



BBCNEWSLETTER 2024.01.15

BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – - For week ending Sun 14JAN2024.

Monday – 13+1 (See report)

Tuesday – 2+1 (See report)

Wednesday – 6+1 (See reports)

Thursday- 3 (See report)

Friday – 15 (See reports)

Saturday – 1+1 (See report)

Sunday – 11 (See reports)

The +1 is Peter doing his own early rides.

Join our mailing list: bbclubnews@gmail.com

4 Week Free Trial Memberships

[BBC Certificate of Currency](#)

are available to anyone who has not held an AusCycling membership in the last 3 years.

CLICK TO OPEN

BBC MEMBERSHIP & INSURANCE

KEY: GREEN(slow) BLUE(med-fast)

UPCOMING EVENTS

CLICK ON EVENT TO OPEN

WOODBURN

JAN Tue 16th 7AM. Coles, Fox St.

MTB RIDERS CHOICE

JAN Wed 17th 7 AM. Cole, Fox St.

WARDELL LOOP

JAN Fri 19th 7AM. Coles, Fox St.

CLIFF BURVILL MEMORIAL RIDE & VINTAGE BIKE RIDE

JAN Sun 21st 7AM. Henry Rous Tavern, Tamar Village car park, Moon St.

EASY WARDELL RIDE

JAN Mon 22nd 7AM Coles, Fox St.

CLIFF BURVILL MEMORIAL RIDE

Please take note that the ride will start from Henry Rous Tavern (NOT from Meldrum Park).

CLIFF BURVILL MEMORIAL RIDE

- 1 Kalinga St
- 2 Teven Rd
- 3 North Teven Rd
- 4 Teven Rd
- 5 Pimlico Rd
- 6 Wardell (refreshments)
- 7 River Dr
- 8 Burns Point Ferry
- 9 Kalinga St

Sunday 21st January.
7am start.
Henry Rous Tavern.
Tamar Village car park,
Moon Street.

MORE UPCOMING EVENTS

Australia Day Ride. January, Friday 26th. Ride starts at 7am from Coles car park, Fox Street, Ballina.

2024 Time Trial Training. The Ballina Bicycle Club Committee decided at last committee meeting that the Training Time Trials be held at 8am on the second Saturday of each month.

The next one will be on Sat 10 February 2024.

Monday Report

- David

Thirteen riders had a pleasant dry ramble down River Road and Moylans Lane to Wardell. Everyone finished together at the ferry and continued on to a group breakfast at the Proper Cafe. Riding conditions were excellent. Cheers Dave

Tuesday Report

- David

Dave and Gavin had a fast wind assisted glide down the freeway to Broadwater and even more assistance to Woodburn. There was no detectable wind while we had coffee at Woodburn, but strangely enough the wind reappeared as another tail wind on the way home. Using Blackwall Drive

and the freeway and without any stops on the return leg we were back at the ferry roundabout by 10:17AM, so this was a very fast trip.

Despite the forecast , there was no sign of rain and not even any punctures. The return avoided the ferry which was out of service. - Cheers Dave

Wednesday Reports

- David and Bruce

Hugh, Bruce and Dave headed up the hills following the complete set of hill climbs. The ride was without rain and as always the scenery was as good as it gets. We all took an interest in the historic Ballina to Booyong rail route as we climbed up Houghlahans Creek Road. Bobby, Dirko and Tom rode on the flat to Wardell and back over the ferry. Tom also did some meandering over North Teven a couple of times. The hill riders were too slow to suit Tom. As always an enjoyable ride. Cheers Dave .

