



# BBCNEWSLETTER 2023.05.22

## BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – 36 - For week ending Sun 21MAY2023.

Monday – 1 (Richard Brown)

Tuesday – 0 (Rainy day)

Wednesday – 6 (See report)

Thursday- 1 (Richard Brown)

Friday – 13 (See report)

Saturday – 1 (Richard Brown)

Sunday – 14 (See report)

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4 Week Free Trial Memberships

are available to anyone who has not held an AusCycling membership in the last 3 years.

[BBC Certificate of Currency](#)

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**BBC MEMBERSHIP & INSURANCE**

KEY: GREEN(slow) BLUE(med-fast)  
**UPCOMING EVENTS**

CLICK ON EVENT TO OPEN

**EVANS HD - WOODBURN**

MAY Tue 23<sup>rd</sup> 7AM. Coles, Fox St.

**HOUGHLAHANS MTB**

MAY Wed 24<sup>th</sup> 7AM. Coles, Fox St.

**WARDELL 2**

**WARDELL LOOPS**

MAY Fri 26<sup>th</sup> 7AM. Coles, Fox St.

**MEERSCHAUM VALE**

MAY Sat 27<sup>th</sup> 7AM. Henry Rous Tavern

**DUNGARRUBA**

**BROADWATER**

MAY Sun 28<sup>th</sup> 7AM. Coles, Fox St.

**MOYLANS-WARDELL**

MAY Mon 29<sup>th</sup> 7AM Coles, Fox St.

## Monday Ride Report

- Peter

Richard Brown rode to Wardell via the Expressway and old highway. Then returned via River Drive.

## Wednesday Ride Report

- Peter

Marc and I left Ballina at 6am for our Wardell return training ride. We had some bouts of stiff headwinds on the way south to Wardell. There were times when it brought our speed down to 28-29 kph. We are starting to accept that 33-34 is our norm and anything below 30 must be a tough gig.

It was 7am when we crossed the Richmond river and saw Kevin, Bob and Jack waiting for the ferry. Because Marc and I leave earlier we still find it a bit strange to returning seeing our friends riding out of town.

Richard Brown also rode the tradition Friday route of going to Wardell via Hermans Lane and back to the ferry via Moylans Lane.



## Thursday Ride Report

- Peter

Richard Brown rode to Wardell via South Ballina and Moylans Lane.

## Friday Ride Report

- Peter

Ten riders rode to Wardell and back via Pimlico, while three others rode via River Drive. Of the thirteen riders, two were visitors, both were Michaels. One of them extended his ride to Broadwater after reaching Wardell with us.





The group split into two from Wardell to the ferry. Tom done a strong finishing two kilometres to the ferry. We regrouped at The Proper Cafe for coffees and the usual leg-pulling stories.

**Saturday Ride Report** - Peter

Richard Brown rode to Newrybar via Fernleigh and returned via Knockrow.

**Sunday Ride Reports** - Simon and Peter

**VINTAGE BIKE RIDE (VBR)**

There were 6 of us at the start of the ride; Mark D, Adam, John O, John P, Rod and Simon. The bikes were a mixed bunch from delectable Italian and English classic steeds, some of which had a definite stench of carbon fibre(!) to a rat-rod style Speedwell from the 50's that suffers from a severe case of patina! I was the silly one on the Speedwell. We loosely followed Murray's ride (Teven return and then Wardell return via the ferry) with a few variations and shortcuts for those who needed them (me) on the way to Wardell.

The day was fantastic for riding, a little chilly but a sparkling morning. We all joined up again at Wardell.

We met the normal Coles group at the start of River Drive but although we all tried to stay together there were a few different levels of ability and after Marc Mears cranked it up at the front splits occurred, but again most of us met again at the ferry for a chat and travelled into Ballina for coffee. I'm not sure the Speedwell will get another group outing as after 80km I was fully cooked!

- Simon



**BROADWATER GROUP RIDE**

Two groups rode to Broadwater on separate routes. Michael, Richard Hughes and Marc rode via the Expressway while Gary, Tom, Bruce, Tony and Dave via the old highway. All of the eight riders met at Broadwater for a breather and a chat.

They all rode together to Wardell, but after meeting with the VBRs the pace from Wardell broke up the group as Simon mentioned in above report.

