
DR. WATER'S BBQ GOOSE

Place in a crock pot:

3 goose breasts (6 half breasts)

One package of onion soup and enough water to cover meat

Cook on low for 8-12 hours

Remove meat and allow to cool (discard onion soup)

Shred meat with 2 forks (check for shot)

Place meat in crock pot with BBQ sauce and reheat