6 riders met at Coles. Kevin and Bob to ride over ferry to Wardell return, Tom on his road bike did the Fernleigh ride on his own, Bruce on mt bike was struggling behind Hugh on his electric and suggested to Dave he would go to Wardell, but Dave said he would like Bruce to come over the hills at his speed. (Very slow). So 3 rode the hills to Fernleigh very slow except for the down hills. All met back at Proper Cafe for coffee. Bruce still thinks fast flat rides at speed are better than slow hill climbing. - Bruce

Thursday Report

- David

Dave ventured down the freeway and Blackwall Drive to Wardell and back on River Road. This was an early departure at 06:30AM. On the return to the ferry he met up with Pete and Johnny Cash (Simon in black) on steel bikes. Simon rode a tip special where the appearance was deliberately contrived to appear like the bike had been freshly freed from the tip. Deceiving because the bike had 40 gear combinations.

Friday Report

- David and Bruce

Fourteen riders headed out at 7AM. The divided into three groups. The fast group used Pimlico Road and Hermans Lane along with River Road and Moylans Lane. In the finish only Pete and Dave rode the full route. Another group avoided the lanes (except for Tom who used Hermans Lane) whilst the third group rode exclusively on River Road. This worked well as the first two groups met at the ferry, and the slower group were not too far behind. Everyone was able to ride at their preferred pace and enjoyed a coffee together at the Proper Cafe. - David

About 17 riders met Coles. After a little settling in down Fox St, Peter wound up and took a group very quickly out of town, then David took the lead, then halfway to the Pimlico turn, David slowed and as the group were rounding a pantek doing 100 plus passed inside a metre. Peter, David, Tom and Mark turned left into Herman's lane. Paul went straight ahead. The others waited at the memorial for Tony but continued after waiting over 5 minutes with no Tony. A group of 4 Kevin, Jack, Bob and Buster went over the ferry. A regroup at Wardell found that Marc* had gone missing? Think it was the need for food and drink at Wardell shops? John (from Ballina heights) led the 2nd group most of the way, sitting around 33kph, Richard Brown dropped out, then Paul dropped out causing gaps which caused Hugh unable to reconnect. At the ferry most arrived like Browns cows. Tables were at a premium at coffee with the large groups. This is the best Bruce can remember, running at his max heart rate 130, head down arse up! - Bruce

* So what happened to our friend Marc? (See page 3).

Saturday Report

- David

Dave waited at Empire Vale at 8 AM to provide a timing service to any time Trial aspirants. Gavin turned up on a TT bike as he was going to Sydney for a week and needed the experience. He did not have his aero helmet and because of this his lap time was slightly longer than his preceding TT ride. The weather was cool with little wind as might be expected from the choice of an 8AM start.

Sunday Report

- Bruce and David

Eleven riders met at Coles. Pete and Dave left town ahead of the bunch and the 2 headed down the M1 to Broadwater exit. The other turned into Pimlico with a regroup at the memorial. All rode together to the Wardell Stop. Bob, Kevin, Jack and Tony returned via the ferry. Shaun, Bruce, 4 Bob, Dave and Tom headed for Broadwater, Tom was on a time limit and after leading to Andersons Creek

corner, turned for home. The other continued to Broadwater, passing Pete going in the other direction. David had waited at Broadwater and after a refreshment stop, all headed back to Wardell averaging over 30kmh. Then a short stop at Wardell before taking off to the ferry at a brisk 33 to 35k by 4Bob. Shaun then took over at 34 to 36k, with a slight tail wind. 4Bob not being use to drafting dropped off and David went back to help. All enjoyed their coffee at the Proper Café. The ride via Pimlico, Signata rd, Blackwall Rd, Broadwater and return via Ferry is a 55 km distance. - Bruce

11 riders appeared for the start. The ride once again split into three groups. Peter and Dave headed down the freeway at relatively high speed considering the occasional headwind. The other 9 riders travelled down Pimlico Road. 5 riders including Tony, Bobby, Jack and Dirko turned around at Wardell. 4 others including Bruce, David, Shane and Bob3 continued down Blackwall Drive to Broadwater to find Dave waiting for them. Peter had already returned by himself. After a rest, these five commenced a high speed return to Ballina. Dave led at 30-31Km/Hr back to Wardell Bob3 then took the lead and headed off at 35-37Km/Hr. This proved ill judged as he then ran out of puff and rode behind the bunch back to the finish. Dave then took over the lead at 35-37Km/Hr downwind to the Ferry with Shane leading at 42 Km/Hr at the very end. The wind made this a very pleasant ride. - David



Marc Sean Mears is in Wardell, NSW.

