



MOUNT NUN EXPEDITION

ALTITUDE : 7 135 METRES / 23409 FEET

(GRADE: 8 / 10 - DIFFICULT)

- 23 DAYS -

(LADAKH, INDIA)

(JULY - SEPTEMBER)

MT. NUN CLIMBING EXPEDITION – AN ELABORATE DESCRIPTION

MOUNT NUN: A MAJESTIC HIMALAYAN PEAK

OVERVIEW

MOUNT NUN IS ONE OF THE MOST REMARKABLE PEAKS IN THE INDIAN HIMALAYAS, STANDING AT 7,135 METERS (23,409 FEET). IT IS THE HIGHEST PEAK OF THE NUN KUN MASSIF, LOCATED IN THE SURU VALLEY OF LADAKH, INDIA. THE PEAK IS A SOUGHT-AFTER CHALLENGE FOR CLIMBERS DUE TO ITS STEEP RIDGES, HARSH WEATHER CONDITIONS, AND DEMANDING HIGH-ALTITUDE ROUTES.

GEOGRAPHY & LOCATION

- **RANGE:** WESTERN HIMALAYAN RANGE, GREAT HIMALAYAN RANGE (PART OF THE NUN KUN MASSIF)
- **REGION:** LADAKH, INDIA
- **COORDINATES:** 33.9817°N, 76.0231°E
- **NEIGHBOURING PEAKS:**
 - **KUN PEAK (7,077 M)** – THE SECOND HIGHEST PEAK IN THE MASSIF
 - **BARMAL (5,900 M)**
 - **WHITE NEEDLE (6,500 M)**
 - **PINNACLE PEAK (6930M)**

MOUNT NUN AND KUN PEAK, THE TWIN SUMMITS, DOMINATE THE ZANSKAR RANGE. WHILE NUN IS THE TALLER OF THE TWO, MOUNT KUN IS EQUALLY SPECTACULAR AND ATTRACTS EXPERIENCED MOUNTAINEERS WORLDWIDE.

CLIMBING & EXPEDITIONS

- **FIRST ASCENT:** ACHIEVED ON JULY 15 1953 BY FRENCH CLIMBERS BERNARD PIERRE AND PIERRE VITTOZ.
- **CLIMBING GRADE:** CONSIDERED A MIX OF MODERATE TO TECHNICALLY DIFFICULT DUE TO CREVASSES, ICEFALLS, AND STEEP SLOPES.
- **BEST CLIMBING SEASON:** JULY TO SEPTEMBER (OPTIMAL WEATHER CONDITIONS).
- **COMMON ROUTE:** THE MOST FREQUENTLY ATTEMPTED ROUTE STARTS FROM TANGOL VILLAGE, ASCENDING VIA THE WEST FACE – WEST RIDGE ROUTE.

CLIMBERS FACE CHALLENGING GLACIERS, ROCKY OUTCROPS, AND STEEP ICE WALLS BEFORE REACHING THE SUMMIT, WHICH OFFERS BREATHTAKING PANORAMIC VIEWS OF THE KARAKORAM AND HIMALAYAN RANGES.

FLORA & FAUNA

DESPITE ITS HARSH CONDITIONS, THE SURROUNDING REGIONS OF MOUNT NUN HOST:

- **FAUNA:** SNOW LEOPARDS, HIMALAYAN IBEX, MARMOTS, AND GOLDEN EAGLES.
- **FLORA:** HIGH-ALTITUDE ALPINE SHRUBS, JUNIPER, AND MEADOWS WITH WILDFLOWERS IN SUMMER.

SIGNIFICANCE

- **ADVENTURE & MOUNTAINEERING:** A DREAM PEAK FOR CLIMBERS, ATTRACTING INTERNATIONAL EXPEDITIONS.
- **SPIRITUAL & CULTURAL RELEVANCE:** LADAKH, KNOWN FOR ITS BUDDHIST HERITAGE, CONSIDERS THE HIMALAYAS SACRED.
- **GLACIAL IMPORTANCE:** HOUSES IMPORTANT GLACIERS FEEDING THE SURU RIVER, SUPPORTING LOCAL AGRICULTURE AND ECOSYSTEMS.

