



BBCNEWSLETTER 2023.11.20

BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – - For week ending Sun 19NOV2023.

Monday – 11 (See report)

Tuesday – 1 (See reports)

Wednesday – 3+8+1 (See reports)

Thursday- 2 (See reports)

Friday – 8 (See report)

Saturday – (See report)

Sunday – 14 (See reports)


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4 Week Free Trial Memberships

[BBC Certificate of Currency](#)

are available to anyone who has not held an AusCycling membership in the last 3 years.

CLICK TO OPEN



BBC MEMBERSHIP & INSURANCE

KEY: GREEN(slow) BLUE(med-fast)

UPCOMING EVENTS

CLICK ON EVENT TO OPEN

WOODBURN

OCT Tue 21st 7AM. Coles, Fox St.

RIDERS CHOICE (road bikes)

NOV Wed 22nd 7 AM. Coles. Fox St.

WARDELL LOOP

NOV Fri 24th 7AM. Coles, Fox St.

BROADWATER LOOP 1

NOV Sun 26th 7AM. Henry Rous Tavern

BROADWATER

NOV Sun 26th 7AM. Coles, Fox St.

MONDAY BEGINNERS

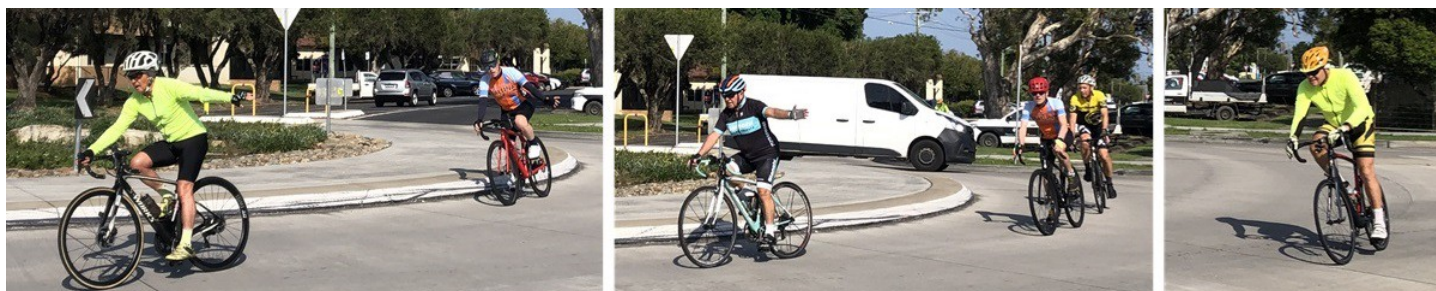
For over 50 year olds

NOV Mon 27th 7AM Coles, Fox St.

Monday Report

- Peter

I did not ride with the guys, but they reported that they had a good ride.



Tuesday Report(s)

- David

In the words of that song I was "all by myself". With a slight tailwind ,I went down the freeway to Broadwater arriving just before 8AM. Then down Blackwall Road to Woodburn arriving just before 8:30AM. Fully revived by the excellent banana bread and a cappuccino I then headed out along Kilgin Road and Bagotville Road to Wardell.

Then I made the big mistake. Three km along River Road I asked myself "is this the second Tuesday". Alas it was and a quick U turn had me heading north on Pimlico Road and eventually the freeway against a persistent headwind. Because of my misdemeanour, I ended up riding 115km from home to home. You have to believe that home never looked so good. - Cheers Dave

Wednesday Reports

- David, Bruce, Shorty

Three keen gravel grubbers met at Wardell with the intention of experiencing the silence and the isolation of Tuckean Island Road. After a trip on the bitumen out to Meerschaum Vale and the multiple hills, the dirt was apparent at last. Gavin and Richard on gravel bikes and Dave on a fat tyred mountain bike slowly cruised over the swamp flats. This whole area has a water table where the water level is controlled by the barrage on Bagotville Road. It is mainly dead flat but suffers from acid sulphate soils and is not suitable for most forms of agriculture. That is why it is such a lonely and empty place. Some of the vegetation seems related to underwater weeds which it probably is. The bird life is plentiful if you stop and listen. Some areas are forested with its original vegetation of mainly paperbark tree species.

The road continues under the name Hoare Lane before emptying onto the metropolis of Dungarubba and Broadwater Road. The ride finishes on OLD Bagotville Road and Back Channel Road leading into Wardell.

