



# BBCNEWSLETTER 2024.03.18

## BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – 9+ - For week ending Sun 17MAR2024.

Monday – ? ( )

Tuesday – 3 (See report)

Wednesday – 2+2 (See report)

Thursday- 1 (See report)

Friday – (Rain)

Saturday – (Rain)

Sunday – 1 (See report)


Join our mailing list: [bbclubnews@gmail.com](mailto:bbclubnews@gmail.com)

4 Week Free Trial Memberships

[BBC Certificate of Currency](#)

are available to anyone who has not held an AusCycling membership in the last 3 years.

CLICK TO OPEN



**BBC MEMBERSHIP & INSURANCE**

KEY: **GREEN**(slow) **BLUE**(med-fast)

### UPCOMING EVENTS

CLICK ON EVENT TO OPEN

#### WOODBURN-85

MAR Tue 19<sup>th</sup> 7AM. Coles, Fox St.

#### TUCKEAN ISLAND MTB

MAR Wed 20<sup>th</sup> 7 AM, Wardell, Fitzroy Pk.

#### COMMITTEE MEETING

MAR Wed 20<sup>th</sup> 6PM Henry Rous Tavern

#### WARDELL LOOP

MAR Fri 22<sup>nd</sup> 7AM. Coles, Fox St.

#### BROADWATER LOOP 2

#### BROADWATER

MAR Sun 24<sup>th</sup> 7AM. Coles, Fox St.

#### EASY WARDELL RIDE

MAR Mon 25<sup>th</sup> 7AM Coles, Fox St.

## UPCOMING EVENTS

**Easter:** MAR Fri 29 – APR Mon 1<sup>st</sup>

**Daylight Saving Ends:** APR Sun 7<sup>th</sup> 3AM. Turn clocks back 1 hour.

**Time Trial Training:** APR Sat 13<sup>th</sup> 8AM Empire Vale School.

### Tuesday Report

- David

Three hardy riders set off for the Woodburn ride, Gavin, Shane and Dave. We traveled well to reach Woodburn by 8:30. After refreshments we set off on Kilgin Road and then the dreaded six climb Bagotville Road. After a short drink stop we continued non stop to Ballina. With the ferry closed we returned on the freeway and using a tailwind we were cruising at typically 37-42km/hr. This was exhilarating but it finally took its toll as the less experienced long distance riders stamina reached its limits.

The consensus was that the ride had been enjoyable, so hopefully the team will reassemble at the next opportunity.

### Wednesday Report

- David

Dave and Bobby (on electric) followed the classic Houghlahans Creek Road route. All went well until a misunderstanding broke up the duo at the base of Tintenbar hill. Dave did the low slow and muddy option while Bobby cruised over the hill on the bitumen.

Tom and Buster rode on the flat to Wardell and all four riders met at the Proper cafe afterwards.

### Thursday Report

- David

Dave did an early morning ride solo on the Freeway and Blackwall Drive to Wardell with a return along River Road and Moylans Lane. He was very pleased to have racked up 230km over three days given that rain is predicted for the next six days.

### Sunday Report

- David

An unusual day. Firstly it was coffee at 8 due to the rain and then unexpectedly it fined up. In an attempt to dodge between showers, Dave rode from East Ballina to the ferry and then back to the top of the hill at Cumbalum. Then he followed the beach path to Sharpes Beach and returned on the western path via Prospect Estate back home. Just as he was nearing home, it started to mist rain which was enough to dampen the riding gear. Total distance was bout 46km over two hours. It is not possible to travel quickly on most of the shared paths. He encountered three separate dogs off lead on the paths, so there are still plenty of selfish ignorant bums about.

- Cheers Dave

Hi Pete. I am fine. Will send an update email soon. We have been bush camping so poor internet after long days of cycling. Have a rest day on 14 March so will email you then.

Hi. I have been in Tanzania for almost 2 weeks. We cross the border to Malawi tomorrow.

Last week the group had a 3 day break from riding to do a safari to the Serengeti and Ngorong Ngoro Crater. Absolutely fabulous. The photos are a very small selection of the ones I took. It was staggering to not only see a wide selection of animals and birds large and small but also amazing to see herds of wildebeest and zebra stretching from horizon to horizon.