CONCLUSION

MOUNT NUN IS AN ICONIC HIMALAYAN GIANT, OFFERING A BLEND OF ADVENTURE, NATURAL BEAUTY, AND CULTURAL SIGNIFICANCE. WHETHER YOU'RE AN ASPIRING CLIMBER OR A NATURE ENTHUSIAST, ITS TOWERING PRESENCE IN LADAKH'S RUGGED LANDSCAPE REMAINS AN AWE-INSPIRING SIGHT.

DAY 1:

ARRIVAL IN LEH (3500M)

REST, ACCLIMATIZATION AND SHOPPING FOR PERSONAL OR RELATED THINGS FOR THE EXPEDITION. AFTER AN INTRODUCTION AND BRIEFING SESSION, YOU ARE FREE TO EXPLORE LEH. EXPLORE THE MARKET AND WHILE DOING SO YOU WILL BE GETTING ACCLIMATIZED AND USED TO THE WEATHER.

TIP FOR THE DAY: EAT WELL SLEEP WELL.

DAY 2 :

REST AND ACCLIMATIZATION IN LEH (3500M)

HIKE TO SHANTI STUPA AND LEH PALACE FOR ACCLIMATIZATION.

REST AND ACCLIMATIZATION AND REMAINING POSSIBLE SHOPPING AT LEH.

TIP FOR THE DAY: EAT WELL AND SLEEP EARLY AS THE NEXT DAY WE WOULD MOVE FOR THE NEXT DESTINATION EARLY IN THE MORNING.

DAY 3 :

LEH TO GYAMCHE LA (4850M) AND BACK TO LEH (3500M)

TODAY THE TASK IS TO LEAVE EARLY IN THE MORNING AND REACH DISKO VALLEY AROUND LEH (DRIVE DURATION OF AROUND HALF AN HOUR). THE TREK WOULD TAKE APPROXIMATELY 10 HOURS FROM ROAD TO ROAD. AFTER REACHING BACK TO LEH WE WOULD EAT AND KEEP OURSELVES HYDRATED AS MUCH AS POSSIBLE TO AVOID ANY SYMPTOM OF AMS.

TIP FOR THE DAY : KEEP YOURSELF HYDRATED AS MUCH AS YOU CAN IN ORDER TO AVOID FATIGUE.

DAY 4 :

DRIVE FROM LEH TO KARGIL (2676M)

TODAY WE LEAVE EARLY MORNING FROM LEH TO KARGIL ,THE TRAVELLING DISTANCE FROM LEH TO KARGIL IS 214 KM. A REST DAY IS IMPORTANT FOR YOUR BODY TO ACCLIMATIZE. EVEN THOUGH THE ALTITUDE IS LESS OF KARGIL THAN OF LEH. USE THIS DAY TO EXPLORE THE CITY OF KARGIL AND REST TO PREPARE THE BODY AND MIND.

TIP FOR THE DAY: HYDRATION ALERT (THIS DAY IS CRUCIAL)

DAY 5 :

KARGIL – TANGOL (3700 M)

3-5 HOURS DRIVE DEPENDING UPON THE ROAD CONDITIONS, FOLLOWING THE DUSTY PATH, WE WILL HIKE THROUGH THE LOVELY VALLEY ON A FAIRLY LEVEL PATH WITH GRADUAL ACCENT INITIALLY AND INCREASING GRADIENT AS WE APPROACH THE SURU VALLEY. WITH NO TIME ONE CAN SEE THE NUN – KUN MASSIF OF THE GREAT HIMALAYAN RANGE IN THE BACKGROUND ALONG WITH MANY SURROUNDING 6000ERS IN THE PANORAMA.

TIP FOR THE DAY: SAVE YOURSELF FROM AMS AND CONSERVE YOUR ENERGY.

DAY 6 :

REST DAY AT TANGOL (3700M)

WE WILL ACQUIRE THE ROAD HEAD CAMP AND AFTER THE DINNER WILL REST FOR THE DAY.

