

BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – 16 - For week ending Sun 11FEB2024. (A very wet week)

Monday – 8 (See report)

Tuesday - 4 (See report)

Wednesday - ()

Thursday- ()

Friday – () Saturday – ()

Sunday - 3 + 1 (See report)

Join our mailing list: bbclubnews@gmail.com

4 Week Free Trial Memberships

BBC Certificate of Currency

are available to anyone who has not held an AusCycling membership in the last 3 years.



CLICK TO OPEN

BBC MEMBERSHIP & INSURANCE

KEY: GREEN(slow) BLUE(med-fast)

UPCOMING EVENTS

CLICK ON EVENT TO OPEN

WOODBURN-85

FEB Tue 13th 7AM, Coles, Fox St.

HOUGHLAHANS MTB

FEB Wed 14th 7 AM, Coles, Fox St.

WARDELL LOOP

FEB Fri 16th 7AM. Coles, Fox St.

VINTAGE BIKE RIDE riders choice

FEB Sun 18th 7AM, Henry Rous Tavern. **BROADWATER**

FEB Sun 18th 7AM. Coles, Fox St.

EASY WARDELL RIDE

FEB Mon 19th 7AM Coles, Fox St.

MORE UPCOMING EVENTS

Committee Meeting. FEB Wed 21st @ 6pm. Henry Rous Tavern.

Monday Report - David

Eight riders started together. The agreed plan was to travel to South Ballina and then down to Keith Hall Road and then down River Drive to the Roadworks. The idea was to cover the same distance as a normal Wardell return without riding on the stony cement dust of the roadworks. Unfortunately the plan fell apart when several riders arrived at the entrance to Keith Hall Lane. The only riders to complete the route were Shorty and Dave. Several of the others had a drastically short ride even though the road surface was good and there were no hills. I personally found this very disappointing and begin to wonder why they bother to turn up when riding does not seem to be of interest.

Tuesday Report - David

Four intrepid Pedalers launched at 7 A M with a view to ride to Woodburn, Gavin, Tom, Dave and John M from Alstonville. John is a very capable rider and he establish a very high pace downwind to Broadwater. By the time Gavin and Tom reached Woodburn they were substantially cooked. After coffee and food, the return pace along the inland route was reduced to 29-30 km/hr with all the leading done by John and Dave. I feel that everyone gave it their all and were satisfied with the experience.

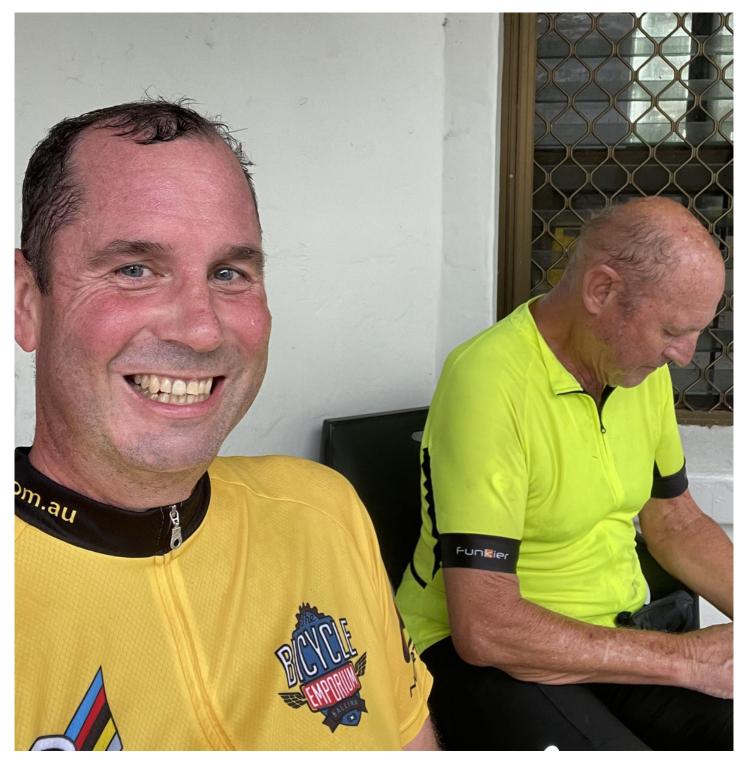
Cheers Dave

Sunday Report - Marc and David

<u>Marc's report:</u> The weather forecast seemed to have an effect on attendance with only South African Dave and myself starting the ride. We decided that Wardell and back would be enough and we could join the rest of the club for coffee around 8. The first half of the ride was dry but slow going into a stiff headwind. Down the highway and turning off at Pimlico, Dave commented on the dry weather.

