



Millennium Neuro-Regenerative Centers

Applying the sciences of recovery

January 9, 2022

ADDRESSING SYMPTOMS ASSOCIATED WITH LONG COVID.

On May 18, 2020, NEWSWIRE nationally circulated a paper I had written on the expectations of neurological symptoms secondary to Covid-19 infections (www.tbihelpnow.org/the-science). The cause of this condition appears to be due to the inflammatory cytokines that are released in the brain and body from exposure to the SARS virus. It also can happen with other infections both viral and bacterial but to a lesser extent.

In September 2020, we opened the **Millennium Health Store** to provide access to our proprietary products such as Clear Mind & Energy, Brain Care II, and B is for Brain (the Tri-Pak) which had been used to treat our traumatic brain injury (TBI) Veterans and Civilians. By 2021, we were starting to get feedback from both patients and clients about the beneficial effects of the Tri-Pak on Long Covid. It made sense because the same inflammatory cytokines are produced after a head trauma and due to Covid-19.

In November and December 2021, two of my daughters contracted Covid-19, one contracted the Delta variant with high fever, postnasal drip, body aches and subsequent loss of taste and smell. She started the Brain Rescue 3 (Tri-Pak) pre-breakfast and within 5 days her initial symptoms abated. By the 7th day she was Nasal Swab negative but developed the loss of taste and smell on the 10th day which lasted for only 3 days after adding Brain Care II pre-dinner. A number of our patients with TBI were already on the Brain Rescue 3 when they contracted Covid; all recovered within 5 to 10 days. What I have been sharing with our patients who get the Long Covid is to start the Brain Rescue 3 pre-breakfast and the Brain Care II pre-dinner for 14 – 28 days. Much more information at www.tbihelpnow.org/the-science



Always the best,
Mark L. Gordon, MD

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