- Peter







**OTHER BITS & PIECES** Click on the 2 images below to open



## 6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).



### Forecast for Ballina

	Tue. 23 May	Wed. 24 May	Thu. 25 May	Fri. 26 May	Sat. 27 May	Sun. 28 May
						
Max (°C)	21	22	23	22	19	20
Min (°C)	8	9	10	12	7	7
Chance of rain (%)	0	0	0	5	10	10
Rainfall range (mm)	0	0	0	0	0	0

## Where to Race

Here are a few links for our racing club members to represent our club in:

**Byron Bay** <https://www.byronbaycycleclub.org.au/home-1> and/or

<https://www.facebook.com/byronbaycycleclub/>

**Yamba** <https://yambacc.tidyhq.com/> and/or <https://www.facebook.com/YambaCC/>

**Murwillumbah** <https://murwillumbah.tidyhq.com/> and/or <https://www.facebook.com/MurbahCycleClub/>

**Grafton** <https://graffon.tidyhq.com/> and/or <https://www.facebook.com/graffoncycleclub/>

**Grafton Events Feb-Jun:** [https://drive.google.com/file/d/138CvHjUyUg0HYkXqSbQhMdP2EBErHOQb/view?usp=share\\_link](https://drive.google.com/file/d/138CvHjUyUg0HYkXqSbQhMdP2EBErHOQb/view?usp=share_link)

## Where to Trail Ride

Here are a few links for our MTB club members to represent our club in:

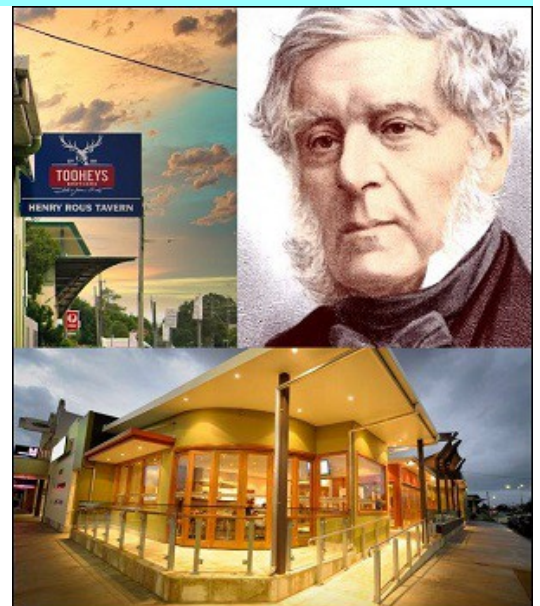
**Kyogle MTB Club:** <https://www.facebook.com/kyoglemountainbikeclub>