TIP FOR THE DAY: SAVE YOUR ENERGY.

DAY 7 :

TANGOL TO BASE CAMP (4,600M)

WAKE UP EARLY AND START THE TREK TO NUN BASE CAMP. THE TREK IS BEAUTIFUL, AWE-INSPIRING AND CHALLENGING. IT WILL TAKE 7 HOURS TO COVER THE DISTANCE OF 8 KMS. WITH A PANORAMIC VIEW OF SURROUNDING PEAKS YOUR WARM TENTS WILL BE YOUR HOMES FOR THE NEXT FEW DAYS TO COME.

TIP FOR THE DAY: SAVE YOURSELF FROM AMS AND CONSERVE YOUR ENERGY.

DAY 8 :

REST AND ACCLIMATIZATION AT BASE CAMP.

THE DAY AT BASE CAMP BEGINS WITH A TRADITIONAL PUJA, WHERE CLIMBERS SEEK BLESSINGS FOR SAFETY AND SUCCESS. PRAYER FLAGS FLUTTER AROUND SMALL STONE SHRINES, CREATING A SPIRITUAL ATMOSPHERE. AFTER THE RITUAL, THE TEAM SHARES SWEETS AND A SIP OF BRANDY. THE REST OF THE DAY IS FOR ACCLIMATIZATION, ORGANIZING EQUIPMENT, AND LIGHT TRAINING ON NEARBY ICY SLOPES.

DAY 9 – DAY 18 : (10 DAYS)

BASE CAMP TO SUMMIT AND BACK TO BASE CAMP

HIGH-ALTITUDE CLIMBING ON MT. NUN FOLLOWS A STRUCTURED ACCLIMATIZATION PLAN WITH ROTATIONAL CLIMBS BETWEEN CAMPS. THE MOUNTAIN HAS THREE PRIMARY CAMPS ABOVE BASE CAMP, LOCATED AT 5,500 M, 6,100 M, AND 6,400 M.

THE ROUTE TO CAMP 1 BEGINS WITH A STEEP ROCKY ASCENT AFTER CROSSING A RIVER NEAR BASE CAMP. CLIMBERS NAVIGATE BOULDER-STREWN TERRAIN

BEFORE REACHING A STAGING POINT WHERE CRAMPONS AND TECHNICAL GEAR ARE WORN. THE MOST DEMANDING SECTION IS A STEEP ICE WALL OF NEARLY 75 DEGREES, FOLLOWED BY ANOTHER ICY STRETCH. BEYOND THIS, THE SLOPE EASES INTO A VAST SNOWFIELD MARKED BY HIDDEN CREVASSES. CAMP 1 SITS IN THE MIDDLE OF THIS EXPANSIVE WHITE LANDSCAPE AND USUALLY TAKES FIVE TO SIX HOURS TO REACH.

THE CLIMB TO CAMP 2 IS MORE SUSTAINED AND PHYSICALLY DEMANDING, GAINING 600 METERS OVER STEEP SNOW AND ICE SLOPES THAT CAN REACH 70 DEGREES. MUCH OF THIS SECTION REQUIRES CAREFUL FRONT-POINT CRAMPON TECHNIQUE. CAMP 2 IS DRAMATICALLY POSITIONED ON A NARROW RIDGE WITH STEEP DROPS ON EITHER SIDE, OFFERING BREATHTAKING PANORAMIC VIEWS ABOVE THE CLOUDS.

CAMP 3, THE SUMMIT CAMP, LIES AT 6,400 METERS. THE ROUTE INVOLVES ROLLING SNOW SLOPES WITH MODERATE GRADIENTS AND GENERALLY FEELS LESS TECHNICAL THAN THE PREVIOUS STRETCH. FROM HERE, THE SUMMIT PUSH BEGINS LATE AT NIGHT WHEN SNOW CONDITIONS ARE FIRMER. CLIMBERS ASCEND VIA THE WEST RIDGE, TACKLING SUSTAINED ICE SLOPES AND A FINAL ROCKY SECTION BEFORE REACHING THE 7,135-METER SUMMIT. THE ROUND TRIP FROM CAMP 3 TYPICALLY TAKES 14 TO 16 HOURS.

