



# BBCNEWSLETTER 2023.11.27

## BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – 44 - For week ending Sun 26NOV2023.

Monday – 9 (See report)

Tuesday – 1+1 (See reports)

Wednesday – 6 (Potentially 6. See report)

Thursday- 2+1 (See reports)

Friday – 12 (See report)

Saturday – 0 ( )

Sunday – 12 (See reports)

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**BBC MEMBERSHIP & INSURANCE**

KEY: GREEN(slow) BLUE(med-fast)

### UPCOMING EVENTS

CLICK ON EVENT TO OPEN

#### WOODBURN

OCT Tue 28<sup>th</sup> 7AM. Coles, Fox St.

#### TUCKEAN ISLAND MTB

NOV Wed 29<sup>th</sup> 7 AM. Wardell, Fitzroy Pk.

#### WARDELL LOOP

DEC Fri 1<sup>st</sup> 7AM. Coles, Fox St.

#### BROADWATER LOOP 2

#### BROADWATER

DEC Sun 3<sup>rd</sup> 7AM. Coles, Fox St.

#### MONDAY BEGINNERS over 50 y.o.

DEC Mon 4<sup>th</sup> 7AM Coles, Fox St.

#### WARDELL via HERMANS

DEC Mon 4<sup>th</sup> 6:30AM Henry Rous Tavern

## Monday Report

- Peter

Nine riders for the regular Monday slow-mo ride to Wardell and back. They were, David C, Richard H, Richard B, Dave, Bruce, Jack, Tony, Peter O, and myself. As soon as we got off the ferry to ride to Wardell via Moylans lane, I rode away to do the route on my own pace. We regrouped at Wardell, and we rode as a group back to the ferry.



At the Proper Cafe, we discussed the logistics of riding the Norther Rivers Rail Trail. The plan is to ride the 50 km route on Monday 11<sup>th</sup> of December. The riders will be departing, in their cars, from Ballina Coles car park area, next to Fox street, at 7am. The actual ride starts from Mooball Rail Trail embankment at 8am. Riders who want to join us can either meet us at Ballina or Mooball.

## Tuesday Reports

### A Misterious Ride

- Peter & David

Though it did not rain I eventually did get wet after riding 40kms through this mornings mist. Originally I was hoping to see some of the riders that ride to Woodburn on Tuesday, but nobody turned up. So I rode alone to Wardell via the expressway and Blackwall Drive, and continued back along River Drive.





I met a bunch of older guys riding both pedal and e-powered mountain bikes at the ferry. They too felt like I did \_ wanting to get home to a hot shower and a cup of coffee.



I have never seen fish-catchers fishing at Fishery Creek bridge before.



### David's Tuesday Ride Report

Because it was raining in the morning, I gave away the idea of the scheduled ride to Woodburn. The weather changed in the afternoon so I spent 2.3 hours riding up the beach shared path and North Creek Road to Lake Ainsworth. This included riding alongside the Coast Road to Byron Street and Gibbon Street.

The whole descent from the heights above Lennox Head and along the Lennox bypass Road to Byron Street is exhilarating as much of it is done at speeds up to 50km/hr.

The return route is through the main street and Rayner Lane to the shared Beach path and up the hill to the hang gilding reserve and the bitumen shared path. The route winds behind Skennars Head and along the western side of the coast road. This eventually leads back onto the coastal shared path and North Wall.

The ride continued to the Burns Point Ferry via the usual route. Total distance was about 50 km. This is a very scenic route and as long as you have a very loud bell and do not mind riding on shared paths, it is highly recommended. Significant hill climbing is involved. Cheers Dave

### Wednesday Reports

- Peter

The Grafton radar showed no rain, but I barely rode one kilometre to our start of the ride and I was wet through \_ not from rain but from drizzle. So there you have it, Grafton radar picks up rain but not drizzle!

On my way to Coles I noticed Bob heading back to the Proper Cafe, shortly followed by David, and then by Tom. I too joined the retreating party for both shelter and a hot cup of coffee. Six of us (Kevin, Bob, Jack, Tom, David and myself) spent a good hour discussing everything *not* under the sun. We all decided to give today's ride a miss.



## Thursday Reports

- Peter & David

Rode with Tom to Wardell via Pimlico and Blackwall Drive. The return trip was along River Drive to the ferry. The river was almost like a mirror and there was not much of a wind from any direction.