Total distance just under 40km. Richard rode his bike to the start line so he added probably another 30km. - Cheers Dave

Paul, Jack, Kevin, Bruce and Bob, rode to Wardell. Paul was leading into slight headwind at 21 kmh. Kevin rode up alongside, I thought he was going to ask him to slow down, but rode past and increased up to 24 kmh. This was my limit as I was on my Mt bike. Hard work to Wardell. Jack felt good on the orange road bike and lead most of the return. All had a good ride. - Bruce

Wednesday a solo ride down on the highway pass Wardell 27Ks a little windy.

- Shorty

AGM & Committee Meeting

- Peter

BBC had its Annual General Meeting (AGM), followed by our monthly Committee Meeting. At the end of the AGM the nominated positions, for the next twelve months, will basically remained the same.



Thursday Reports

- Peter & David

It was about time to test the integrity of my left knee and shin after a two week rest. I left early for an easy ride to Wardell and back. Along River Street, I saw David in the distance about to ride over Fishery Creek bridge. It took me to the BP roundabout to get near him. David was cruising along at 30-31 kph. When I approached him and we said 'Hi' to each other David took off at 33-34 kph. For a while I struggled to match his pace. My shin gave me no troubles, but both knees had intermittently given me a slight niggling pain.

Our pace back to Ballina via River Drive was about the same. On the way back we went around Moylans lane, and when we got a few kilometres from the ferry we saw Bill. R. at a distance. We slowly closed the gap and caught up with him as we all approached the ferry. I estimate that Bill was enjoying a cruisy pace of 31-32 kph. On the ferry, it was good to chat with Bill and get up to date with each other. We all had our own agendas for the rest of the day, so we had no after ride coffees & chat; next time.

- Peter

There was Dave riding along all alone at a relaxed pace on the Freeway when a large yellow apparition name Pete suddenly appeared. This changed everything as Pete likes to gear up and travel. Dave unleashed the power into the pedals and we both flew (or seemed to) all the way to Wardell and back via Moylans Lane.

Mostly we were travelling around 33-34 km/hr with some ups and downs. This must have done the trick as Pete said something like "that was a hard time" when we reached the ferry. The last km or so was at 36 km/hr which enabled us to catch and overtake Bill Richardson.

Apparently in another parallel universe, there is a version of Pete that likes to ride at a moderate pace. If only I could find the interconnecting wormhole..

- Cheers Dave

Friday Reports

- Peter & David

Friday's ride is always seen by me as a sort of a race. For many years now the faster riders would ride an extra 8 kilometres by riding the Hermans and Moylans lane loops, and our goal was to beat the Regulars to the Ferry. We have not been able to beat them for a long time. So today, as always, I am keen to get started at a goodly pace, and David was the only one with me.

However, when we got to Hermans Lane, David decided to bypass it. My goal, to work as a pair (two-up) got scrubbed. Also, I found out later that the Regulars also took a shortcut by simply replacing the Pimlico route for River Drive. In short, our goal was scrubbed by a lot of alterations.

The good news is that Bobby Charlton, a Regular, celebrated his 86th birthday with us, on both the ride and at the Proper Cafe.

- Peter

Little bit hesitant at start due to weather. Over the ferry both ways to Wardell. Tony, Kevin, Buster, Jack, Bruce and 86 year old Bob. All riding very well, with Jack taking us up to 30 kmh over the last few k's to the ferry. All enjoyed the birthday coffee.

- Bruce

Saturday Report

- Shorty

Saturday solo ride down the highway pass Broadwater 57k windy on return trip, a TT rider shot pass light a rocket gave me a fright as I didn't know he was coming up behind me, I do not know who he was.

- Shorty

Sunday Report

- David

Vintage Bike Ride Report

- Peter

Four riders (Simon, Rod, Gavin, and myself) turned up for the vintage ride. We left a few minutes behind schedule, which introduced the possibility to join the Regulars to their ride to Broadwater. We saw from the traffic lights at River and Kerr Streets a few Regulars crossing over Fishery Creek bridge. We hoped to eventually catch them, but several circumstances along the way made that impossible.

We discovered that the faster Regulars (David C, Richard H, and Shane) took the Expressway to Broadwater. We knew we could not catch them, so we decided to use Blackwall Drive to Broadwater _ a shorter route. Half of the Regulars arrived at Broadwater soon afterwards. The other half only went to Wardell.

