



BBCNEWSLETTER 2023.09.18

BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – ?- For week ending Sun 17SEP2023.

Monday – 0 (See Report)

Tuesday – ? ()

Wednesday – ? ()

Thursday- ? ()

Friday – ? ()

Saturday – ? ()

Sunday – ? ()

Join our mailing list: bbclubnews@gmail.com

4 Week Free Trial Memberships

[BBC Certificate of Currency](#)

are available to anyone who has not held an AusCycling membership in the last 3 years.

CLICK TO OPEN



BBC MEMBERSHIP & INSURANCE

KEY: GREEN(slow) BLUE(med-fast) UPCOMING EVENTS

CLICK ON EVENT TO OPEN

WOODBURN

SEP Tue 19th 7AM. Coles, Fox St.

HOUGHLAHANS MTB RIDE

SEP Wed 20th 7 AM Coles, Fox St

COMMITTEE MEETING

SEP Wed 20th 6 PM Henry Rous Tavern

WARDELL 2 BROADWATER

SEP Fri 22nd 7AM. Coles, Fox St.

LISMORE ROAD RACE see below BROADWATER

SEP Sun 24th 7AM. Coles, Fox St.

MOYLANS-WARDELL

SEP Mon 25th 7AM Coles, Fox St.

Monday Report

- Peter

It was a wet cold morning for a Spring day. As far as I know, nobody rode today, but we did get a txt message to have coffee at The Proper Cafe for 8 am. David, Dave, Tom, Anthony, Buster, Jack and myself participated. Subjects discussed were wide and varied, but mainly about our club rides, and the pros and cons of using e-bikes.



Editors Note: I have not been well and as a result I have not been riding either. Nobody else, who may have noticed I was not riding with them, did not update me on their ride. So, for this week, there is no more ride reports to show other than Monday's. Sorry about that.

6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).



Forecast for East Lismore

	Tue. 19 Sep	Wed. 20 Sep	Thu. 21 Sep	Fri. 22 Sep	Sat. 23 Sep	Sun. 24 Sep
Max (°C)	27	32	36	22	21	23
Min (°C)	8	10	13	11	9	8
Chance of rain (%)	5	5	20	20	30	40
Rainfall range (mm)	0	0	0	0	0	0 to 1

OTHER BITS & PIECES Click on the 4 images below to open



Where to Race

Here are a few links for our racing club members to represent our club in:

- Byron Bay** <https://www.byronbaycycleclub.org.au/home-1> and/or <https://www.facebook.com/byronbaycycleclub/>
- Yamba** <https://yambacc.tidyhq.com/> and/or <https://www.facebook.com/YambaCC/>
- Murwillumbah** <https://murwillumbah.tidyhq.com/> and/or <https://www.facebook.com/MurbahCycleClub/>
- Grafton** <https://graffon.tidyhq.com/> and/or <https://www.facebook.com/graffoncycleclub/>
- Grafton Race Calendar (Jul-Sep)** : <https://drive.google.com/file/d/1nCJEhYz2ZhGNZTezq-T9JNeEmYbPFiOZ/view?usp=sharing>

Lismore Road Race (24th Sep): https://drive.google.com/file/d/1ZRMxGqd5akN0X1i_h-QPZ84N0CwRXZr/view?usp=sharing
For more details: https://drive.google.com/file/d/19upPRDqimmRO1hxVxLdkuvS_C_bAa63D/view?usp=sharing

Hi Cycling Clubs,

I earlier invited you all to our inaugural Road Race being held in Lismore on the 24th September. It promises to be worthwhile with a start and finish in the Lismore CBD and conducted on fully closed roads.

We are raising money for the Westpac Rescue Helicopter Service and providing some entertainment for the local community members as a contribution to their morale and resilience following the devastating 2022 flooding event.

I've attached a poster (and versions for your socials and website if needed) for the race (see below). Would you mind sharing the poster with your club members, and maybe printing a couple of hardcopies to be put up in strategic places (coffee stops) where your local riders will see, that would be brilliant. NB The poster has a QR code that goes to our website/entry portal.

