



BBCNEWSLETTER 2023.10.23

BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – 50 - For week ending Sun 29OCT2023.

Monday – 13+2 (See report)

Tuesday – 3 (See report)

Wednesday – 8 (See report)

Thursday- 1+1+1 (See report)

Friday – 11 (See report)

Saturday – 0 ()

Sunday – 4+6 (See report)

Join our mailing list: bbclubnews@gmail.com

4 Week Free Trial Memberships

[BBC Certificate of Currency](#)

are available to anyone who has not held an AusCycling membership in the last 3 years.

CLICK TO OPEN



BBC MEMBERSHIP & INSURANCE

TIME TRIAL TRAINING: NOV Sun 12th 2pm. Empire Vale School.

VINTAGE BIKE RIDE: NOV 19th 7am. Henry Rous Tavern, Moon St.

KEY: GREEN(slow) BLUE(med-fast)

UPCOMING EVENTS

CLICK ON EVENT TO OPEN

WOODBURN

OCT Tue 31st 7AM. Coles, Fox St.

HALLOWEEN NIGHT RIDE

OCT Tue 31st 7PM. Henry Rous Tavern.

TUCKEAN ISLAND MTB

NOV Wed 1st 7 AM. Wardell, Fitzroy Park.

WARDELL LOOP

NOV Fri 3rd 7AM. Coles, Fox St.

BROADWATER LOOP 2

BROADWATER

NOV Sun 5th 7AM. Coles, Fox St.

MOYLANS-WARDELL

NOV Mon 6th 7AM Coles, Fox St.

AGM & COMMITTEE MEETING

NOV 15th 6PM. Henry Rous Tavern



HALLOWEEN NIGHT RIDE

RIDE AT YOUR OWN RISK!

Starts at 7PM - Tuesday - 31st October
from Tamar Village car park behind The Henry Rous Tavern.
Riders need to be insured through AUSCYCLING

Monday Report

- Peter

Marc and myself left Ballina at 6:30 am to ride to Wardell via Expressway and Blackwall Drive. Got attacked by Magpie at East Wardell _ *I am getting a bit fed up with that bird!* Rode back to Ballina via River Drive with detours to Patches Beach and Moylans Lane. At the end of Patches Beach Road I fell off my bike while doing a u-turn. The gravel looked flat and even and thought it would be safe to

ride over it, but suddenly the wheels sunk into it by two inches _ as if it were sand. I landed okay on my side while keeping the bikes' running gear from hitting the ground. We saw the Old Farts coming against us along Moylans Lane.



Kevin Durkin (second from left) celebrated his birthday (72nd) with us by traditionally shouting everybody with a coffee. When this photo was taken, Bruce (second from right) had Bob on the phone giving best wishes.

To be honest, Marc is getting stronger on the bike and I just have not been able to match him (yet). Since we recently restarted riding together, we seem to be inspiring each other; it is like that with Tom too. It is good when you have riding buddies that keep pushing each other to improve. The camaraderie becomes most enjoyable under those circumstances.

Tuesday Report Where Did My Wingman Go? - Marc

An unplanned day off and a quick text to Peter had us planning a Tuesday trip out on the bikes and having ridden the day before I had anticipated a steady trip out for 40-50kms. When Peter arrived and informed me he had invited Dave it was a welcome addition (3 is better than 2 even though, for a wind shield Dave is about as much use as a chocolate teapot) and I knew the tempo would be higher. All good I thought, time to test the legs.



As we all know, Dave is a route planning committee of one. Whatever ride you start will not be the ride you finish. At some point the ambush will come, innocent phrases like "Woodburn is only another 11kms" are expected...and, I have to say...resisted...until today. A fast ride down to Broadwater at 36-38kms on the freeway and then the lobbying began. Dave caught me alone without my wingman and I was weakened by the pace and nodded my agreement. Peter was then presented with a dual request for a ride extension and if a picture paints a thousand words, his face showed what he thought of the suggestion.