We were lucky to catch the ferry after the boom gate was already closed. We met David on the ferry too, which Thursday is not a usual ride day for David. Like us, he sneaked in a ride whenever possible due to recent bad weather.

## Friday Reports

- Peter & David



Nine riders started from Coles, Ballina (Shane, Bob, 2-Bob, Jack, Tom, David, Bruce, Richard S, Buster, Marc and myself) and Shorty joined us from Kalinga Street. The breakaway group, which rides an extra 8 kilometres, included David, Tom, Marc, and myself. And when we got to Wardell, we were surprised to not see the Regulars. We thought they must have already taken off to the ferry. However, shortly afterwards, we saw Shorty arriving from the ferry end of River Drive. He too has not seen the Regulars. I thought they must have had a flat tyre and are still on their way to Wardell.





So now, we had Shorty join us to include Moylans lane with us. Now with the that extra 4 kilometres the Regulars ought to have plenty of time to get to the ferry before us. But that assumption fell short. After we got onto the ferry, I spoke with the ferryman. He too has not seen the Regulars, and we started to worry about them. Luckily we saw them arrive to the ferry ramp while we were making the river crossing. It turns out that Shane got a flat tyre along Kalinga Street earlier in the ride.

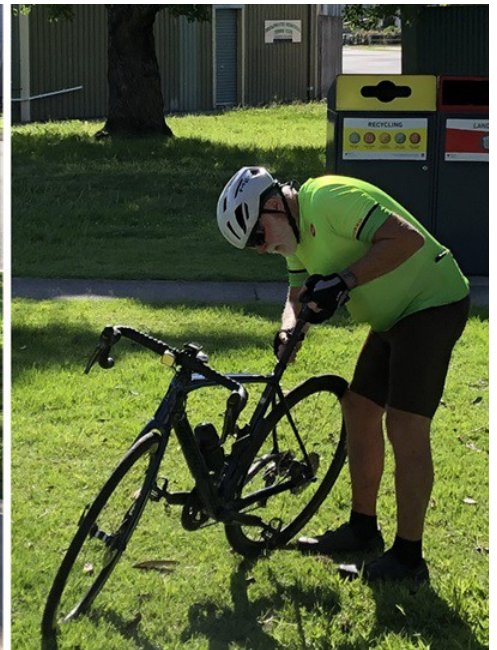
It was Jack's birthday today and he kindly shouted everybody to a coffee. He is now 79 years young.

## Sunday Report

- Peter

Twelve riders left Ballina for Broadwater. Four of them (Tom, David, Richard and myself) took up the challenge to ride an extra twelve kilometres, via Bagotville road, and meet the others at Broadwater before they headed off back to Ballina.

Tom performed well considering his recent three weeks leave from riding; but he also had bike troubles. His seatpost was giving him minor problems along the way. At Broadwater he tried to put it right but to no avail. However, he fixed the problem before the next ride (Monday, today).



On our way to Broadwater, whenever we came across a hill, both David and Richard rode away from Tom and I. Their performance once again brought it home that Tom and I need to lose our excess weight if we are to stay with them.



The trip to Broadwater, and back to Wardell, was both quick and taxing. So from Wardell to the ferry along River Drive was governed back to around 30 kph. At the ferry, the four of us was well cooked. There was no Cafe cup back to the Proper Cafe.

Talking about the Cafe, the owners Anke and Michael Fellner, have sold their business and are starting a new lifestyle called 'retirement'. Anke is seen in the photo above, talking with Bruce.

## CHANGES TO MONDAY RIDES

A lot of the faster riders often find the Monday (Regular's) ride as being of little benefit for the younger and fitter riders. We are all for a social ride, but we always ride single file which is not suitable for any social content/chat. The Monday ride is ideal for riders needing a recovery ride. It is also especially ideally suited for fifty plus year olds, and retirees, starting out on taking up cycling. We hope to recruit such riders to join the Monday Regulars.

There will be another group ride starting on Mondays, for riders who wish to go on a faster pace (27-30+ kph), leaving from the same place and time as the Regulars. The goal is to ride a little bit faster and farther than the regulars, but join the regulars at the ferry. And at least join them at the Cafe so we can maintain our long social standing with our Regular mates.

In saying this, The BBC Calendar will reflect where the two groups will be riding.