- Cheers, Mat Johnson

Where to Trail Ride

Here are a few links for our MTB club members to represent our club in:

Kyogle MTB Club: <https://www.facebook.com/kyoglemountainbikeclub>

GRAFTON GRAVEL X (SEP Sat 30th) and GBOMB (OCT Sun 1st) 2023 POSTER:
https://drive.google.com/file/d/1nSErk2V_fkS30EKUnDQhfFJuvXqdj8He/view?usp=sharing

For more details: <https://drive.google.com/file/d/1dE6LtHsluUhxci-tEDZl3Q3cPm2YzCT/view?usp=sharing>

NORTHERN RIVERS DIRTY WHEELS MOUNTAIN BIKE CLUB EVENT Sunday 24th September.

Round 2 of the New Italy Twilight MTB Series is this Sunday (24/09) with the XCO (Cross-country Olympic). XCO will be a bit longer than the XCC with a goal race time for adults being 1:00-1:30hr and for kids up to 45min.

For more information: <https://drive.google.com/file/d/1pzS3VA-9pLVZicA0-3lr5b6N3yvxcM33/view?usp=sharing>

Other Events

Le Tour De Flow: A call for female cyclists for a research project. To view poster:

https://drive.google.com/file/d/1WE_hJ-Tgocgr8uGW1Q8ox1fhdhb8vQMU/view?usp=sharing



LISMORE ROAD RACE
SUNDAY SEPTEMBER 24TH ~ 7AM START



START- FINISH WOODLARK & MOLESWORTH ST LISMORE
Enjoy a race starting and finishing in the heart of Lismore's CBD taking you through undulating countryside in the picturesque areas of Woodlawn & Numulgi

GRADES ~ MALE / FEMALE A - D GRADES
~ BEGINNER ~ EBIKE

ENTRY VIA ENTRYBOSS
byronbaycycleclub.org.au



byronbaycycleclubinc secretary@byronbaycycleclub.org.au

Proudly supporting the Westpac Rescue Helicopter Service



SPONSORSHIP NEWS



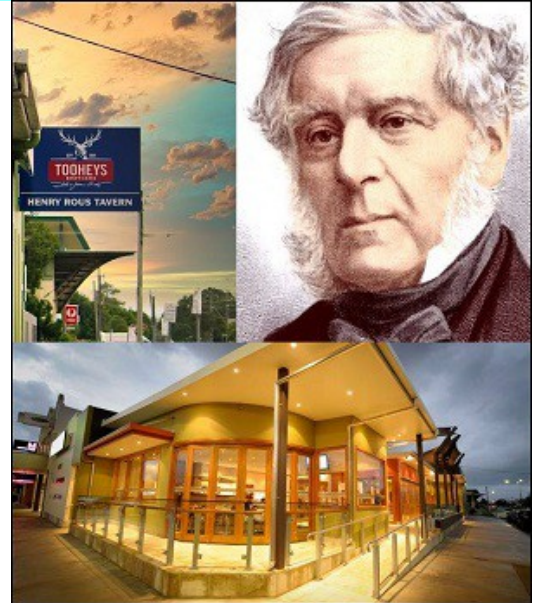
THE BICYCLE EMPORIUM

158 River Street Ballina

<http://thebicycleemporium.com.au/index.html>

Subscribe to their newsletter:

<https://www.thebicycleemporium.com.au/>



THE HENRY ROUS TAVERN

177 River Street Ballina

<https://www.henryrous.com.au>

SPECIALIZED Spring Sale

Spring has sprung with unprecedented savings from Specialized! We are genuinely shocked with the discounts on most bikes in the Specialized range and judging by how quickly bikes are selling nationwide, everyone else is too! There has never been a better time to buy a new bike, but don't wait because stock is running out fast!

If this wasn't enough, Specialized really wanted to do something to separate themselves from the crowd. With the purchase of a qualifying bike, you will receive an equipment voucher worth up to \$200 to spend on any Specialized equipment on the floor.

Drop by and talk to our team for more info.

UP TO 40% OFF BIKES

MASSIVE SPRING SALE.

6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).



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SPOT THE DIFFERENCE The right-hand image has 10 alterations. Can you spot them?



Answer: <https://drive.google.com/file/d/1q2CdKu2F67POX0Mkz864PgzfnGlvwPpo/view?usp=sharing>

When you tell her you ride a bicycle.



When you tell her it's a road bike.



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