



BBC NEWSLETTER 2023.03.13

BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – 43 - For week ending Sun 12MAR2023.

- Monday – 10 ([Wardell via South Ballina: click to see photo](#))
- Tuesday – 3 ([Evans - Woodburn: returned via Kilgin Rd to avoid wind](#))
- Wednesday – 5 ([Houghlahans MTB: See report below](#))
- Thursday- 1 ([Tom rode to Wardell and back](#))
- Friday – 10 ([See report below](#))
- Saturday – 5 ([Meerschaum Vale – River Drive: See report below](#))
- Sunday – 9 ([Broadwater Loop 1: See report below](#))

KEY: **GREEN**(slow) **BLUE**(med-fast)

UPCOMING EVENTS

CLICK ON EVENT TO OPEN

EVANS – WOODBURN

MAR Tue 14th 7AM. Coles, Fox St.

HOUGHLAHANS MTB

MAR Wed 15th 7AM. Coles, Fox St.

BBC COMMITTEE MEETING

MAR Wed 15th 6PM. Henry Rous Tavern

WARDELL 2

WARDELL LOOPS

MAR Fri 17th 7AM. Coles, Fox St.

MURRAY'S RIDE

MAR Sat 18th 7AM. Henry Rous Tavern

DEVILS ELBOW REVERSE. VBR: FERNLEIGH-NEWRYBAR 50KM

BROADWATER

MAR Sun 19th 7AM. Coles, Fox St.

STH BALLINA-WARDELL

MAR Mon 20th 7AM Coles, Fox St.

	Burns Point Ferry	CLOSED TOMORROW, TUESDAY 14 MARCH, 5:30AM -7:00PM
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4 Week Free Trial Memberships are available to anyone who has not held an AusCycling membership in the last 3 years.

	<p>CLICK TO OPEN</p> <h2>BBC MEMBERSHIP & INSURANCE</h2>
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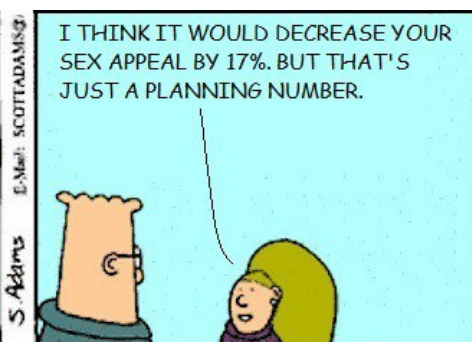
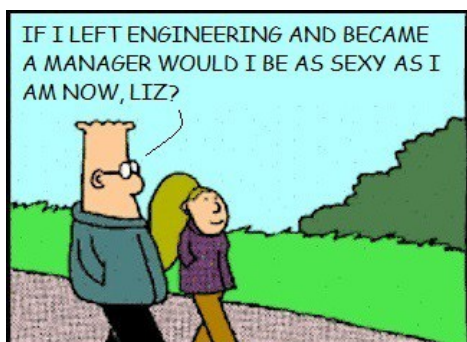
BBC HAS A NEW WEBSITE!

Simon Walford-Smith, a BBC Member and Webmaster, has done a fabulous job creating the club's new website:

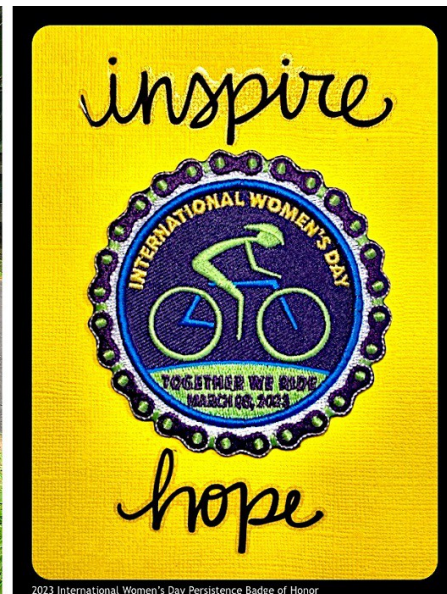
<https://ballinabicycleclub.org>. Though the club newsletter and website have their own points of view, both are in collaboration to serve the club members with up to date information of related events and activities.

The new club and website is finding new ways to 'keep the rubber down'.

Like the Phoenix, obtaining new life by rising from the ashes of its predecessor, the BBC is cyclically regenerating the idea that Ballina does have a Bicycle Club to be proud of.



HOUGHLAHANS MTB RIDE



Dave, Stuart, Tom, Buster and myself rode along all the flat sections at a leisurely pace. The weather was overcast, so there was no sunshine to boost our energy; not that we needed it. The ride was so lay-back at times our conversations slowed us to a snails pace.

