



BBCNEWSLETTER 2023.05.08

BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – 52 - For week ending Sun 07MAY2023.

Monday – 13 (See Report)

Tuesday – 3 (Shorty, Tom, and Gavin did their own rides)

Wednesday – 11 (See report)

Thursday- 4 (See report)

Friday – 9(See report)

Saturday – 2 (Tom and Simon did their own rides)

Sunday – 10 (See report)

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4 Week Free Trial Memberships

[BBC Certificate of Currency](#)

are available to anyone who has not held an AusCycling membership in the last 3 years.

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BBC MEMBERSHIP & INSURANCE

KEY: **GREEN**(slow) **BLUE**(med-fast)
UPCOMING EVENTS

CLICK ON EVENT TO OPEN

EVANS HD - WOODBURN

MAY Tue 09th 7AM. Coles, Fox St.

HOUGHLAHANS MTB

MAY Wed 10th 7AM. Coles, Fox St.

WARDELL 2

WARDELL LOOPS

MAY Fri 12th 7AM. Coles, Fox St.

MEERSCHAUM VALE

MAY Sat 13th 7AM. Henry Rous Tavern

BROADWATER-HWY-FERRY

BROADWATER

MAY Sun 14th 7AM. Coles, Fox St.

MOYLANS-WARDELL

MAY Mon 15th 7AM Coles, Fox St.

South Ballina Hardstand Update

- Peter

Ballina Shire Council (BSC) has white demarcation lines, including double-lines, at the ferry end of River Drive. This has clearly made it known for drivers to avoid crossing the centre lines. This has also forced cyclists to seek some sort of hazard-remrieve by waiting on the opposite side of the road. This may seem to be a better option for cyclists until traffic starts to come off the ferry, pressing cyclists to stand farther off the road on restricted and unsettling surfaces.



Left: Car waiting for standing-around truck drivers to get off the road. Cyclists on both sides feel even more intimidated.

The major hazard here is that cyclists and pedestrians don't have a hardstand to escape to, they don't have any escape route if a vehicle, for some reason, headed for them.

As far as I know, BSC is still waiting for a permit by the Department of Planning and Environment (DPIE), before the council engineers can implement their plans. I am keeping Helen Carpenter, BSC Road Safety Officer, informed of any developing concerns for our safety. In fact, here is Helen's response of the above.

Thanks Peter

I have forwarded your email to our Operations Team.

The project has been added to the work list for the design engineers. Dependent on the final design, it is likely that this project will require regulatory approval including a Fisheries Permit.

Significant resources are required to prepare the required documentation to support an application for these approvals. Without these approvals in place, which are site specific, it is not possible to extend the works we are undertaking on River Drive to include this site.

To allocate the resources required, the works need to be included in Council's adopted program of prioritised work. To enable further consideration of the cost and priority, we have added this proposal to our works for consideration list. This means our design team will endeavour to develop some indicative design and cost options so that Council can be informed about the project.

Regards

Helen Carpenter
Road Safety Officer

Monday Ride Report

- Peter

Overall, we had thirteen riders go to Wardell and back. Amongst us was a visitor, named Peter, from Kingscliff. The weather was sunny with an easterly wind of enough strength to make me start a few echelons. Unfortunately only a few riders knew how to use an echelon to their advantage.

On the return trip, David upped the ante whenever he took the lead. This was not unusual for David, but today he did so with more gusto. I suspect that he is getting stronger.

Wednesday Ride Report

- Bruce

The Wednesday ride, On mountain bikes were David, Tom, and Stuart. John was on his road bike. The four rode up north Teven, while Bob Maas and Bruce along the low road. All six riders then rode up Houghlahans, and regrouped at the top. Then to Fernleigh school but David did stop for a look across to Mt Barney, very clear day for vistas. Then to Tintenbar shop across old George St to Hinterland Way, back to Ballina Heights, up Deadman's Creek Road. Bruce was $\frac{3}{4}$ way up with sight of Bob but Bob passed before the top going like a steam train. Then a comfortable ride along Cliff Burvill Way to coffee, all very enjoyable.

Four other riders, Jack, Kevin, Bob, and Richard S. rode to Wardell and back via River Drive. All ten riders met at the Proper Cafe for coffees and chats. Shorty rode solo to Wardell and back.

Thursday Ride Report

- Peter

Usually Thursday is a quite ride day for most of us. However, maybe for the first time, I noticed that on Strava both Mark Downey and Richard Brown (Shorty) rode reasonably long distances. Mark rode 93 km and Shorty 103 km. Two other riders Tom and David rode solo to Wardell and back.