We rode 7 consecutive days until yesterday, riding 942 km and climbing 8493 metres with 397 km of the total on unpaved roads. So pretty strenuous and arduous. I am enjoying a rest day to regroup and prepare for the next stage.

We have ridden 4200km and climbed 41,236 metres since 12 January. The trip is over the halfway mark as far as time goes but a fair bit under half of the 9150 km distance.

Hope all is well in Ballina.

- Richard.





Photos in order of date (2024/03/01-11)

OTHER BITS & PIECES Click on the 2 images below to open



# MOYLAN'S

**SANS SOUCI HOTEL**  
**PHONE 58-7888**  
**GALA OPENING TONIGHT**

## THE NEW BEACH LOUNGE

Right on the water's edge with snack bar and games section. Seating for 800 persons with Resch's beer served icy cold.

DANCE TO THE MUSIC OF  
**BILL MURRAY AND HIS RHYTHM QUARTET**

**AMPLE PARKING**



**THE MOYLAN LOVELIES. DANCE TO THE MUSIC OF OUR FABULOUS QUARTET**

FUNCTIONS AND PARTIES SPECIALLY CATERED FOR

FREE DELIVERY OF YOUR FAVOURITE WINES, SPIRITS, RESCH'S BOTTLED BEER (9 & 18 GALLON KEGS ALSO DELIVERED and DRAWING EQUIPMENT).

After this, I will never see Moylans lane the same way again.

6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).



Forecast for Ballina

	Tue. 19 Mar	Wed. 20 Mar	Thu. 21 Mar	Fri. 22 Mar	Sat. 23 Mar	Sun. 24 Mar
Max (°C)	27	28	25	26	26	26
Min (°C)	19	20	20	19	19	19
Chance of rain (%)	80	60	90	70	70	70
Rainfall range (mm)	1 to 9	0 to 1	3 to 15	0 to 10	0 to 9	0 to 8

## Where to Trail Ride

Here are a few links for our MTB club members to represent our club in:  
**Kyogle MTB Club:** <https://www.facebook.com/kyoglemountainbikeclub>

## Where to Race

**Byron Bay** <https://www.byronbaycycleclub.org.au/home-1> and/or  
<https://www.facebook.com/byronbaycycleclub/>

**Yamba** <https://yambacc.tidyhq.com/> and/or <https://www.facebook.com/YambaCC/>

**Murwillumbah** <https://murwillumbah.tidyhq.com/> and/or <https://www.facebook.com/MurbahCycleClub/>

**Grafton** <https://grafton.tidyhq.com/> and/or <https://www.facebook.com/graftoncycleclub/>

## SPONSORSHIP NEWS



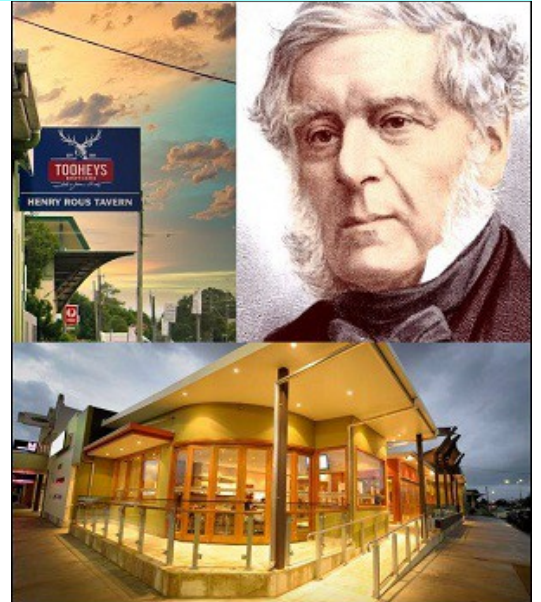
### THE BICYCLE EMPORIUM

158 River Street Ballina

<http://thebicycleemporium.com.au/index.html>

Subscribe to their newsletter:

<https://www.thebicycleemporium.com.au/>



### THE HENRY ROUS TAVERN

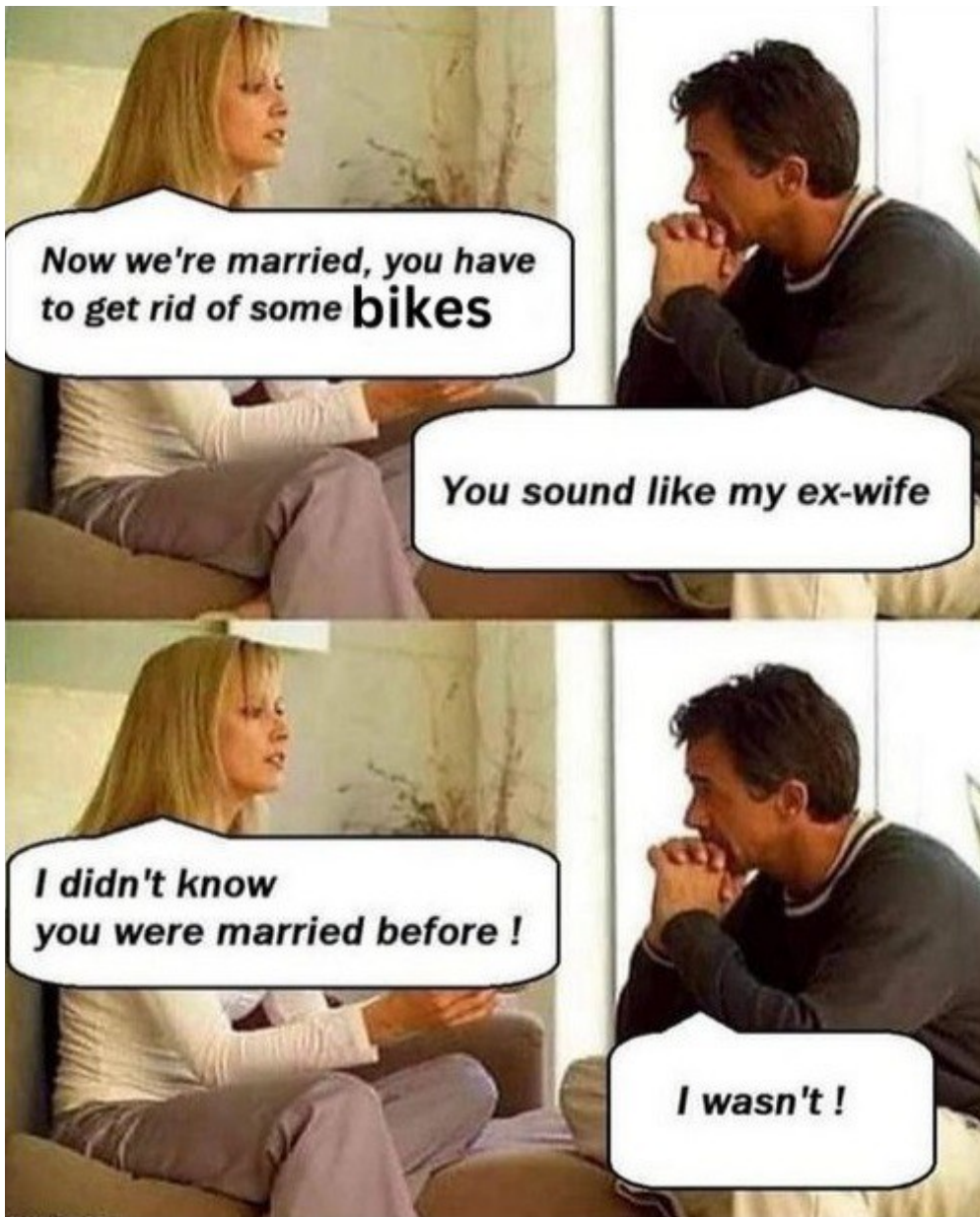
177 River Street Ballina

<https://www.henryrous.com.au>

## SPOT THE DIFFERENCE The right-hand image has 10 alterations. Can you spot them?



Answer: <https://drive.google.com/file/d/1rsaZWFdSobFIBuYbOUmK1UncbHIqqOAH/view?usp=sharing>



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