



# BBCNEWSLETTER 2023.12.18

## BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – 51 - For week ending Sun 17DEC2023.

Monday – 12 (See report)

Tuesday – 2 (See reports)

Wednesday – 9 (See report)

Thursday- 3 (See reports)

Friday – 10 (See report)

Saturday – 1 (See report)

Sunday – 5+9 (See report)

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4 Week Free Trial Memberships

[BBC Certificate of Currency](#)

are available to anyone who has not held an AusCycling membership in the last 3 years.

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**BBC MEMBERSHIP & INSURANCE**

KEY: GREEN(slow) BLUE(med-fast)

### UPCOMING EVENTS

CLICK ON EVENT TO OPEN

#### WOODBURN

DEC Tue 19<sup>th</sup> 7AM. Coles, Fox St.

#### HOUGHLAHANS MTB

DEC Wed 20<sup>th</sup> 7 AM. Coles, Fox St.

#### WARDELL LOOP

DEC Fri 22<sup>nd</sup> 7AM. Coles, Fox St.

#### BROADWATER

DEC Sun 24<sup>th</sup> 7AM. Coles, Fox St.

#### XMAS DAY RIDE

DEC Mon 25<sup>th</sup> 7AM Coles, Fox St.

#### BOXING DAY RIDE (recovery)

DEC Tue 26<sup>th</sup> 6:30AM Coles, Fox St.

## Monday Rail Trail Ride DEC11th - Bruce

A lot turned up at Coles to load into vehicles for the drive to Mooball. Bob who was giving a lift to Jack, forgot part of his rack. After a later start at Mooball, some got lost on the way!

David \_ Mt bike, Richard H \_ gravel bike, Richard B \_ road bike, Bruce \_ road bike, Hugh \_ Elect bike, Gavin \_ flat bar road bike, struck out at good pace on the 3km of bitumen. Followed by Bob \_ Elect bike and John \_ Mt Bike; a new starter Greg Kingdom \_ Elect bike. Jack, Buster \_ elect bikes and Tony \_ road bike following.

The pace was firm up to the Burringbar tunnel. Bob decided to wait for the tailenders, but found he had a rear wheel puncture when starting to descend. (NO tools or spare tube) pumped up and continued to ride until tyre came off and tube rapped around axle. Lead riders were in Murwillumbah before they heard of the problem.

On the return trip they found Bob waiting with Tony, for Buster to ride back and bring a vehicle to retrieve Bob. The climb for the others back to the tunnel was hard, Bruce sounded like the puffing Billie in the kids book, "I think I can". A more pleasant ride was had from the tunnel back to Mooball, where all regrouped in the café for coffee and food, Gavin had the big potato scallop.

A long day for not many kilometres. Bruce who rode a road bike would ride a mt bike next time, as the edges were soft and dangerous, concentration was extreme on the road bike. Well we can all say we have done it now.

## Tuesday Reports - David, and Shorty

Dave: Rode solo to Woodburn using River Drive and Blackwall Drive arriving at 08:26AM. Return was via the classic Inland route arriving in Ballina at 10:50AM.

Shorty: Tuesday down the Hi-way 22ks turn around and back home, I was going farther but forgot I had to be somewhere else.

## Wednesday Reports - David, Bruce, and Shorty

David: Richard and Dave met at Wardell and travelled on Wardell Road Marom Creek Road and Tuckean Island Road to Dungarubba. Return was by Broadwater Road, Bagotville Road and Old Bagotville Road. We had just remarked that we might be lucky enough to avoid the weekly dust bath. Unfortunately on crossing under the freeway, two very fast moving large dump trucks set up the biggest baddest persistent dust cloud we have ever seen. It took us until after coffee and a Wardell pie each before we could breathe normally.

Despite this, it is always a quiet pleasant ride for the most part. Richard is in training for Cairo to Cape so he also road from Ballina return.

Bruce: From Coles car park, Big Richard S, visitor Hugh, Bob (on pedal bike), Bruce, Jack (elect) and Buster, headed for Ferry both ways, all had a great ride. Bruce has a theory that since River Drive has a 70 kmh speed limit the traffic to the ferry has reduced considerably, there was only one car crossing at 8.30am to Ballina! All the better for cyclists. Coffee at Proper Café as good as you can get.