At the end of the 80kms we were left sore and satisfied. Woodburn and back at an average of 31.3km/h is fast for me and the longest ride I have done in Australia. A great effort by all and if there was anything left in the tank Peter would have been entitled to ask..."where did my wingman go?". The betrayal may take some time to heal and we need to make sure we cannot be divided and conquered by Dave aka "the one man route committee" again ;)

Wednesday Report

- David and Shorty

Eight starters lined up but for which ride. The closure of Pierces Creek Bridge on Eltham Road has seen a high volume of traffic diverted onto Houghlahans Creek Road. This makes the normally tranquil road into a main traffic hub for several months.

It is now far too dangerous for mountain bike rides. By consensus the decision was to all ride together along Pimlico Road to Wardell with return on River Road. We therefore had some hard working mountain bike riders mixed with e-bikes and road bikes.

Fortunately we had the magic ingredient for success which was Jack Shields. Jack lead the whole show from beginning to end. He is a very good leader and chose a speed which everyone could handle as well as maintaining a very steady pace.

All riders finished together at the ferry and only the madness of the coffee cup sprint caused any variation in arrival times at the Proper Cafe.

Next week the mountain bike ride will revert to Tuckean Island Road as usual.

- David

SN: Julie Thomas shared this link on Facebook. I thought it would be of interest for the Tuckean Island Road mountain bike riders.



Ballina Shire Birds · [Join](#)

Rodney Falconer · 23 October at 18:12 · 🌐

Nice to see more regent bowerbirds around than I have for some years. This one from the Tuckean Swamp south of Meerschaum Vale.

Richard Brown's Report:

I rode on Wednesday solo down the highway to Broadwater and back. A little windy on the return trip, traffic very light.

- Shorty

Thursday Report

- Peter

Started out on my own for Wardell via ferry and River Drive. It was quite windy, from the South East. The ferry deck was wet from the choppy river. I was dreading the trip. I was in a familiar diatribe with myself whether to forge ahead or do a runner. But once on the bike I hate to be a coward, so I forged ahead.

The pace to Wardell slowly got better as the wind was running out of puff. At first, along the banks of Keith Hall, I rarely got above 17 kph. Halfway to Empire Vale I saw Richard Hughes shoot towards me with a tailwind smile. So! I am not the only rider out this morning. This gave me further encouragement.

I did not expend myself on the way back. It was nice to travel at 34 kph without too much effort. In fact, I had time to appreciate how fast 34 kph was like from a less focused point of view.

I found out later, during our Bad Weather Coffee break on Friday, that Tom also had a ride later in the day. He said he found the wind too strong after reached Burns Point Ferry Road, and returned home.

Friday Report

- Peter

No ride today! It was too windy and rainy for anybody to enjoy (in my honest opinion). However, a coffee call was sent out and eleven of us got together to have hot coffee inside The Proper Cafe. The discussions were mainly about memories of past ride members, the Grafton to Inverell race, illegal E-bikes, and cycle-ways.



RICHARD.S.

SHORTY



DAVID

MICHAEL

DAVE

BUSTER



MARC

JACK

BOB

TOM

Marc told us that he is looking forward to a Halloween getup weekend with friends.

Saturday Report

- Peter



I don't know what anybody else did on this rainy windy day, but Marc seems to be having fun, with friends, scaring up tricks and treats during the night.

I don't think I can look at Marc and remember him so innocently again.

Looks like Halloween in Australia has taken fright.

Ten riders in all. Nine started from Coles car park at 7am. Paul joined the group later. There was a misty shower as we started out, but it died by the time we got into Kalinga street. David, Michael, Tom and myself headed for Broadwater via Bagotville road. The others were going to Broadwater via River Drive. Our route is an extra twelve kilometres, so we tried not to waste anytime on our ride. Secretly I was hoping we do the 65km trip without stopping, but then, half way down Bagotville Road, that plan went out the window.

