



BBCNEWSLETTER 2023.09.25

BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – 37 - For week ending Sun 24SEP2023.

Monday – 7 (See Report)

Tuesday – 2 (See Report)

Wednesday – 5 (See Report)

Thursday- 3 (See Reports for 2)

Friday – 7 (See Report)

Saturday – 1 (See Report)

Sunday – 7 & 5 (See Reports)


Join our mailing list: bbclubnews@gmail.com

4 Week Free Trial Memberships

[BBC Certificate of Currency](#)

are available to anyone who has not held an AusCycling membership in the last 3 years.

CLICK TO OPEN



BBC MEMBERSHIP & INSURANCE

KEY: GREEN(slow) BLUE(med-fast)

UPCOMING EVENTS

CLICK ON EVENT TO OPEN

WOODBURN

SEP Tue 26th 7AM. Coles, Fox St.

HOUGHLAHANS MTB RIDE

SEP Wed 27th 7 AM Coles, Fox St

WARDELL 2

BROADWATER

SEP Fri 29th 7AM. Coles, Fox St.

BROADWATER LOOP

BROADWATER

OCT Sun 1st 7AM. Coles, Fox St.

MOYLANS-WARDELL

OCT Mon 2nd 7AM Coles, Fox St.

100-MILER see below

OCT Sun 22nd 6AM Henry Rous Tavern

Monday Report

- David

All today's riders were on real road bikes. Bobby, Jack and Dirko were there with Tom, Dave, Shorty and Dave 2.

We pushed at modest speed thru crosswinds to Wardell to meet the Red Baron (Magpie) and friendly WOOF0 the constantly barking dog. On the return trip the field split at Moylans lane with Bobby, Jack and Dirko proceeding direct to the ferry and the remaining four entered Moylans Lane and upped the speed to the standard set by Tom. Dave2 had a little trouble keeping up considering the headwind but with a small draught from Dave all riders came together at the ferry. We then proceeded at a modest pace all together to the coffee and breakfast. It is very rewarding to see riders of different abilities all enjoying the experience.

Editor's note: It has been decided to call David 1 / Sir David as David; and Dave 2 as Dave.

Tuesday Report

- David

Two riders Gavin and David travelled down the coastal route using Pimlico Road, Signata Lane and Blackwall Drive to Wardell. They then followed Blackwall Drive all the way too Broadwater and Woodburn (40km). The return was via Kilgin Road, Broadwater Road, Bagotville Road and Wardell Road to Wardell. The return route then used River Drive and the Ferry. They enjoyed a modest tailwind on the way out and did not enjoy the headwind so much on the return.(46km). David started riding again on Wednesday 13 Sep after his unplanned absence and the long ride to Woodburn gave him a weekly ride total of 400km.

