

RESUSCITATION

DRSABCD RESPONSE

DANGER
Check for hazards & ensure safety.

Infants Under 1 Year



RESPONSE
A casualty who is unresponsive and not breathing normally needs urgent resuscitation.

AIRWAY
Open to check breathing.

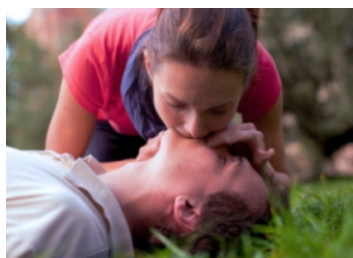
BREATHING
If the casualty is not breathing OR breathing abnormally, start CPR.

CPR
30 Compressions: 2 Breaths.
(if unwilling or unable to do breaths, consider compressions only).

DEFIBRILLATE
As soon as available, follow the prompts.

SEND FOR HELP
Call the ambulance - 000.

Adults & Children



Ensure Safety for Self and Others

Call Triple Zero (000) for an Ambulance

SIGNS & SYMPTOMS
Unconscious, not responding, not breathing normally, or not breathing at all.

CPR DETAILS

| | Adults & Children | Infants Under 1 Year |
|--------------------|--|-----------------------------|
| Open Airway → | Head tilt/chin lift | Neutral head |
| Press with? → | 2 Hands | 2 Fingers |
| How hard? → | 1/3 chest depth approx 5 cm | 1/3 chest depth approx 4 cm |
| Breath pressure? → | Full breaths | Puffs |
| How many? → | 30 Compressions : 2 Breaths | |
| How fast? → | Compressions should be done at the rate of almost 2 per second (continuous rate of 100 - 120 per minute) | |

For more information visit: www.resus.org.au

CONTINUE CPR / DEFIBRILLATION
Until responsiveness or normal breathing returns, or help arrives.