



BBCNEWSLETTER 2023.07.31

BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – 18+ - For week ending Sun 30JUL2023.

Monday – ? ()

Tuesday – 1 (See ride report)

Wednesday – ? ()

Thursday- 1 (See ride report)

Friday – 5 (See ride report)

Saturday – 1 (See ride report)

Sunday – 10 ()

Join our mailing list: bbclubnews@gmail.com

4 Week Free Trial Memberships

[BBC Certificate of Currency](#)

are available to anyone who has not held an AusCycling membership in the last 3 years.

CLICK TO OPEN

BBC MEMBERSHIP & INSURANCE

KEY: **GREEN**(slow) **BLUE**(med-fast)
UPCOMING EVENTS

CLICK ON EVENT TO OPEN

WOODBURN

AUG Tue 1st 7AM. Coles, Fox St.

HOUGHLAHANS MTB

AUG Wed 2nd 7AM. Coles, Fox St.

WARDELL 2

BROADWATER

AUG Fri 4th 7AM. Coles, Fox St.

RIDERS CHOICE

AUG Sat 5th 7AM. Henry Rous Tavern

RIDERS CHOICE

BROADWATER

AUG Sun 6th 7AM. Coles, Fox St.

MOYLANS-WARDELL?

AUG Mon 7th 7AM Coles, Fox St.

Tuesday Ride Report

- David

Tuesday 25 Dave rode solo in the afternoon because of other home commitments. The route was Pimlico and Herman's Lane and River Road. Ride distance was only 55km instead of the 105km which is normal for the Woodburn circuit.

Thursday Ride Report

- David

Thursday 27 Dave rode solo along Pimlico Road, Moylans Lane and River Road. Moylans Lane has been made much wider and flatter (camber reduced) and has a fine blue-metal finish with a small amount of loose fine blue-metal still on the surface. This is not enough to create a hazard so effectively Moylans Lane is now open for business as usual.

The entire length of what used to be a potholed mess has been fully replaced and the extra road width and smooth surface makes passing oncoming traffic much much safer. Ride distance 54km.

Friday Ride Report

- David

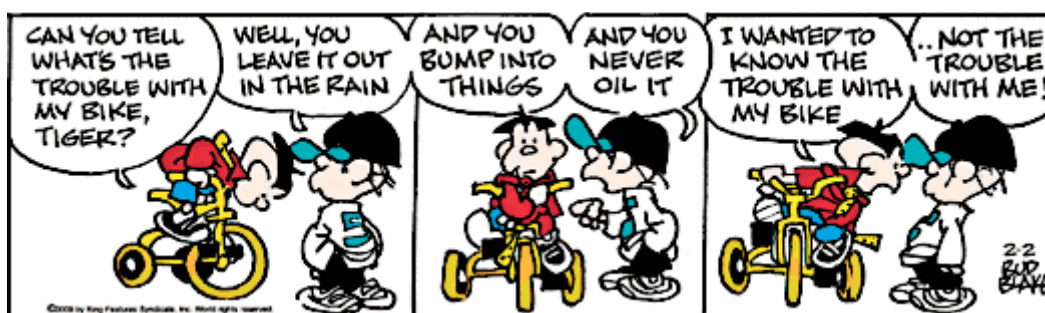
Five riders set out comprising Tom, Jack, Buster, Tony and Dave. Jack was riding for the first time in a while so he was lacking confidence. Because of this the route chosen was Wardell via River Road so that a shortened turn around would be possible. In the event Jack rode well at around 25-26km/hr and we covered the entire itinerary. On the way back we diverted along the magnificent new Moylans Lane and the same pace was maintained to the ferry.

Tom chose to ride down Pimlico Road and Moylans lane at a higher speed so his ride was solo.

Saturday Ride Report

- David

Only Dave turned up at the Rous so the ride was solo down Pimlico and Moylans Lane The temperature remained below 10 Deg C until 0745 hrs when it started to warm up.



OTHER BITS & PIECES Click on the 4 images below to open



Ride: A Short Film About Cycling



Easy bicycle maintenance tips for smart riders



Modern Steel Bike Frame Tested: Does it measure up to Carbon?



The Unexpected Reason Cyclists Avoid Group Rides

6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).



Forecast for Ballina

	Tue. 1 Aug	Wed. 2 Aug	Thu. 3 Aug	Fri. 4 Aug	Sat. 5 Aug	Sun. 6 Aug
Max (°C)	23	21	21	21	21	20
Min (°C)	11	12	11	9	8	9
Chance of rain (%)	60	70	60	20	50	90
Rainfall range (mm)	0 to 1	0 to 2	0 to 1	0	0 to 2	0 to 5

Where to Race

Here are a few links for our racing club members to represent our club in:

Byron Bay <https://www.byronbaycycleclub.org.au/home-1> and/or <https://www.facebook.com/byronbaycycleclub/>

Yamba <https://yambacc.tidyhq.com/> and/or <https://www.facebook.com/YambaCC/>

Murwillumbah <https://murwillumbah.tidyhq.com/> and/or <https://www.facebook.com/MurbahCycleClub/>

Grafton <https://graffon.tidyhq.com/> and/or <https://www.facebook.com/graffoncycleclub/>

Grafton Race Calendar (Jul-Sep): <https://drive.google.com/file/d/1nCEhYz2ZhGNZTezq-T9JNeEmYbPFIOZ/view?usp=sharing>

Lismore Road Race (24th Sep): https://drive.google.com/file/d/1ZRMxGqd5akN0X1i_h-QPZ84N0CwRXZr/view?usp=sharing

Where to Trail Ride

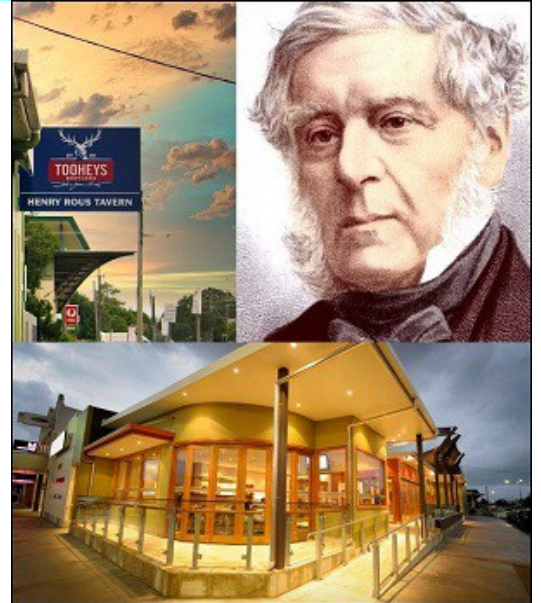
Here are a few links for our MTB club members to represent our club in:

Kyogle MTB Club: <https://www.facebook.com/kyoglemountainbikeclub>

SPONSORSHIP NEWS



THE BICYCLE EMPORIUM
158 River Street Ballina
<http://thebicycleemporium.com.au/index.html>



THE HENRY ROUS TAVERN
177 River Street Ballina
<https://www.henryrous.com.au>

SPOT THE DIFFERENCE The right-hand image has 10 alterations. Can you spot them?



Answer: <https://drive.google.com/file/d/12H9oBCg7Ten13uDnjzYIEAMT2JEHwdyl/view?usp=sharing>

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