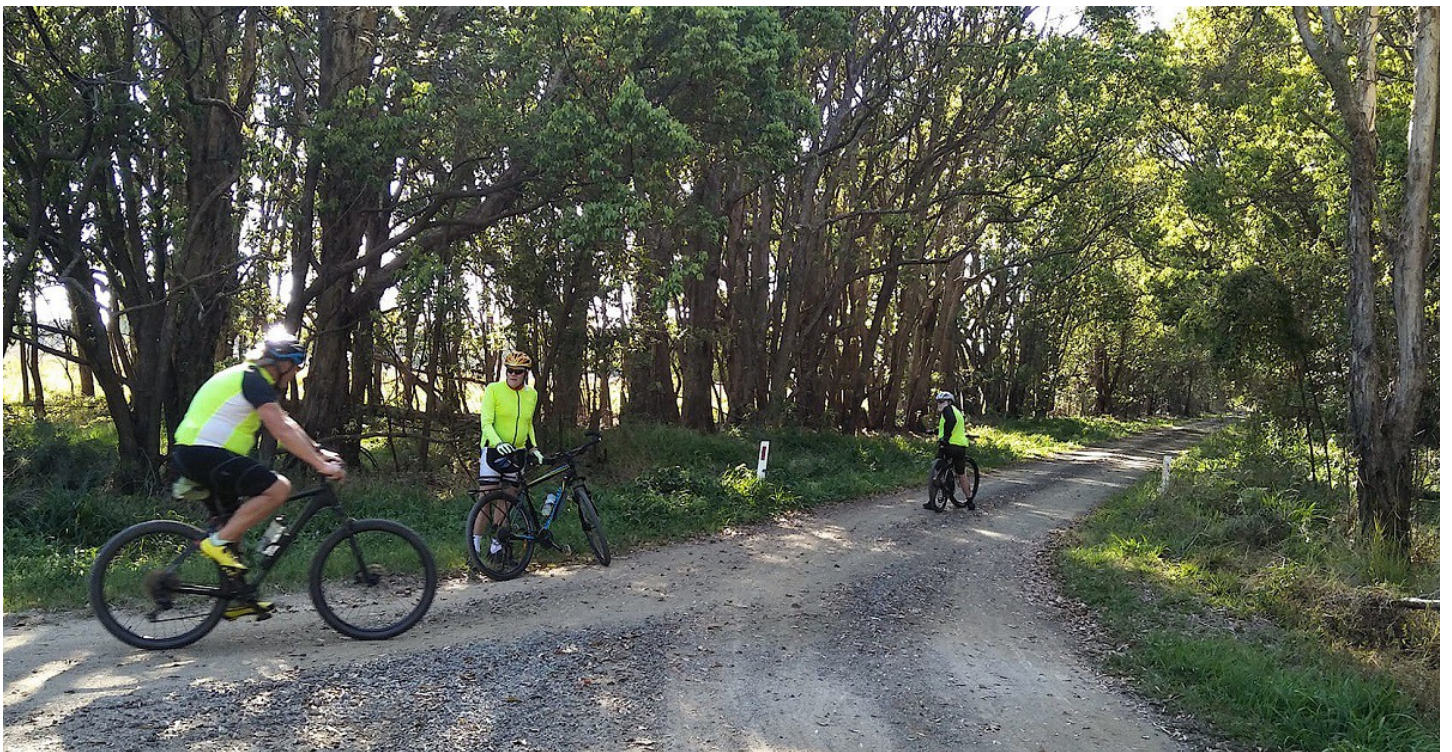
Wednesday Report

- Peter

Five riders met at Wardell tennis courts to start the Tuckean Island Road ride. Bruce, Tom, 2Bob, Gavin and David.

David rode behind 2Bob for much of the circuit because he was slightly slower. The route followed Wardell Road and Marom Creek Road arriving at the dirt consisting of Tuckean Island Road and Hoare Lane. We then followed Broadwater Road and a short length of Bagotville Road before arriving at Old Bagotville Road. The council have sealed a further length of this road and have smoothed and rolled a lot more. It looks as if our second dirt section will not be dirt for too much longer. This road carries some trucks and the dust cloud which arrives with them is not great. The other dirt roads are traffic free. A Wardell pie and coffee after the ride was very pleasant.

The following photos came from Gavin:



Editor's Apology: David pointed out that I forgot to edit last week's Wednesday ride route. "This is the alternative week and the ride will be through Tuckean Island Road leaving Wardell at 7AM. NOT Houghlahans as reported in the newsletter _ Cheers David". Sorry if I inconvenienced anybody.

Next Tuckean Island Road MTB ride will be Wednesday 4th October.

Thursday Report

- Shorty & David

A rider which I enjoyed. Thursday 21st. Solo ride down to New Italy, 100ks very hot ride 42 just for a short time along the Hwy. Got home and went to sleep. - Shorty

David rode 62km solo down Pimlico Road and Hermans Lane, and return on River Road and Moylans Lane. Riding conditions were near perfect as there was no wind and it was pleasantly cool.

On Thursdays David has to be back Home by 9AM so the usual start time at Liquorland (Coles) is 6:30AM if anyone else wants to come. During the ride Dave saw four dogs in different locations wandering loose by the roadside which does not say much about Ballina Council and their handling of dog control.

- David

Friday Report

- Peter

Seven started the ride from Coles. Four riders (Tony on a road bike and Bob, Jack, and Buster on e-bikes) planned to go to Wardell via the ferry. David, Tom and myself on road bikes went to Wardell via Pimlico road.

The weather was not the best but quite doable. The wind was from the South-east and gave us a bit of work on the way south to Wardell. Along Pimlico road it started to shower and pretty soon we were drenched right through. But we soldiered on thinking that the other four will be expecting us in Wardell. The road near Wardell was dry, and so too was most of the road back to Ballina via River Drive to the ferry. We did not see the other four riders anywhere.

