

Initial Peptide Program Instructions

Millennium Health Centers – Peptide Program 2026

Welcome to the Millennium Health's Peptide Program. Please read this document to understand how to work our Peptide System.

To get started we need to understand what it is you would like to achieve with the use of peptides. If you are already a patient of the Millennium we have important laboratory test results that will help us with your peptide program. If you are not a present patient of the Millennium, then we will need to get some baseline laboratory testing to assure that you can optimize the benefits from Peptides and that there are no risk issues.

Begin by entering the **DATE**, and your patient status, leave the **Labs Needed**, blank. We will discuss this. Put in your **Shipping Address, Phone Number, and Email address**. If you are seeing Dr. Mark or Alison please check off. If you are new and a **Veteran**, check off Dr. Mark L. Gordon or if a **Civilian** check off Dr. Alison M. Gordon.

In the **PROGRAM NOTES**, this is where you put in a short statement of what you would like to achieve, improve or address.

The last area **Peptides for Protocol** is where you place a "W" (want) in the box to the left of the specific peptide you would like to use. We will be limiting the number of peptides used per cycle to 2-3 based upon what we agree to address. The consideration here is that we do not overload your system with a high number of diverse peptide and then try to figure out which one is causing an adverse reaction or excellent response.

Once this form is returned to either Dr. Alison or Dr. Mark, you will be sent an email with a link to our calendar to select a time and date for your consult.

During the consult we will discuss what your goals are and how best to achieve them. Once we have designed your peptide protocol, this form will be sent to the office, and you will receive a call from Candice to collect payment. Once payment is received, your order will be shipped Priority Mail within 24hrs. Once shipped, you will start receiving on your phone tracking information and subsequent updates.

Reorders: When you are ready to re-order additional peptides on your treatment protocol, reuse your original form putting in the number of each peptide you would like to refill. If you want to add other peptides that have not already been used, please place a "W" (want) in the box corresponding to the new peptide request. We will arrange for another consult to review these new peptides. If you need a fresh Peptide Program form, please go to the "Peptide News" section of the TBIHELPNOW.org website.

Thank you

Mark L. Gordon, MD
Alison M. Gordon, NMD

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