David got a flat tyre, which had its own minor dramas, but we soon were about to get going again when another setback happened. As we were about to mount our bikes, Michael said "Fellows, you're not going to like this, I got a flat tyre too!" This one had even more drama by way of pump problems. Anyway, we eventually got going again.

The pace slowly got up to speed with a slight headwind. From the end of Bagotville road to Broadwater the wind and pace was more favourable. I seriously thought we might still catch the other group if we leg it through Broadwater and up the pace a notch or two back to the ferry. But one of us had to pay a visit to the loo, so that idea also got thrown out the window too _ c'est la vie.

We were doing a 33-35 kph tailwind pace back to Ballina. We met Jack and Tony as they were boarding the ferry. By the time we got to the Proper Cafe, the others who were there only just received their coffees. Bruce reported that their ride to Broadwater was cruisy and pleasant, but the pace went up on the return trip. Dave, Bruce, Paul, and Shane left Jack and Tony to do their own pace-ride.

One of the main topics discussed over coffee was the general lack of ethics and respect in many of today's youth, and how lucky we are to be so active and enjoying it.



Where to Race

Here are a few links for our racing club members to represent our club in:

Byron Bay <https://www.byronbaycycleclub.org.au/home-1> and/or

<https://www.facebook.com/byronbaycycleclub/>

Yamba <https://yambacc.tidyhq.com/> and/or <https://www.facebook.com/YambaCC/>

Murwillumbah <https://murwillumbah.tidyhq.com/> and/or <https://www.facebook.com/MurbahCycleClub/>

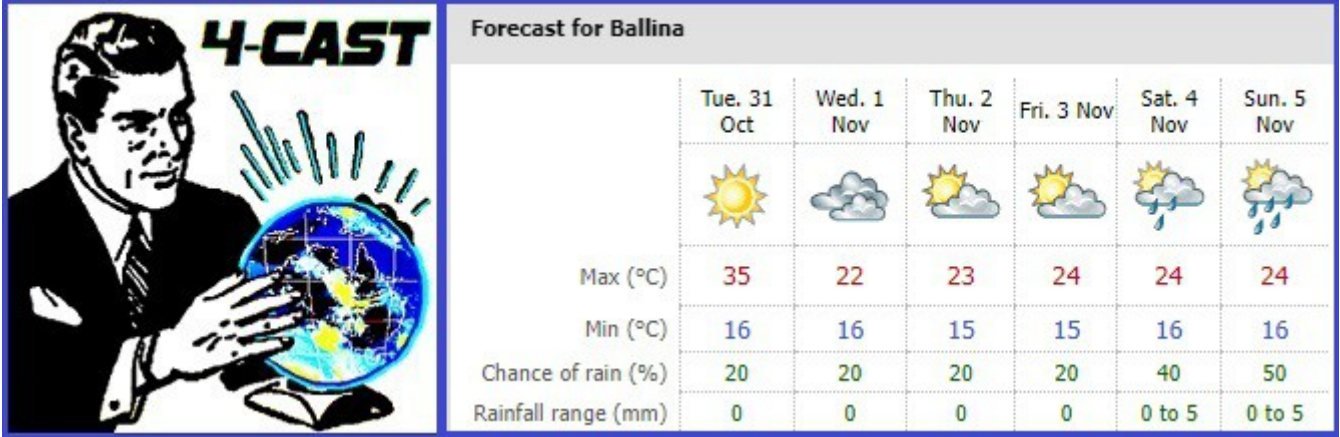
Grafton <https://grafton.tidyhq.com/> and/or <https://www.facebook.com/graftoncycleclub/>

Where to Trail Ride

Here are a few links for our MTB club members to represent our club in:

Kyogle MTB Club: <https://www.facebook.com/kyoglemountainbikeclub>

6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).