Shorty: Wednesday down the Hi-way to New Italy, coffee a bit to eat, there were 12 mountain bikers have a coffee, then rode back into a headwind to Wardell and home along River Drive to ferry (106 Ks).

## Thursday Reports - David, and Shorty

Dave: Tom and Dave rode the Freeway and Blackwall Drive, Moylans Lane circuit starting at 06:30 AM. A fast ride downwind to Wardell and fairly fast all the rest of the way. We were back in Ballina before 08:00AM. On the way back we passed Hugh riding outbound on River Road.

Shorty: Thursday 33 Ks to Wardell using around the Friday course.

## Friday Reports - Peter

At last, after a few weeks away from the bike, I gave my legs another chance to test themselves. To be honest, I was quite pleased how they performed\_ in other words, I did not get dropped.

We headed to Pimlico road with a slight drizzle of rain. It stopped when we just got out of Ballina town. And just on the ramp onto the expressway, Gavin got a flat tyre. The repairs got a bit complicated due to the severity of the puncture (I was told). And that was not the only flat tyre either. I got a flat along the Hermans lane route. So by the time we got to Wardell, the Regulars have already arrived and continued to the ferry; so we Tom, David and myself carried on after a fifteen second stop.

On the way back, to the ferry, we decided to give Moylans lane a miss. We came across Bruce, Gavin, and Shorty as they came onto River Drive from Empire Vale road. They joined us to make a six rider group. When we had a few kilometres to go, Bruce took the lead and gradually took the pace up to about 37-38 kph. This truly tested my legs indeed. Then Tom took over near the end and raced us all to the ferry.



## Saturday Report - Shorty

Saturday 40 Ks down to South Ballina then via Empire Vale /Reedy Ck and Moylans Lane to Wardell and then back via ferry. Two large group of riders a group from Alstonville, the other perhaps from Byron came pass from Wardell heading for the ferry. Riding down Moylans Lane there was a grass fire under the control of the RFS but the smoke wasn't nice.

## Last Sunday Report DEC10th

- Bruce

The usual four David, Tom, Richard H and Gavin headed out quick down the M1 to the Broadwater exit where they waited for the others. The others were Bob on road bike, Bruce and visitor Hugh who went down M1 to the Coolgardie exit and onto Wardell. Shane and Dave turned into Pimlico with Buster, Jack Elects and Tony. Shane and Dave powered away and caught Bob, Bruce and Hugh. All road together to Wardell, waited to see if others were coming, left but noticed others were coming in the distance, slowed and all regrouped for the ride into Broadwater. All 12 riders left Broadwater together and rode back together, having a great ride.

## Sunday Report Vintage Bike Ride

- Peter

Due to poor fitness (over-weight), I found this 67 km ride hard going. We rode to Pimlico, Signata Rd, Wardell, Bagotville Rd, Broadwater, back to Wardell via Blackwall Drive, and to Ballina via River drive. I was the last rider up the hills, last to Broadwater and to Ballina ferry. I got dropped a few times, and even missed the ferry. Even so, the five of us (John O', John P, Gavin, Simon, and myself) were still able to ride steel bikes, up the hills, twelve extra kilometres, and get back to Ballina before the Regulars.

John O' was the strongest rider, and often rode us off without knowing about it. Simon also rode very strongly. Both Gavin and John P rode bravely to hang onto the other two most of the way.

We met the Regulars at Broadwater as they were about to head back to Ballina. After a brief break, we chased after them. John O' and Simon passed the regulars before Wardell, but Gavin, John P and myself could only catch the Regulars just as we approached the entry into River Drive from Blackwall Drive.

The pace was still too high for me along River Drive, and consequently got dropped not long after Empire Vale.