THE DESCENT BACK TO BASE CAMP IS LONG AND DEMANDING, REQUIRING STEADY FOCUS DESPITE FATIGUE.

DAY 19 :

BASE CAMP (4600M) TO TANGOL (3700M) AND DRIVE TO KARGIL (2676M)

ONCE YOU'VE RECOVERED, DISMANTLE YOUR TENTS AT BASE CAMP AND BEGIN THE DESCENT TOWARD TANGOL. THE TRAIL IS FAIRLY GENTLE AND USUALLY TAKES AROUND FOUR HOURS TO COMPLETE. AFTER REACHING TANGOL, YOU BOARD YOUR VEHICLE AND CONTINUE THE DRIVE ONWARD TO KARGIL.

DAY 20:

DISTANCE: 217 KM

DURATION: 7–10 HOURS

AFTER BREAKFAST, WE WILL SET OFF FOR LEH AND ARE EXPECTED TO ARRIVE BY EVENING. TODAY MARKS A DAY OF CELEBRATION, COMMEMORATING THE SUCCESSFUL COMPLETION OF THE EXPEDITION.

DAY 21:

DISPERSAL FROM LEH

YOUR TRIP IS OFFICIALLY COMPLETED HERE , SO FROM HERE YOU CAN TRAVEL TO YOUR RESPECTIVE CITIES TO FIND YOUR NEXT ENDEAVOURS. THE CHECK OUT FROM THE HOTEL WILL BE AT 09/ 10:00 AM.

DAY 22 & DAY 23:

RESERVE DAYS

IN CASE OF BAD WEATHER OR OTHER DIFFICULTIES, 2 DAYS ARE RESERVED FOR A SECOND SUMMIT ATTEMPT. THESE WILL ONLY GET USED IF UNEXPECTED AND UNFORESEEABLE CONDITIONS PRESENT THEMSELVES AT THE LAST MINUTE PREVENTING THE FIRST SUMMIT PUSH AND ANY OTHER DAY WHILE MOVING FROM ONE CAMP TO ANOTHER.

“WE PRIORITIZE SAFETY BY USING ALL BRAND-NEW EQUIPMENT AND AIM TO PROVIDE A TRULY MAGICAL AND LUXURIOUS EXPERIENCE.”

WHAT'S INCLUDED

- **CAMPING DURING THE TREK AND GUEST HOUSE/HOTEL STAY ON TWIN / TRIPLE SHARING BASIS IN LEH/DURING THE TREK**
- **VEG MEALS AS PER MENU DURING THE TREK**
- **TECHNICAL EQUIPMENT: TENTS, SLEEPING BAGS, SLEEPING MATS, GAITERS AS REQUIRED**
- **TREK PERMISSIONS FEE, IF ANY (UP TO THE AMOUNT CHARGED FOR INDIAN NATIONALS)**
- **EXPERIENCED GUIDES AND SUPPORT STAFF**
- **CERTIFIED MOUNTAIN RESCUERS AND INSTRUCTORS**
- **FIRST AID MEDICAL KITS AND OXYGEN CYLINDER.**
- **TRANSPORT FROM LEH TO ROAD HEAD AND RETURN.**
- **CAMPING DURING THE TREK.**
- **HOTEL/GUEST HOUSE STAYS IN LEH AS PER THE RELEVANT DATES.**
- **MOUNTAINEERING COURSE CERTIFIED GUIDE (BMC, AMC, SAR , MOI : (GRADE A) WITH WILDERNESS ADVANCED FIRST AID CERTIFICATION + CPR FROM HANIFL & SEARCH & RESCUE COURSE FROM HIMALAYAN**

MOUNTAINEERING INSTITUTE (GRADE A WITH LEADING THE OPERATION)

WHAT'S NOT INCLUDED

- MEALS DURING HOTEL STAY IN LEH
- MEALS DURING ROAD JOURNEYS
- ANY KIND OF PERSONAL EXPENSES
- ANY KIND OF INSURANCE
- MULES OR PORTER TO CARRY PERSONAL LUGGAGE
- PORTERS FOR PERSONAL LUGGAGE AVAILABLE FOR EXTRA COST.
- ANYTHING NOT SPECIFICALLY MENTIONED UNDER THE HEAD INCLUSIONS.
- INNER LINE PERMIT FEE AND IMF FEE

PACKING LIST

THIS IS A LIST OF ESSENTIAL ITEMS FOR EVERY INDIVIDUAL. ALL THE ITEMS IN THE LIST ARE ESSENTIAL EXCEPT FOR THOSE MARKED AS OPTIONAL.