Personally, I thought that Tony would have had an easy ride of it if the three e-bikes formed an arrowhead for Tony to draft from. But later, back at the cafe, I discovered that they didn't even leave Ballina, but went for coffees instead! ". . . I hear you Bigdog".

It was good to see Barry at the Proper cafe with us.

- Peter



Saturday Report

- Shorty

Another ride which I enjoyed.

Saturday 23rd. Solo ride to Broadwater along Hwy, 52Ks very strong head and side wind going south but a great tailwind giving me 3 PBs on the home leg.

Sunday Report

- Peter & Simon

Seven riders headed out of Ballina. The destination was Broadwater via Blackwall Drive. Once we (David, Tom and myself) got to Kalinga Street, we left Tony, Dave, Shane and Jack at their pace. The

wind was mainly a ESE (a crosswind), but then again it surprised us at times, especially near Broadwater when suddenly we got pushed from 30 to 37 kph for about four kilometers. At Broadwater I was somewhat breathless, and looking forward for a break in the riding.

Shortly afterwards, Shane and Dave turned up. It was then we learnt that Tony and Jack only rode to Wardell and headed back to Ballina via the ferry. So after a short break, we headed back home. The crosswind was still there but a little bit easier to handle. At Wardell the dreaded magpie was attacking us (as usual). The ride back to Ballina split us up into two groups. We knew we would meet up again at the ferry. David stayed back to draft Dave, they were only a minute behind us.

If there was a best improved rider award it would have to go to Shane. He performed very well, and has bridged across from the slower group to the faster one. We hope to see Dave do the same one day, and that Shane keeps performing well as he has shown us.

- Peter



Simon's Report: I rode in the Lismore Road Race today with a few other club members. After much to and froing I finally decided to ride in the inaugural **Lismore Road Race**. I'm so glad I did as it was a great event. Well attended and well organised. There were 4 road bike grades A-D as well as ebike and beginners. Bunches were A grade, 6 riders, B - 12, C - 40!! and D - 35!! An awesome turnout. The courses varied but A, B and C grades all had to climb Duncan Rd from Numulgi which is 2km of pain. C climbed it once (more than enough for me), B climbed twice, and A, 3 times.

A little bit of rain, bridges, road works and oncoming cyclists required some concentration. There were 5 riders from our Ballina Bicycle Club; Will Bennett, Grant Ferreira, Cam Hollows, Stephen Strahan and myself. Hopefully there'll be a few more members next year. The club did its part for the race though by loaning the Byron Club our timing chip system.

- Cheers Simon

Photo on following page...

100 MILER 2023

The 100 MILER has been running for many years now. The main goal is to ride the complete route (see map*) of about 160 kilometers. Actually, the original ride started from Shaws Bay Resort Park. For some reason, the ride starts closer into Ballina town and the resulting distance is short by several kilometres.

The ride starts 6AM from the car park behind The Henry Rous Tavern, on Sunday 22nd of October.

Route Map:

<https://drive.google.com/file/d/1YBkw94uvw4Bhim7jBQl805ii18iWgvh7/view?usp=sharing>

For more information, please contact David Cowdery: divec@ozemail.com.au



6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).

4-CAST

Forecast for Ballina

	Tue. 26 Sep	Wed. 27 Sep	Thu. 28 Sep	Fri. 29 Sep	Sat. 30 Sep	Sun. 1 Oct
Max (°C)	26	28	23	24	26	27
Min (°C)	10	12	14	13	12	13
Chance of rain (%)	0	20	40	10	5	5
Rainfall range (mm)	0	0	0 to 2	0	0	0

OTHER BITS & PIECES Click on the 6 images below to open

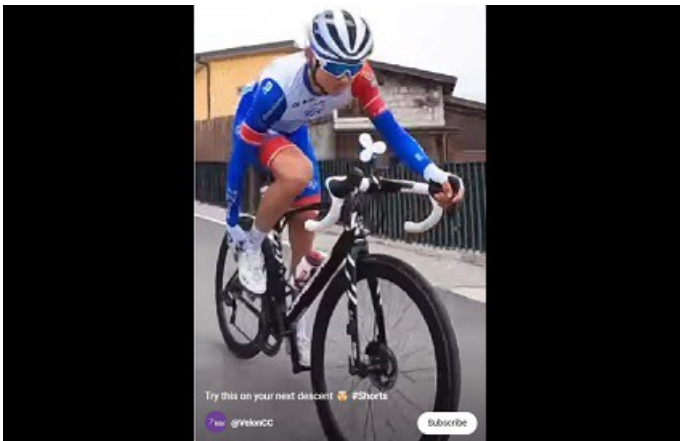
SHUT DOWN?!