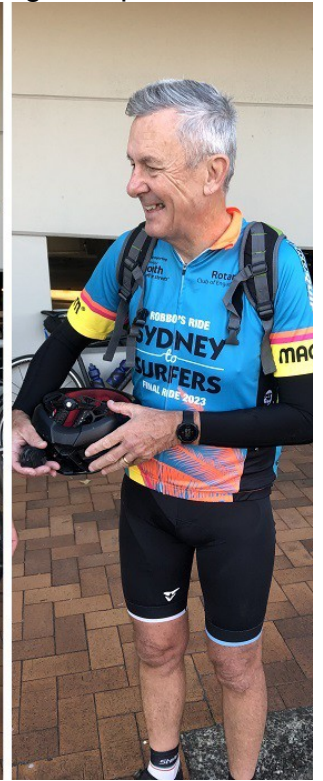
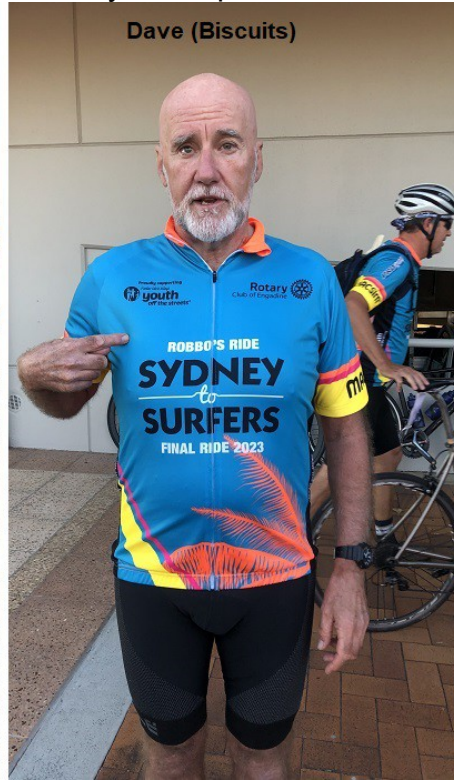
Friday Ride Report

- Peter

First of all, I rode into Ballina town before heading back up to Coles car park for our usual start. While in town I came across a lot of riders wearing identical blue jerseys. They were part of a field of 125, riding from Sydney to Surfers. I even saw one rider carrying a spare wheel on his back.

Today they were doing their final leg, to finish at Surfers. The group was raising funds for [Father Chris Riley's Youth Off The Streets](#). It has been an annual event since 1999, and has so far raised

over \$3.5 million. I spoke with Dave, aka 'Biscuits', and he was looking forward to reaching Surfers. He reported that all 125 riders got to Ballina without any mishaps, and were all in good spirit.



The BBC riders group included 5 (as seen in below L-H photo) riding to Wardell via River Drive. Another 4 riders (David, Tom, Bruce, and Peter) via Pimlico Road. David rode solo around Hermans Lane and met with the other three at Wardell. From there we rode as a group to the ferry via Moylans lane.



Sunday Ride Reports - Peter

Seven of the nine riders rode to Broadwater via the old highway and River Drive. The weather was sunny and hardly a breeze to contend with and the pace was easy most of the way. During the southbound trip the main pacer was Dave. I was the *lanterne rouge*, constantly looking behind for up-coming traffic. I was happy to get to Broadwater for a break for I was starting to get a crook neck.

Right from the start of the return trip some riders were not ready for one reason or another, and it took awhile for them to come together as a group. Though it was only a short distance of 8km to Wardell some wanted to stop for a rest, but that idea soon fell apart as Richard and I carried on. As a result a few hundred metre gap formed between first and last rider. When I looked back to see where the others were I saw Tom and 2Bob chasing us, so we slowed down. After awhile I looked back

again to see Tom broken away from 2Bob. I was surprised to see 2Bod performing much better than he usually does.

After Tom joined us, the three of us took turns at a steady working pace. Tom felt very good, but his heart rate was saying differently, so he took it easier than usual. When we got to the ferry, the remaining group of four riders soon caught up to us. By the look on their faces they did a good workout too.