GEAR

- RUCK SACK BAG WITH RAIN COVER.
- DAY PACK BAG/PLASTIC BAG – TO KEEP THE THINGS SAFE AND DRY WHILE YOU ARE AWAY FROM THE CAMP
- HEAD TORCH WITH SPARE BATTERIES.
- U V PROTECTION SUNGLASSES. VLT: 5-8 % IS RECOMMENDED.
- WATER BOTTLES: 2 BOTTLES OF 1 LITRE EACH

FOOTWEAR

- NON-SKID, DEEP TREADED, HIGH-ANKLE TREKKING SHOES

- **PAIR OF LIGHT WEIGHT SLIPPER/SANDALS**

CLOTHING

- **QUICK DRY WARM LOWER OR TREK PANTS. QTY - 2**
- **FULL SLEEVES T-SHIRTS/ SWEATSHIRTS. AS PER YOUR BODY NEEDS**
- **PAIR OF THICK WOOLLEN SOCKS. 1 PAIR FOR EVERY TWO DAYS OF TREKKING**
- **THERMAL BODY WARMER UPPER & LOWER. QTY-1**
- **UNDERGARMENTS.**
- **WARM JACKET CLOSED AT WRIST & NECK (WARM ENOUGH FOR SUMMIT PUSH)**
- **RAIN WEAR (JACKET & PANTS) .**
- **PAIR OF WATERPROOF WARM GLOVES.**
- **WOOLLEN CAP.**
- **SUN SHIELDING HAT.**

TOILETRIES

- **PERSONAL TOILETRIES KIT (SMALL TOWEL, TOILET PAPER, PAPER SOAP, BAR SOAP, TOOTHBRUSH, TOOTHPASTE, COLD CREAM, ETC.)**
- **SUN SCREEN LOTION SMALL PACK TO STAY SAFE IN THE BRIGHT SUNNY OUTDOORS.**
- **LIP BALM SMALL PACK.**
- **UTENSILS (OPTIONAL)**
- **SMALL SIZE, LIGHTWEIGHT & LEAK PROOF LUNCH BOX.**
- **PLATE. QTY- 1 (OPTIONAL)**
- **SPOON.QTY-1(OPTIONAL)**
- **TEA/COFFEE (PLASTIC) MUG. QTY-1**

MISCELLANEOUS

- **CAMERA (OPTIONAL)**
- **CARRY YOUR MEDICINES IN PLENTY IN CASE YOU HAVE ANY SPECIFIC AILMENT. CONSULT YOUR DOCTOR BEFORE JOINING THE EXPEDITION.**
- **DRY FRUITS, NUTS, CHOCOLATE BARS.**

NOTE :

MOUNT NUN EXPEDITION IS MADE ONLY FOR EXPERIENCED CLIMBERS WHO WANT TO TEST THEIR LIMITS. THE CHALLENGES FACED IN THE CLIMB SHOULD NOT BE UNDERESTIMATED. YOU SHOULD ATTEMPT THIS PEAK ONLY IF YOU HAVE ALREADY DONE A TREK THAT CLIMBS TO 5000M+. IT IS RECOMMENDED NOT TO OPT THIS EXPEDITION IF YOU CANNOT GET ACCLIMATIZED IN THE MOUNTAINS OF LADAKH. BESIDES YOU NEED TO HAVE A STRONG PHYSICAL ENDURANCE TO COMPLETE THIS CLIMB.

~ DIFFICULTY GRADE ON MAN TO MOUNTAIN RATING SCALE : 8/10 ~