## UPCOMING EVENTS

**BBC Committee Meeting.** December, Wednesday 20<sup>th</sup>. 6 pm, Henry Rous Tavern.

**Boxing Day Ride.** December, Tuesday 26<sup>th</sup>. 7am from Coles car park, Fox Street, Ballina.

**Cliff Burvill Memorial Ride.** January, Sunday 21<sup>st</sup>. Ride starts at 7am from Meldrum Park, Ballina.

**Australia Day Ride.** January, Friday 26<sup>th</sup>. Ride starts at 7am from Coles car park, Fox Street, Ballina.

## Where to Race

**Byron Bay** <https://www.byronbaycycleclub.org.au/home-1> and/or <https://www.facebook.com/byronbaycycleclub/>

**Yamba** <https://yambacc.tidyhq.com/> and/or <https://www.facebook.com/YambaCC/>

**Murwillumbah** <https://murwillumbah.tidyhq.com/> and/or <https://www.facebook.com/MurbahCycleClub/>

**Grafton** <https://grafton.tidyhq.com/> and/or <https://www.facebook.com/graftoncycleclub/>

## Where to Trail Ride

Here are a few links for our MTB club members to represent our club in:

**Kyogle MTB Club:** <https://www.facebook.com/kyoglemountainbikeclub>

## 6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).



## OTHER BITS & PIECES Click on the 2 images below to open



## SPONSORSHIP NEWS



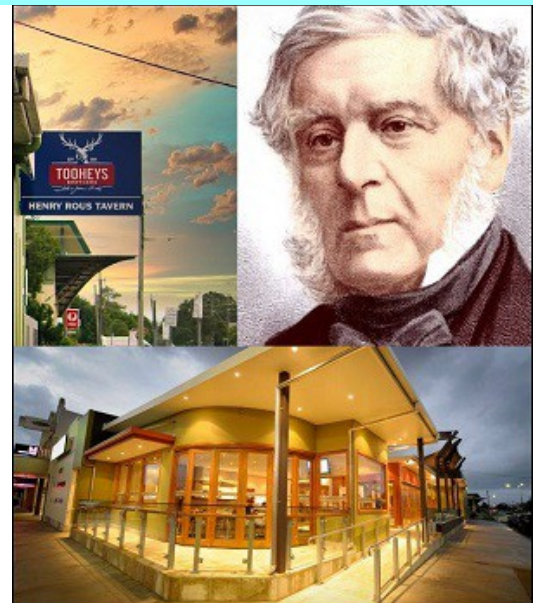
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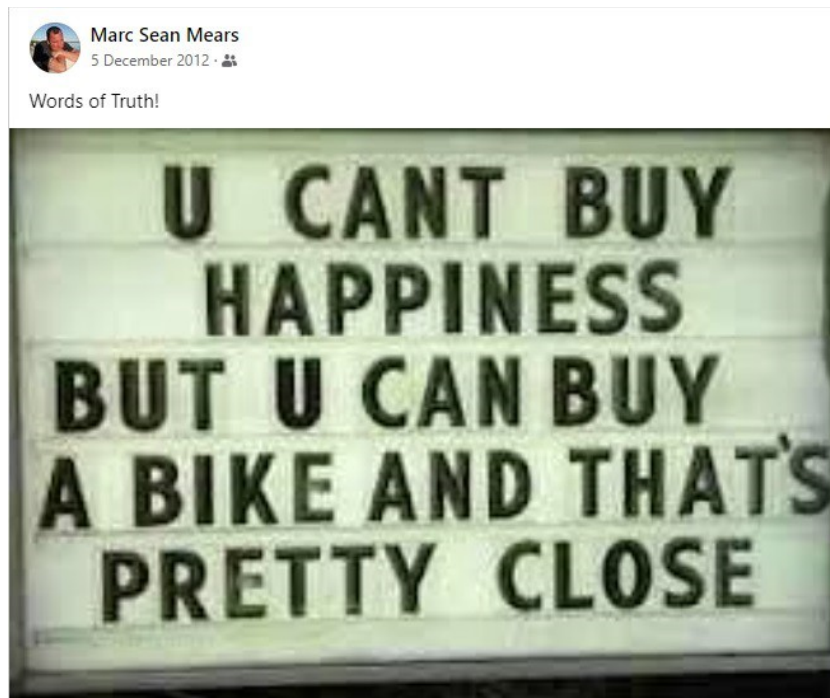
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**SPOT THE DIFFERENCE** The right-hand image has 10 alterations. Can you spot them?



Answer: <https://drive.google.com/file/d/1ZsTbN9pj6-431XScekawcOo1Sm-KPAPy/view?usp=sharing>



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