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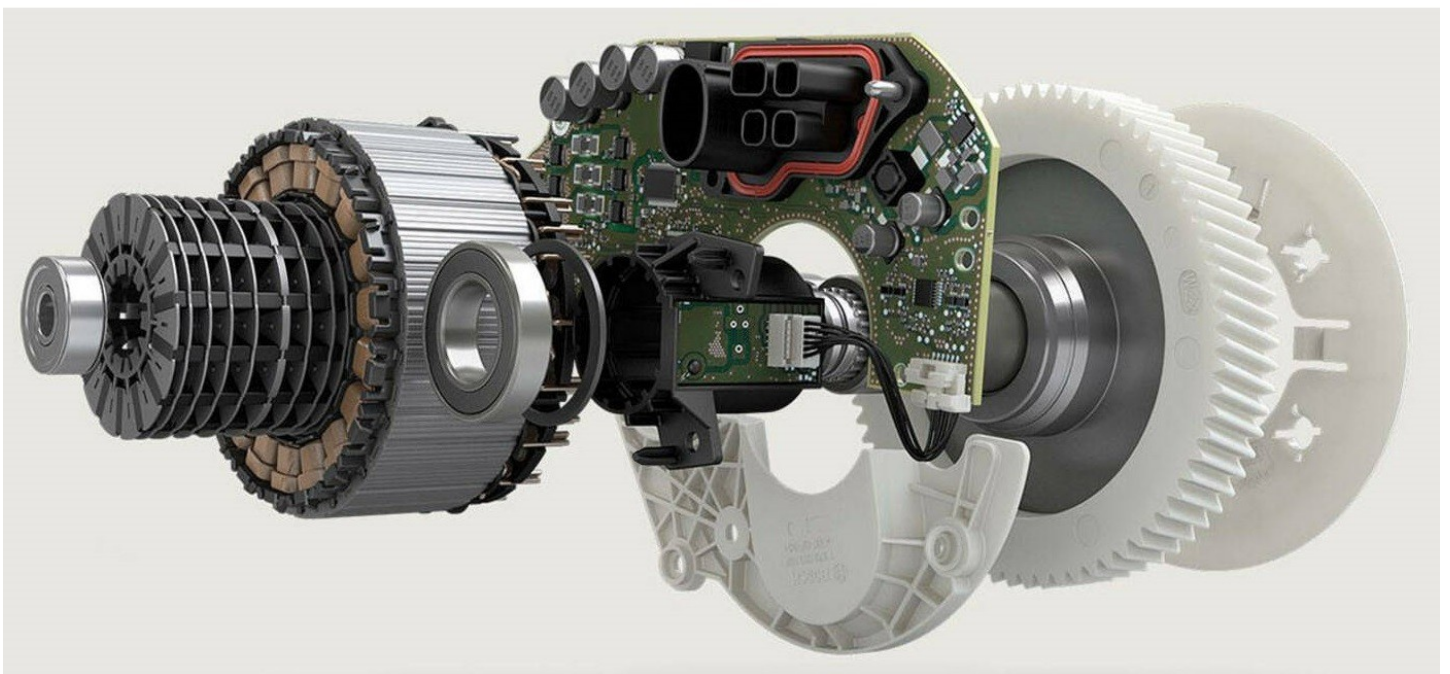
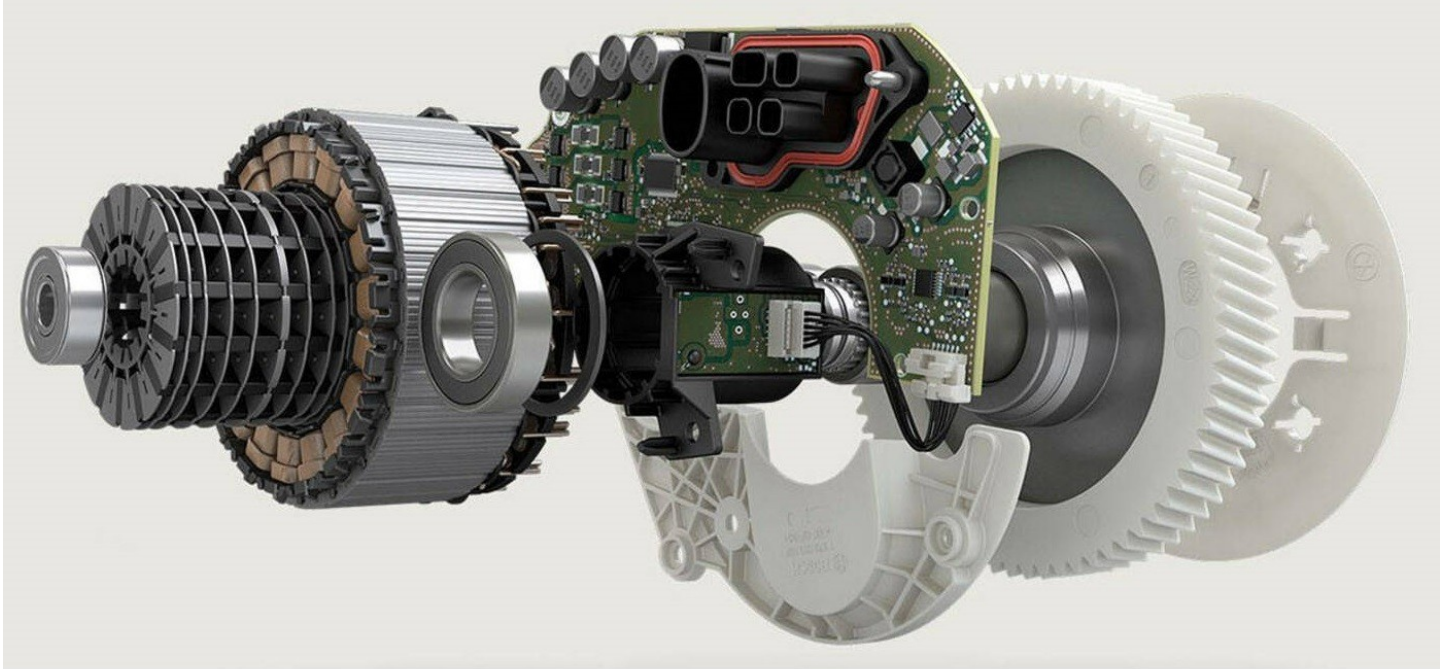
THE BICYCLE EMPORIUM  
158 River Street Ballina  
<http://thebicycleemporium.com.au/index.html>



THE HENRY ROUS TAVERN  
177 River Street Ballina  
<https://www.henryrous.com.au/>



**SPOT THE DIFFERENCE** The bottom E-Bike motor image has 10 alterations. Can you spot them?



ANSWER: [https://drive.google.com/file/d/1NbGP2Lxo8ngQwALyAQVcP3cnrzZYizvD/view?usp=share\\_link](https://drive.google.com/file/d/1NbGP2Lxo8ngQwALyAQVcP3cnrzZYizvD/view?usp=share_link)

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