This needs to become a forbidden subject because within 10 minutes the entire hosts of heaven dumped on us and we pulled in to Wardell pie shop as wet as otters pockets! The reciprocity in this was that we met Daniel, a young rider up here from Sydney and he joined us for the rest of the swim.

Wardell to the ferry was a deluge but a stiff tailwind saw us at the ferry in the blink of an eye. The heavenly hosts still one more swamping for us and we pulled in to The Proper Cafe dripping all over the floors but very happy that we had beaten everyone else who took the lie in as their preferred option. A great ride channelling our inner Jens Voigt.



Marc and Dave.

<u>David's report:</u> Dry toes Dave demonstrated his ability to remain free of pluvial disadvantage. Leaving at 1320 hrs he followed the freeway, Blackwall Drive and River Road with a side trip to the end of the bitumen at south Ballina. There was zero sign of the dreaded wet stuff. He was very pleased to cover 217km for the week Monday to Sunday with only three riding days available.

Mark, David and a friend from Sydney rode in the very wet morning for inexplicable reasons and Mark was still dripping water from his boots at the finish of the coffee session. Cheers Dave

Richard Hughes African Trail Update #6

- Richard

I am in Uganda after 2 weeks in Rwanda, "the land of a thousand hills". The country side is beautiful, with fertile agricultural land growing tea, bananas, potatoes, corn, etc on well cared for farms. Cooperative farming is widespread so people benefit from their labour. There is a monthly community

working time set aside when everyone does community work. The country enforces a no plastic bag policy and so the country is very clean.

The Genocide is acknowledged with Genocide Memorials throughout the country. The <u>Genocide Memorial in Kilgali</u> was exceptional in its presentation, candour and thoroughness.

The bike riding has been challenging, with significant climbs, but enjoyable.







Hi hi hi

Where to Trail Ride

Here are a few links for our MTB club members to represent our club in: Kyogle MTB Club: https://www.facebook.com/kyoglemountainbikeclub

Where to Race

Byron Bay https://www.byronbaycycleclub.org.au/home-1 and/or https://www.facebook.com/byronbaycycleclub/

Yamba https://yambacc.tidyhq.com/ and/or https://www.facebook.com/YambaCC/

Murwillumbah https://murwillumbah.tidyhq.com/ and/or https://www.facebook.com/MurbahCycleClub/

Grafton https://grafton.tidyhq.com/ and/or https://www.facebook.com/graftoncycleclub/

OTHER BITS & PIECES Click on the 6 images below to open



Richard is involved with this video







Contributed by Richard Stevenson





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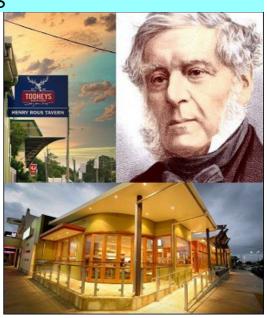
THE BICYCLE EMPORIUM

158 River Street Ballina

http://thebicycleemporium.com.au/index.html

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THE HENRY ROUS TAVERN 177 River Street Ballina https://www.henryrous.com.au

6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).



Forecast for Ballina						
	Tue. 13 Feb	Wed. 14 Feb	Thu. 15 Feb	Fri. 16 Feb	Sat. 17 Feb	Sun. 18 Feb
		2				
Max (°C)	28	30	29	29	29	29
Min (°C)	21	19	21	22	22	22
Chance of rain (%)	20	10	70	60	60	60
Rainfall range (mm)	0	0	0 to 4	0 to 3	0 to 1	0 to 1

SPOT THE DIFFERENCE The right-hand image has 10 alterations. Can you spot them?





Answer: https://drive.google.com/file/d/11nNk3oiSJxagkoUMIWHute-3CEbyP00K/view?usp=sharing



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