## UPCOMING EVENTS

**Northern Rivers Rail Trail Ride.** (click to open) December, Monday 11<sup>th</sup>. Ride starts at 8am from Mooball railway station. Ballina riders will be leaving in their cars from Coles car park area, next to Fox Street, by 7am... you may get a lift.

**Cliff Burvill Memorial Ride.** January, Sunday 21<sup>st</sup>. Ride starts at 7am from Meldrum Park, Ballina.

**Australia Day Ride.** January, Friday 26<sup>th</sup>. Ride starts at 7am from Coles car park, Fox Street, Ballina.

## Where to Race

**Byron Bay** <https://www.byronbaycycleclub.org.au/home-1> and/or

<https://www.facebook.com/byronbaycycleclub/>

**Yamba** <https://yambacc.tidyhq.com/> and/or <https://www.facebook.com/YambaCC/>

**Murwillumbah** <https://murwillumbah.tidyhq.com/> and/or <https://www.facebook.com/MurbahCycleClub/>

**Grafton** <https://graffon.tidyhq.com/> and/or <https://www.facebook.com/graffoncycleclub/>

## Where to Trail Ride

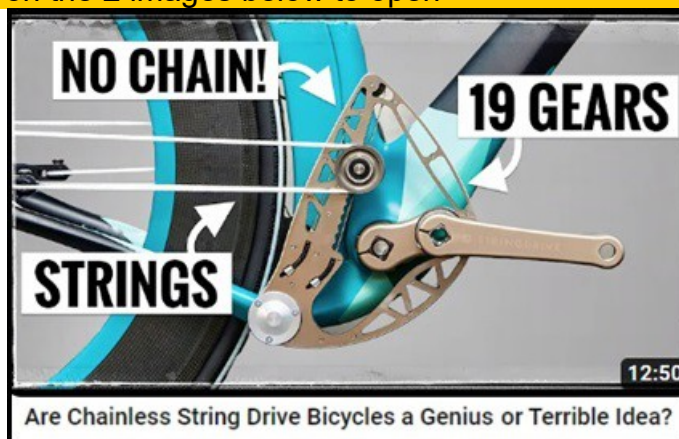
Here are a few links for our MTB club members to represent our club in:

**Kyogle MTB Club:** <https://www.facebook.com/kyoglemountainbikeclub>

## OTHER BITS & PIECES Click on the 2 images below to open



Contributed by Bruce Syme.





## SPONSORSHIP NEWS



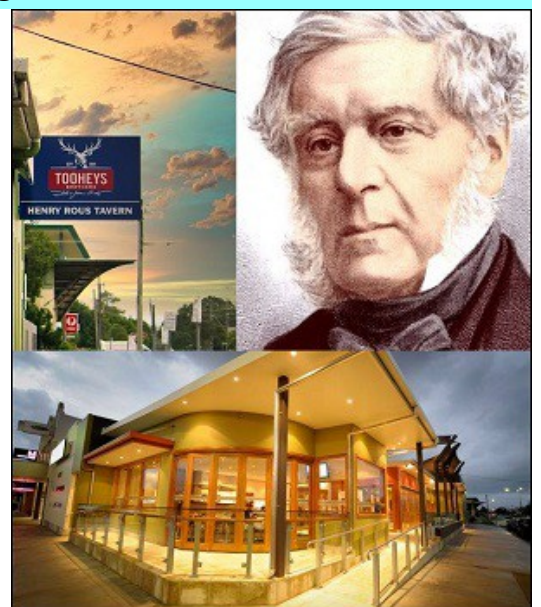
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158 River Street Ballina

<http://thebicycleemporium.com.au/index.html>

Subscribe to their newsletter:

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### THE HENRY ROUS TAVERN

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<https://www.henryrous.com.au>



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**6-DAY BALLINA (FORECAST).** Click image to open METEYE (2478 for Ballina).



**SPOT THE DIFFERENCE** The right-hand image has 10 alterations. Can you spot them?  
 Russell Mockridge and Hubert Opperman arrive in Sydney from Melbourne (1948)



Answer: [https://drive.google.com/file/d/19MogKPVM\\_aDa9Ez0AUbm-7BjDGBzF3Cc/view?usp=sharing](https://drive.google.com/file/d/19MogKPVM_aDa9Ez0AUbm-7BjDGBzF3Cc/view?usp=sharing)

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