Stuart had to get home earlier than usual and took a shortcut home from Fernleigh. As the four of us were riding up the slope along Fernleigh Rd a green-jersey woman road cyclist flew passed us with ease. It was not until I got home did I realise that today is the [International Women's Day](#), and their 2023 Ride emblem symbolises a green-jersey rider. How coincidental is that, or is it?

Saturday Ride Report

- Peter

MEERSCHAUM VALE - RIVER DRIVE

Five riders (Simon, Dave, Marc, Tom, and Peter) headed south towards Meerschaum vale at a reasonable clip. I was glad that the pace dropped a bit once we were approaching the first set of hills. I needed to catch my breath. However, I need not have worried if I could foretell Marc's flat tyre in the middle of the climb. We all had a good spell watching Marc do his repairs.

On the way back from Wardell, we surged here and there to test our mettle. We finished at the ferry feeling quite exhausted. It is funny how satisfaction tastes sweeter after hard efforts.

Sunday Ride Report

- Bruce and Peter

TWO POV SUNDAY RIDE REPORTS

BROADWATER ROUTE (55 km)

- by Bruce

David and Tony set the scene with 25 (kph) through town. The 'us' group settled in with the 'them' group because of the settled start, then all happily travelled at 30 to Wardell. Then the 5 us riders went straight through to Broadwater, with only 2 cars passing along Blackwall Road (Old highway). While in shelter shed small down pour of rain. Then set off for Wardell as the them group of 4 then arrived from Dungarubba. Four cars passed on road to Wardell.

Both group together at Wardell. If the them group had started reasonable, or waited 10 seconds, the whole group would have stayed together till the ferry? Even though, Tony thought it was one of the best rides ever.

BROADWATER LOOP1 ROUTE (67 km)

- by Peter

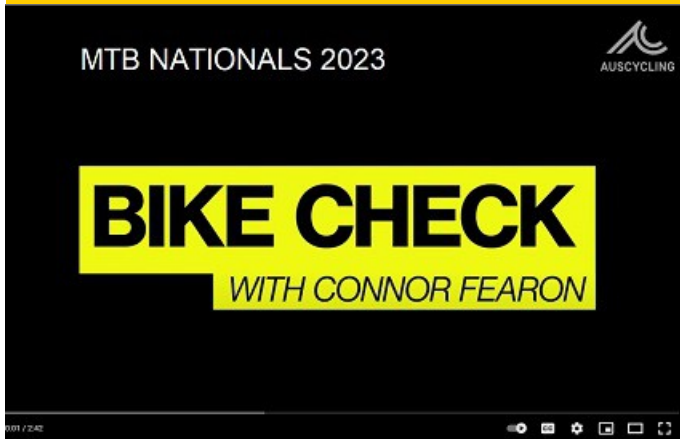
Nine riders headed towards Wardell at an eazy-peazy pace. As soon as we reached Wardell, four riders (Dave, Tom, Richard, and Peter) peeled off towards the Bagotville Road route to Broadwater, an extra 12 kilometres.

As we reached Broadwater shelter shed, we saw the slower group already heading towards Wardell. After a few minutes of rest we started off to catch them, which we did at Wardell.

We started to ride out from Wardell together but the pace was too slow for us. So we continued at our own pace, as from Broadwater, averaging 33 kph all the way to the ferry. While waiting for the ferry, a few minutes later, the others caught up to us. All nine had a well deserved coffee at The Proper Café.



OTHER INTERESTING BITS Click on the 2 images below to open



- Contributed by Buster

6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).



Forecast for Ballina						
	Tue. 14 Mar	Wed. 15 Mar	Thu. 16 Mar	Fri. 17 Mar	Sat. 18 Mar	Sun. 19 Mar
Max (°C)	29	30	32	33	31	29
Min (°C)	19	19	20	20	20	20
Chance of rain (%)	50	20	10	5	10	20
Rainfall range (mm)	0 to 1	0	0	0	0	0

SPOT THE DIFFERENCE



ANS: https://drive.google.com/file/d/13HUYLwquG416-4RtguwyJQfHcQG6jXII/view?usp=share_link

Where to Race

Here are a few links for our racing club members to represent our club in:

Byron Bay <https://www.byronbaycycleclub.org.au/home-1> and/or <https://www.facebook.com/byronbaycycleclub/>

Yamba <https://yambacc.tidyhq.com/> and/or <https://www.facebook.com/YambaCC/>

Murwillumbah <https://murwillumbah.tidyhq.com/> and/or <https://www.facebook.com/MurbahCycleClub/>

Grafton <https://grafton.tidyhq.com/> and/or <https://www.facebook.com/graftoncycleclub/>

Grafton Events Feb-Jun: https://drive.google.com/file/d/138CvHjUyUg0HYkXqSbQhMdP2EBErHOQb/view?usp=share_link

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