11h · 🧑

After a return to a new job, jet lag, post covid lungs and 6 weeks off the bike I have to say I'm struggling and have rebelled on the club ride. Let them bury themselves in the heat and humidity!

It's time for a mid ride coffee and pie. After all...life is for living eh? 😊



Richard Hughes African Trail Update

Received JAN 09: A couple of photos showing bikes with loads carried on the heads of the riders!!! One of them the rider's load is a wide tray of bread on a bridge crossing The Nile. By the time I got my phone out he was a fair distance away.



Received JAN 09: First morning before jumping on the bikes. Back up transport if bike didn't arrive on time.



Where to Race

Byron Bay <https://www.byronbaycycleclub.org.au/home-1> and/or <https://www.facebook.com/byronbaycycleclub/>
Yamba <https://yambacc.tidyhq.com/> and/or <https://www.facebook.com/YambaCC/>
Murwillumbah <https://murwillumbah.tidyhq.com/> and/or <https://www.facebook.com/MurbahCycleClub/>
Grafton <https://grafton.tidyhq.com/> and/or <https://www.facebook.com/graftoncycleclub/>

Where to Trail Ride

Here are a few links for our MTB club members to represent our club in:
Kyogle MTB Club: <https://www.facebook.com/kyoglemountainbikeclub>

6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).



4-CAST
Forecast for Ballina

	Tue. 16 Jan	Wed. 17 Jan	Thu. 18 Jan	Fri. 19 Jan	Sat. 20 Jan	Sun. 21 Jan
Max (°C)	27	28	28	29	29	30
Min (°C)	21	21	21	21	22	21
Chance of rain (%)	95	80	70	70	70	50
Rainfall range (mm)	4 to 20	0 to 7	0 to 5	0 to 3	0 to 4	0 to 1

OTHER BITS & PIECES Click on the 2 images below to open



A New way
22:51
Bicycle hubs - A complete re-design.



TAVERN
The Craziest 6 min biker film, you will ever see! (1967.)



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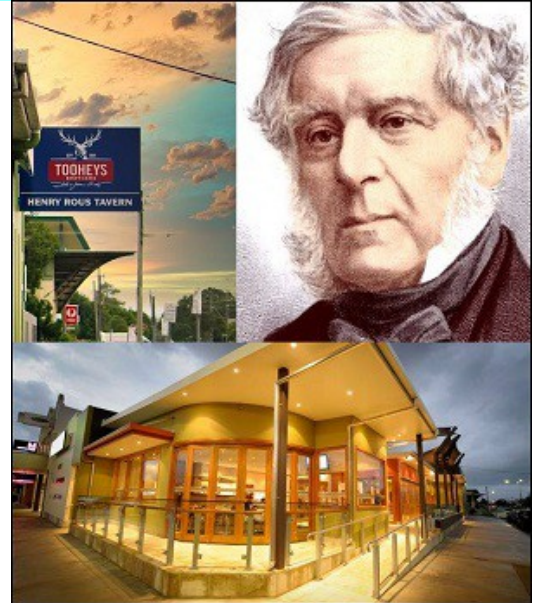
THE BICYCLE EMPORIUM

158 River Street Ballina

<http://thebicycleemporium.com.au/index.html>

Subscribe to their newsletter:

<https://www.thebicycleemporium.com.au/>



THE HENRY ROUS TAVERN

177 River Street Ballina

<https://www.henryrous.com.au>

SPOT THE DIFFERENCE The right-hand image has 10 alterations. Can you spot them?



Answer: <https://drive.google.com/file/d/1tNikL0vvo358dYoAsfw9Fkd6kdVJzZ9Y/view?usp=sharing>

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