How Cannondale Bicycles went Bankrupt!?

WHEELSET SHOWDOWN!

CARBON VS ALUMINUM

Carbon Wheelset Upgrade: Why It May Not Be Worth It!



UPCOMING BBC EVENTS

- Time Trial Training ride:** October, Sunday 8th 2PM. Empire Vale School.
- Vintage Bike Ride:** October, Sunday 15th 7AM. Carpark behind the Henry Rous Tavern.
- 100 MILER:** October, Sunday 22nd 6AM. Carpark behind the Henry Rous Tavern.
- AGM & Committee Meeting:** November, Wednesday 15th 6PM. Henry Rous Tavern.

Where to Race

Here are a few links for our racing club members to represent our club in:

- Byron Bay** <https://www.byronbaycycleclub.org.au/home-1> and/or <https://www.facebook.com/byronbaycycleclub/>
- Yamba** <https://yambacc.tidyhq.com/> and/or <https://www.facebook.com/YambaCC/>
- Murwillumbah** <https://murwillumbah.tidyhq.com/> and/or <https://www.facebook.com/MurbahCycleClub/>
- Grafton** <https://grafton.tidyhq.com/> and/or <https://www.facebook.com/graftoncycleclub/>
- Grafton Race Calendar (Jul-Sep):** <https://drive.google.com/file/d/1nCJEhYz2ZhGNZTezq-T9JNeEmYbPFIOZ/view?usp=sharing>

Where to Trail Ride

Here are a few links for our MTB club members to represent our club in:

- Kyogle MTB Club:** <https://www.facebook.com/kyoglemountainbikeclub>
- GRAFTON GRAVEL X (SEP Sat 30th) and GBOMB (OCT Sun 1st) 2023 POSTER:** https://drive.google.com/file/d/1nSErk2V_fkS30EKUnDQhfFJuvXqj8He/view?usp=sharing
- For more details:** <https://drive.google.com/file/d/1dE6LtHsluUhxcFi-tEDZI3Q3cPm2YzCT/view?usp=sharing>

Other Events

Le Tour De Flow: A call for female cyclists for a research project. To view poster: https://drive.google.com/file/d/1WE_hJ-Tgocgr8uGW1Q8ox1fhdb8vQMU/view?usp=sharing

SPONSORSHIP NEWS



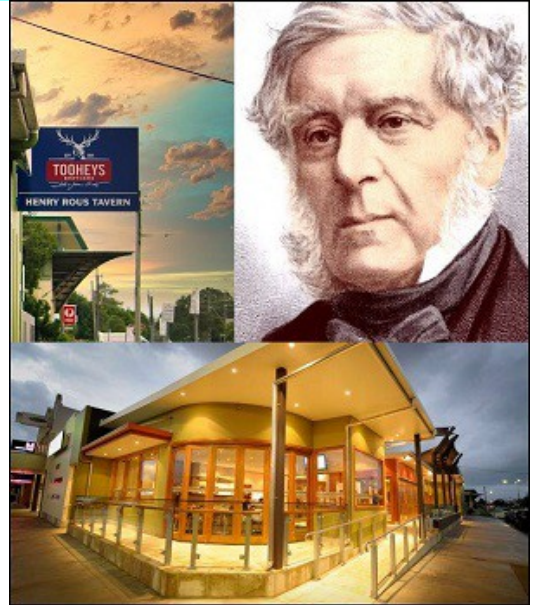
THE BICYCLE EMPORIUM

158 River Street Ballina

<http://thebicycleemporium.com.au/index.html>

Subscribe to their newsletter:

<https://www.thebicycleemporium.com.au/>



THE HENRY ROUS TAVERN

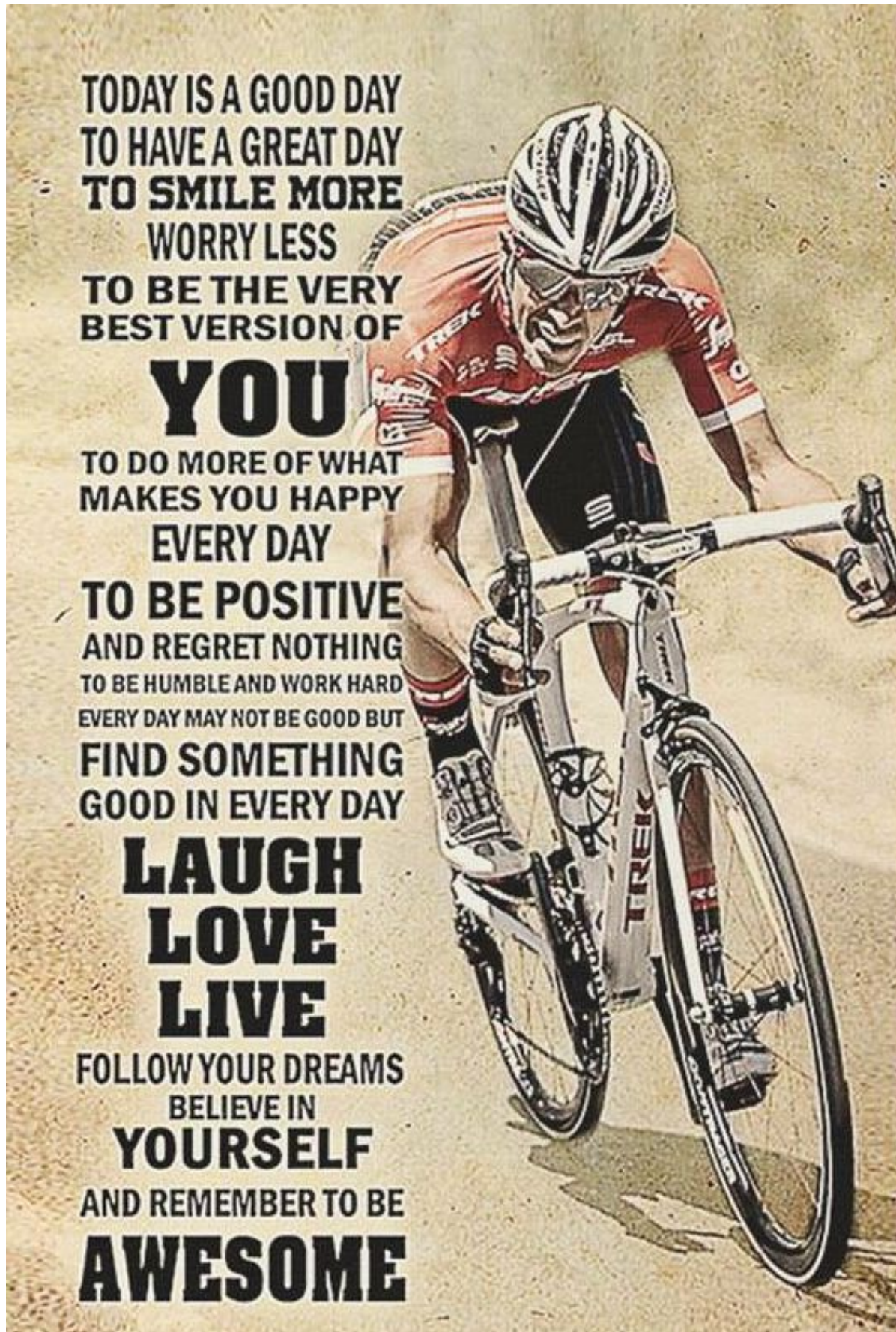
177 River Street Ballina

<https://www.henryrous.com.au>

SPOT THE DIFFERENCE The right-hand image has 10 alterations. Can you spot them?



Answer: <https://drive.google.com/file/d/159Z5RXalgcdfhF3oM03-YKARhBj8TgoN/view?usp=sharing>



GET YOUR FREE BBC NEWSLETTER SUBSCRIPTION: email me at... bbclubnews@gmail.com

BBC Newsletter Archives: <https://ballinabicycleclub.org/newsletters-1>

BBC WEBSITE: <https://ballinabicycleclub.org>

Our Disclaimer: *The opinions expressed by contributors in BBC NEWS are theirs alone and do not reflect the opinions of the Ballina Bicycle Club or its Members. BBC is not responsible for the accuracy of any of the information supplied by the contributors...*