The return trip to Wardell was done at a goodly pace; and as far as I know we were all together. From Wardell the group split up into different groups due to an increase in pace. The three steelies stayed with the lead group all the way. Eventually, all fourteen riders were together at The Proper Cafe for well deserved refreshments.





Vintage Bike Trivia

- Peter

While recovering from our ride to Broadwater, I was telling Bruce Syme about how our three vintage bikes looked well with their chrome covered front forks. Bruce told me that brand new steelie bikes were painted, including the front forks. However, it was not uncommon to end up with damaged forks after a crash, and so to save having to paint new forks, it was easier to simply get chromed forks. Also, because the forks were chromoly, they were more resilient to being knocked about.

Where to Race

Byron Bay <https://www.byronbaycycleclub.org.au/home-1> and/or

<https://www.facebook.com/byronbaycycleclub/>

Yamba <https://yambacc.tidyhq.com/> and/or <https://www.facebook.com/YambaCC/>

Murwillumbah <https://murwillumbah.tidyhq.com/> and/or <https://www.facebook.com/MurbahCycleClub/>

Grafton <https://graffon.tidyhq.com/> and/or <https://www.facebook.com/graffoncycleclub/>

Where to Trail Ride

Here are a few links for our MTB club members to represent our club in:

Kyogle MTB Club: <https://www.facebook.com/kyoglemountainbikeclub>

OTHER BITS & PIECES Click on the 6 images below to open



6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).



Forecast for Ballina

	Tue. 21 Nov	Wed. 22 Nov	Thu. 23 Nov	Fri. 24 Nov	Sat. 25 Nov	Sun. 26 Nov
Max (°C)	23	25	24	24	23	24
Min (°C)	17	18	18	19	18	17
Chance of rain (%)	90	70	60	50	40	40
Rainfall range (mm)	3 to 15	0 to 9	0 to 9	0 to 4	0 to 2	0 to 4

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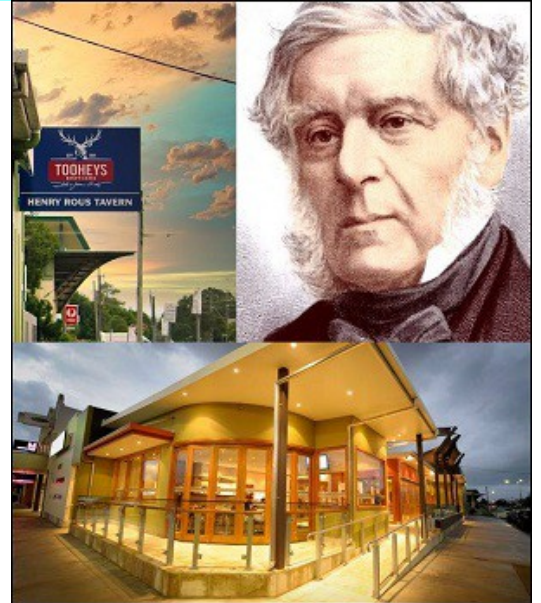
THE BICYCLE EMPORIUM

158 River Street Ballina

<http://thebicycleemporium.com.au/index.html>

Subscribe to their newsletter:

<https://www.thebicycleemporium.com.au/>



THE HENRY ROUS TAVERN

177 River Street Ballina

<https://www.henryrous.com.au>

WELCOME TO THE ORDER OF MO

The Order of Mo is the world's least secret society. Because we want everyone to know we stand for healthier men and a healthier world.

Movember is our time to unite. To take on mental health, suicide, prostate cancer and testicular cancer. And you coming along for the ride only makes us stronger.

The Mo is calling. How will you answer?

If there's one thing The Order of Mo is known for, it's this. Growing a Mo is our symbol for better men's health. It also grabs attention and starts important conversations. So give it a go – it shows the world you stand for healthier men and a healthier world.

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SCAN HERE TO SHARE MO SPACE

Your QR code takes friends straight to your Mo Space. All they need to do is scan it using their phone to make quick and easy donations.

SPOT THE DIFFERENCE The right-hand image has 10 alterations. Can you spot them?



Answer: https://drive.google.com/file/d/160aH5SBCA53y_TBI04S2L9Ruet8Y-PRM/view?usp=sharing

Image contributed by Shorty... "The poster reminds me of our 86 year old Bob".



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