OTHER BITS & PIECES Click on the 4 images below to open



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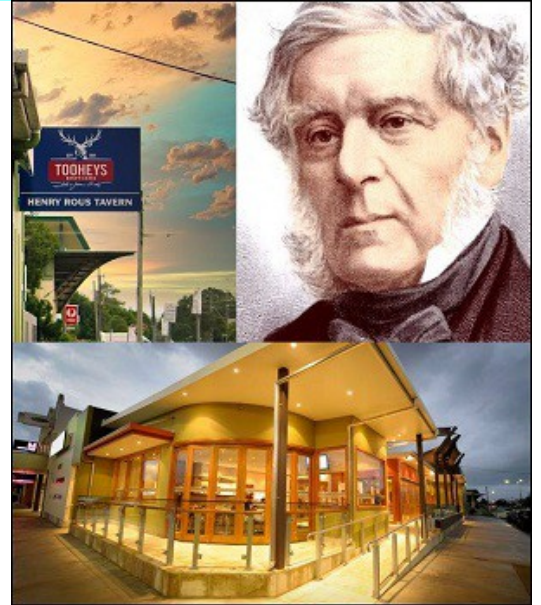
THE BICYCLE EMPORIUM

158 River Street Ballina

<http://thebicycleemporium.com.au/index.html>

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THE HENRY ROUS TAVERN

177 River Street Ballina

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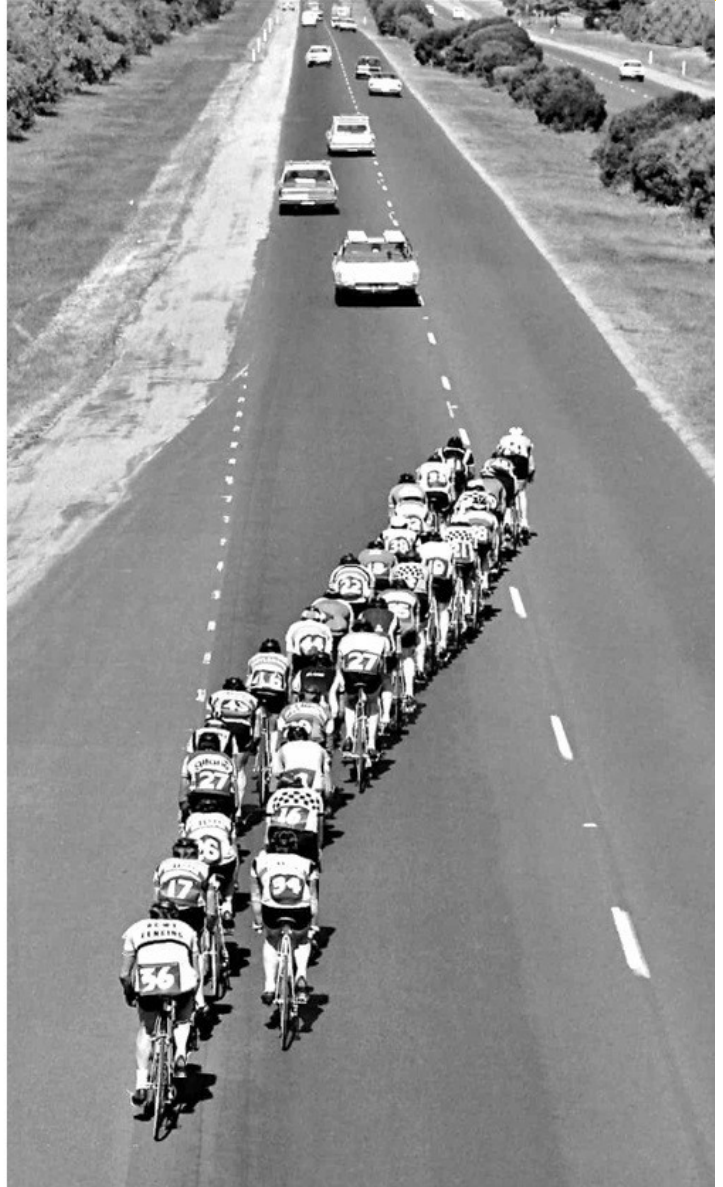
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