

Monday Report

Eleven riders were present for the start. The group split into six faster riders who travelled down Moylans Lane and five slower riders who only travelled on River Drive. There was a reasonable headwind going to Wardell but at least there was nothing but sunshine. By letting the faster group go ahead of the slower group, the timing worked perfectly. This allowed the faster group to catch the slower group a short distance before the ferry. There was a short wait for the ferry to arrive which put all riders on the ferry together. This could also have been achieved by the faster group waiting two or three minutes longer at Wardell.

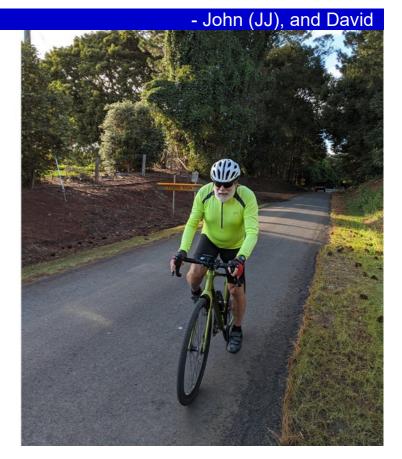
Back at the coffee shop the group swelled to twelve.

Wednesday Reports

Ride reports for Wednesday 22 May.

<u>John's Report</u>: Four tough roosters reported to Coles carpark for a midweek morning ride. Buster and Jack planning a Wardell 'out and back' along the river and Tom and myself looking forward to the Wednesday hinterland ride via Houghlahans Creek Rd. Before departing, we planned to meet up for coffee to exchange our respective adventures. The weather looked promising and at 7 am sharp, we departed with high expectations.

Tom and I experienced some comfortable climbs through the hinterland hills with spectacular mountain views along Kirkland Lane. Of note was Tom's descending skills down Fernleigh Road. He would have impressed Tom Pidcock - very skilled and quick. A photo of Tom Pidcock Senior is attached. The normal water obstacle crossing



- David

on Old Bangalow Road was not as high as previous weeks but enough to exercise caution whilst riding through.

We guickly returned to the Proper Cafe via the normal route to see that the other mid week roosters had already finished. There was bragging with cheeky grins that they were already on their second coffee by the time Tom and I arrived. From all accounts Jack and Buster experienced the "perfect ride" (Buster's words) by timing their arrival perfectly in sync with the ferry at both sides of the river. You can't learn those skills by just reading books. Chapeau to Jack and Buster.

All in all, another great morning to ride and share a coffee with friends.

David's Report: I woke up early morning and the ground was dry so I dressed in my riding gear and was about to wheel the bike out when down came the rain. End of story. The weather turned at midday so I rode out to North, Teven Road, then onto Houghlahans Creek Road, Kirklands Lane and Newrybar Road. I travelled through Newrybar out along Broken Head Road to Zentfelds Coffee. This looks like a very nice place to stop for coffee on a morning ride. Then onto Old Byron Bay Road, Tamarind Drive and the Freeway, turning up the hill to the Cumbalum Bike Track (Cliff Burvill). Adding in the return to East Ballina, the total distance was 72km giving a 2 day total of 126km (Monday and today). This is the best of the best scenic rides as it takes in big views from all directions. Cheers Dave

Thursday Report

Dave did an early morning circuit around the Freeway, Blackwall Drive Moylans Lane and River Drive. Due to obligations the Thursday ride usually leaves well before 7AM. The weather was fine and conditions good including a nice tailwind coming back to the ferry.

Friday Report

About seven riders turned up to enjoy the brisk temperature and the dry conditions. Three riders disappeared down Hermans Lane, John O, Pete and Dave. Pete had to slow down after reaching the Pimlico riverbank township, so John and Dave draughted him to the end of Riverside Road where he turned back to join the Freeway back to Ballina. John O. and Dave continued at pace through Wardell where Richard Slingsby was waiting alone. We then rode to Movlans Lane where the remaining riders were sighted just leaving the eastern end of the lane. We pushed hard until we again encountered Richard just before the ferry pumping up a tire but not asking for help. He had not used Moylans Lane addition.

Amazingly, the entire group less Richard came together at the ferry. This included Bruce, Bobby, Buster and Tom. Dave was pleased to have amassed 245km for the four fine or partly fine riding days.

Sunday Report

Seven riders were at the start. In regards to the faster group, we started with four riders (Tom, David, Marc and myself). However, Marc had running-gear problems and could not continue, and basically went straight back home - disappointed.

The trip to Broadwater along the Expressway was done while encountering a slight SW wind. Both David and Tom took care of me throughout the ride. At first they took longer turns and at a slower tempo. As the ride progressed I started to feel better and I did my best to match their leading efforts, but could not quite get up to par.

I thought that we would have a much faster ride on the trip from Broadwater, but that was not the case. We got a slight tailwind here and there, but it was more of a crosswind, as if we were dealing with a WSW wind.

We met the slower group (Richard S. Jack S, Bob) at the cafe, and had a good catch-up chat with everybody as we usually do.

- David

- Peter

- David

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Old School vs. Modern Cycling Group Ride Methods

6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina)



Forecast for Ballina						
	Tue. 28 May	Wed. 29 May	Thu. 30 May	Fri. 31 May	Sat. 1 Jun	Sun. 2 Jun
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Max (°C)	23	23	23	24	23	20
Min (°C)	13	13	14	16	17	12
Chance of rain (%)	70	30	60	80	90	70
Rainfall range (mm)	0 to 2	0 to 1	0 to 1	0 to 3	3 to 15	0 to 15

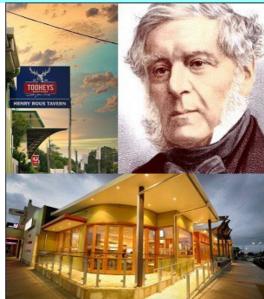
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Answer: https://drive.google.com/file/d/1ZaMnfhdKYpXtlGb3GDgd6-68g2iqoDdg/view?usp=sharing

Interviewer : What is the goal of chasing cyclists?

Dog: The goal is to push their limit and improve their speed.



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