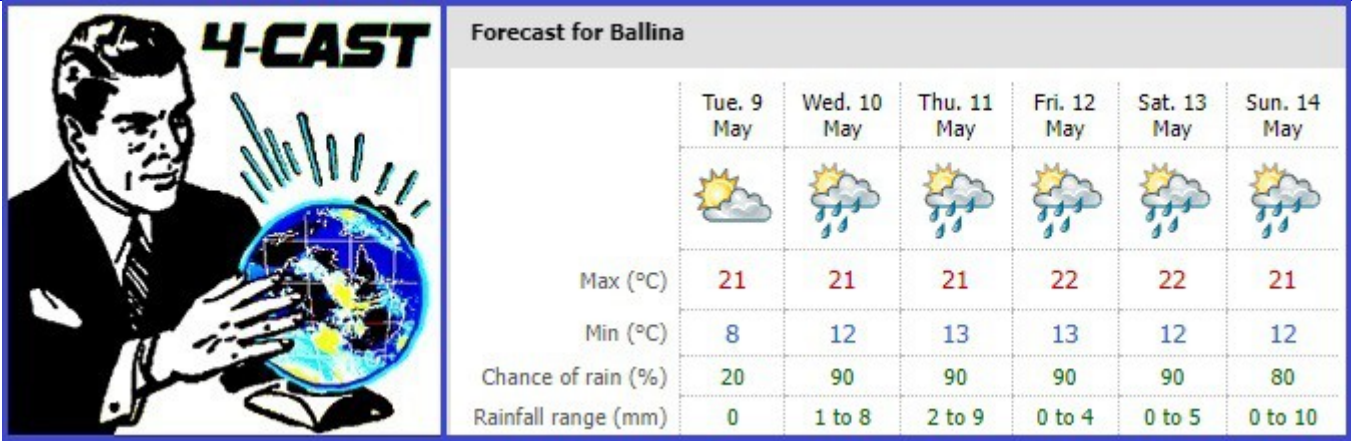


On the return trip from ferry to Ballina town, we came across Mark Downey, and a mystery rider, heading out of town. I discovered later, on Strava, that Mark rode one hundred and eleven kilometres. Well done Mark.

OTHER INTERESTING BITS Click on the 2 images below to open



6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).



Where to Race

Here are a few links for our racing club members to represent our club in:

Byron Bay <https://www.byronbaycycleclub.org.au/home-1> and/or

<https://www.facebook.com/byronbaycycleclub/>

Yamba <https://yambacc.tidyhq.com/> and/or <https://www.facebook.com/YambaCC/>

Murwillumbah <https://murwillumbah.tidyhq.com/> and/or <https://www.facebook.com/MurbahCycleClub/>

Grafton <https://grafton.tidyhq.com/> and/or <https://www.facebook.com/graftoncycleclub/>

Grafton Events Feb-Jun: https://drive.google.com/file/d/138CvHjUyUg0HYkXqSbQhMdp2EBErHOQb/view?usp=share_link

Where to Trail Ride

Here are a few links for our MTB club members to represent our club in:

Kyogle MTB Club: <https://www.facebook.com/kyoglemountainbikeclub>

SPONSORSHIP NEWS

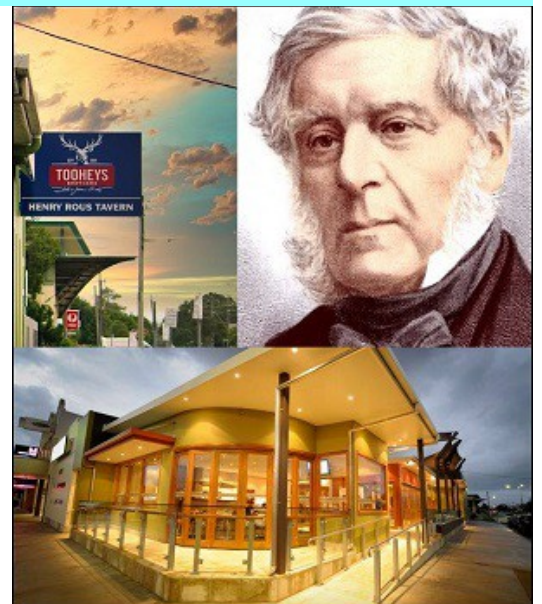
- BBC



THE BICYCLE EMPORIUM

158 River Street Ballina

<http://thebicycleemporium.com.au/index.html>



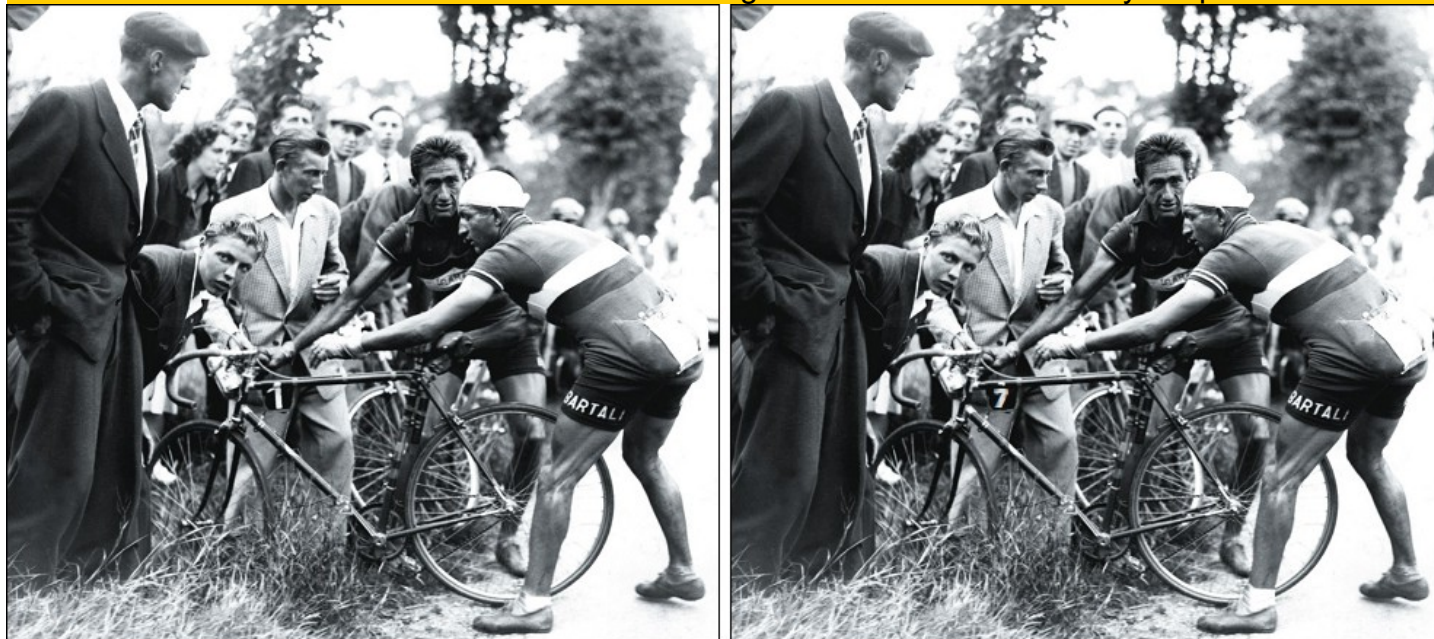
THE HENRY ROUS TAVERN

177 River Street Ballina

<https://www.henryrous.com.au/>

Continued...

SPOT THE DIFFERENCE The R-H image has 10 alterations. Can you spot them?



ANSWER: https://drive.google.com/file/d/1qihKq4IMxE6-Lbatl14s-TWYDmaCjxbh/view?usp=share_link

OFFICIAL CONVERSION CHART

*** HOW TO INTERPRET OLD BICYCLE ADS ***

IF IT SAYS:

IT REALLY MEANS:

Rare model.....	Nobody liked them when new either
Older restoration.....	Can't tell if it's ever been restored
Needs new chain.....	It's been frozen for 30 years
One owner.....	Never been able to sell
Steady on the flat.....	Wobbles on descents
No rust.....	Rust just been painted over
Rough.....	Wheel is buckled
No time to complete.....	Can't find parts anywhere
Needs a new spoke.....	The other spokes are rusty too
Rebuilt running gear.....	Has new chain
May have gears.....	Derailleur inoperative
Many new parts.....	Keeps breaking down
29 coats hand-rubbed paint.....	Needed that much to cover rust
Clean.....	It sat out in the rain yesterday
Best offer.....	About what I expect to get
Always ridden slowly.....	Won't go any faster
Prize winner.....	Hard luck trophy three times in a row
Stored 25 years.....	Under a tree
Real show stopper.....	Lime green with pink fenders
Easy restoration.....	Parts will come off in your hands
Ready to show.....	Just washed it
Seat good.....	It only hurts when you sit on it
Good investment.....	Can't depreciate any more

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