

About Our Practice

Drs. Peter & Cheryl Koeller share a collaborative, integrative approach to care that blends Eastern and Western medical principles into a unified, patient-centered experience. Together, they combine Acupuncture, functional medicine, structural alignment, and nutritional evaluation to support lasting wellness and whole-body balance — with God at the center of their philosophy and purpose.

Dr. Cheryl is a licensed Acupuncturist with specialization in Herbs and Eastern Medicine. Her background includes extensive study in myology, anatomy and physiology, neurology, pathology, nutrition, herbal medicine, orthopedics, sports Acupuncture, physical examination, and lifestyle counseling. She integrates techniques such as Tui Na, Thai Chi, Qi Gong, moxibustion, and gentle stimulation methods to create individualized treatment plans rooted in classical Eastern tradition and modern clinical insight.

Dr. Peter is a Chiropractor with a strong foundation in functional and clinical integrative medicine. His work centers on structural alignment, neurological integrity, and identifying root causes that may interfere with optimal health. Through chiropractic care and functional assessment, he evaluates patterns of stress affecting long-term vitality and systemic balance.

Their care model intentionally integrates multiple Acupuncture styles and therapeutic systems, including:

- Acupuncture Physical Medicine – A fusion of classical French meridian Acupuncture and Western physical medicine focused on identifying and releasing areas of tension and congestion.
- Kiiko Matsumoto Style – A Japanese approach emphasizing gentle needling and abdominal (Hara) assessment to guide precise, individualized treatment.
- Traditional Chinese Medicine (TCM) – A comprehensive system combining Acupuncture and herbal principles to restore internal balance.

Nutrition and systemic balance are guided through Applied Kinesiology, a non-invasive method using muscle testing along meridians and neurological reflex pathways to identify stressors affecting the body. Environmental burdens, nutritional deficiencies, and chronic imbalances can tax the system over time. Stressors are becoming more and more of a growing concern due to their link to autoimmune disease, vitamin and mineral deficiencies, allergies, and chronic persistent health problems. This technique helps pinpoint areas of weakness and informs targeted, natural strategies designed to restore resilience and support long-term health.

Certifications & Advanced Training

- Laser Therapy
- Myofascial Release
- Applied Kinesiology
- Electro-Acupuncture
- Cranial Sacral Therapy
- Lymphatic Techniques
- Nutritional Therapy

At the heart of their practice is the belief that healing occurs when the body is understood as an interconnected system, created with divine intention and design. By integrating structural, neurological, nutritional, and energetic approaches, and keeping God at the center of their work, they create a calm, supportive environment where patients feel heard, cared for, and empowered in their wellness journey.