



BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – 22+ - For week ending Sun 31MAR2024. (Rain, rain, rain!)

Monday – 11 (See report)

Tuesday – ()

Wednesday – 1 (See report)

Thursday- 1 (See report)

Friday – 1 (See report)

Saturday – ()

Sunday – 8 (See report)

Join our mailing list: bbclubnews@gmail.com

4 Week Free Trial Memberships

[BBC Certificate of Currency](#)

are available to anyone who has not held an AusCycling membership in the last 3 years.



KEY: GREEN(slow) BLUE(med-fast)

UPCOMING EVENTS

[CLICK ON EVENT TO OPEN](#)

WOODBURN-85

APR Tue 2nd 7AM. Coles, Fox St.

TUCKEAN ISLAND MTB

APR Wed 3rd 7 AM, Wardell, Fitzroy Pk.

WARDELL LOOP

APR Fri 5th 7AM. Coles, Fox St.

BROADWATER LOOP 2

BROADWATER

APR Sun 7th 7AM. Coles, Fox St.

DAYLIGHT SAVING ENDS

Turn clocks back 1 hour

EASY WARDELL RIDE

APR Mon 8th 7AM Coles, Fox St.

UPCOMING EVENTS

Daylight Saving Ends: APR Sun 7th 3AM. Turn clocks back 1 hour.

Time Trial Training: APR Sat 13th 8AM Empire Vale School.

Monday Report

- David

Eleven riders were present at the start. We all stayed together at a modest speed until we reached Empire Vale Road, then seven of the faster riders turned off and shortly thereafter the pace increased. This proved a happy choice as the faster group completed the Moylans Lane loop just as the slower group also reached the end of Moylans Lane by the direct route on River Drive.. We all reassembled at Wardell.

The faster group set a higher pace on the downwind return on River Drive and reached the ferry first. The slower group as it turned out were not that much slower and easily reached the ferry well before it departed. Well done by all riders.

Tom and Dave did their usual "coffee cup" high speed return to the Proper Cafe where all the riders eventually gathered for coffee. Riding conditions were dry and cool but overcast.

- Cheers Dave

Wednesday Report

- David, Shorty and Tom

Dave did a solo afternoon ride without a dog. Dave does not have a dog. If Dave did have a dog it would be called "Phideaux Le Doyen". This would be necessary to establish the importance of the dog in the usual social hierarchy. Dogs are far more important than people as you will quickly discover when you ride on the shared pathways administered by Ballina Shire Council.

The route followed Teven Road, North Teven Hill and Houghlahans Creek Road, Kirklands Lane and across to Newrybar, Broken Head Road and Old Byron Bay Road. The return used the old Pacific Highway, the Freeway and the Cumbalum cycleway. Total distance was 70km home to home and without any noticeable pluvial phenomena. This is probably the most scenic ride in the Ballina area and is always enjoyed but there are lots of hills which is the price you pay for the scenery.

- Cheers Dave

Thursday and Friday Reports

- David

Dave snuck out between showers and rode down the Freeway and Blackwall Drive to Wardell, coming back on Moylans Lane and River Road. Total distance 55km home to home for each day. Total distance for the only 3 days of riding so far this week 180km, The Thursday ride left at 6:30AM and the Friday ride at 10AM in order to dodge the rain. As usual the forecasts were less than helpful.

It was better to go outside and look at the sky as well as a glance at the radar. It is difficult to invite other riders to join in due to the opportunistic departure times, the chance of being soaked and sometimes the speed needed to dodge the showers.

Sunday Report

- Peter and David

I am still recovering from injuries that occurred late February, so I cannot report much about Sunday's ride (Mar 31st). However, a visiting rider (Mike) joined the faster ranks of the ride to Broadwater and back. Mike particularly enjoyed the River Drive section from Wardell to the ferry; especially with a moderate tailwind.

David's last minute report: Eight riders were present for the start with Broadwater as the destination. Five faster riders headed down the freeway. Dave turned off at the Wardell exit leaving 3Bob, Dave, Gavin and young fit visiting rider Mike to continue down the Freeway to Broadwater. Mike kept the pace high so 3 Bob did very well to stay with the group. We were at the Broadwater rest stop for only a few minutes before the other riders joined the group. They travelled a slightly shorter distance down Blackwall Drive.

On the way back, the whole group travelled as one with the faster riders providing the draft all the way back to Wardell. Everyone enjoyed the ride and the conditions were dry and excellent. The faster riders added Moylans Lane to the distance but everyone arrived together at the ferry before the communal coffee gathering.

Bottom left to bottom right:

Mike, Buster, John, Bob, Tony, Gavin, and David. (Sth African - Dave went straight home after ride.)



continued

OTHER BITS & PIECES Click on the 2 images below to open



6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina).



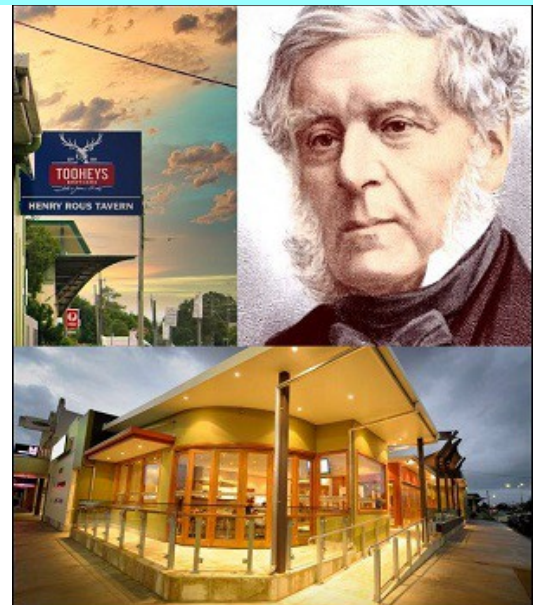
Forecast for Ballina

	Tue. 2 Apr	Wed. 3 Apr	Thu. 4 Apr	Fri. 5 Apr	Sat. 6 Apr	Sun. 7 Apr
Max (°C)	28	29	25	25	26	26
Min (°C)	17	19	19	18	18	17
Chance of rain (%)	20	90	95	95	70	60
Rainfall range (mm)	0	1 to 15	10 to 50	7 to 35	0 to 15	0 to 2

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Where to Trail Ride

Here are a few links for our MTB club members to represent our club in:

Kyogle MTB Club: <https://www.facebook.com/kyoglemountainbikeclub>

SPOT THE DIFFERENCE The right-hand image has 10 alterations. Can you spot them?



Answer: https://drive.google.com/file/d/1Uq78OFh2oxTtZS_UFzBxpdfLx5agmX/view?usp=sharing

APPLEMAN 172.8MM CRANKS

Being neither 175 nor 165, Appleman's new 172.8mm crank length hits a sweet spot for ALL riders that until now, has been completely untapped by the cycling industry. The company promises the 0.3mm fraction of a millimeter will revolutionize the industry. "With our research collaboration with the Institute of the Arbitrarium, we've developed a number so odd, so completely random that it doesn't even split the difference."



Hope you enjoyed our April Fool's bits and bobs.

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