can help / provide advice.

Check-out Procedures

- Leave trash and recycling in bin under sink / in bathroom
- Turn off all appliances and lights.
- If you have consumed any pay for items, please put the money in the tin or TWINT the balance to Tel: 078 724 4239
- Ensure all windows and doors are locked.
- Please lock the electronic door lock when exiting

Guestbook and Feedback

We hope you have a wonderful stay at The Nest!

Please leave your comments and suggestions in our guestbook.

Your feedback helps us improve and ensures future guests have an amazing experience.

If you enjoyed your stay we would highly appreciate your reviews on Booking.com or Airbnb
! Thank you

Thank you for staying with us, and we hope to welcome you back soon!



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Local Brochures / Things to do

Please find attached information on local things to do.

Feel free to borrow and replace at the end of your stay or feel free to add new things you would recommend.