

CHAKRA SOAPS

7 - CROWN – SAHASRARA

Orange – Lavender – Patchouli Essential Oils

Connection, Understanding, Peace, Knowing

This supports a connection with ones true path, deeper consciousness, and sprit. It encourages one to be inspired, purposeful, visionary, meditative and joyful

6 - THIRD EYE – AJNA

Grapefruit – Rosemary - Myrtle Essential Oils

Mental Focus, Intuition, Sensory Perception, Uplifting

This supports an openness and ability to learn from experiences. It stimulates the brain, encouraging the flow of heartening conscious mental energy.

5 - THROAT – VISHUDDHA

Spearmint – Peppermint – Cedarwood Essential Oils

Communication, Clarity, Self Trust, Security

Supports expression of ones truth, clearing emotional and mental bodies. Enhances awareness and helps to embrace the feeling of safety.

4 - HEART – ANAHATA

Eucalyptus – Tangerine – Geranium – Ylang Ylang Essential Oils

Opening, Trusting, Security, Hope

Supports deeper and more meaning relationships with others and self. Cleansing and purifying to ones body and spirit.

3 - SOLAR PLEXUS – MANIPURA

Lemon – Ginger – Roman Coriander Essential Oils

Confidence, Enthusiasm, Mind Clarity, Digestion

Supports a sense of purpose, encouraging honesty. May reduce stress, thus aiding digestion.

2 - SACRAL – SVADISTHANA

Orange – Peppermint - Ylang Ylang Essential Oils

Creativity, Sociability, Sensuality, Joy

Supports activating and aligning this chakra. Encourages passion and imagination.

1 - ROOT – MULADHARA

Bergamot – Cedarwood – Patchouli

Grounding, Centering, Self-Reliance, Courage

Supports a sense of security, belonging and vital energy. Encourages a strong foundation for decisions, desires and all chakras.