



BBCNEWSLETTER 2024.06.03

BALLINA BICYCLE CLUB RIDE ATTENDEES

For the week – 25 - For week ending Sunday 02JUN2024.

- Monday – 5
- Tuesday – 2
- Wednesday – 3
- Thursday – 1
- Friday – 3
- Saturday – 3
- Sunday – 8

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4 Week Free Trial Memberships

[BBC Certificate of Currency](#)

are available to anyone who has not held an AusCycling membership in the last 3 years.



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BBC MEMBERSHIP & INSURANCE

KEY: **GREEN**(slow) **BLUE**(med-fast)

UPCOMING EVENTS

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WOODBURN-85

JUN Tue 4th 7AM. Coles, Fox St.

HOUGHLAHANS MTD

JUN Wed 5th 7 AM, Coles, Fox St.

WARDELL LOOP

JUN Fri 7th 7AM. Coles, Fox St.

SATURDAY MYSTERY RIDE

JUN 8th 7AM, Henry Rous Tavern

BROADWATER LOOP 2

BROADWATER

JUN Sun 9th 7AM. Coles, Fox St.

EASY WARDELL RIDE

JUN Mon 10th 7AM Coles, Fox St.

Monday Report

- Peter

From my poor memory, I believe there were five riders; Tom, John, Gavin, Shorty and myself. We rode the usual Monday Wardell ride. There was a SW wind, but not strong, except it felt like it was by the time I got to Wardell. On the way back, the pace did increase.

Tuesday Reports

- David, and Shorty

David and Gavin jointly decided to ride despite a threatening weather forecast. We had a pleasant ride to Broadwater on the Freeway at a steady and moderate pace. There was a slight headwind into Woodburn.

Refreshments consisted of coffee and a potato scallop each as a taste tryout hmmm.. As we were leaving Woodburn we looked behind to see a very large dark cloud mass. Being fraidy cats we pushed fairly hard to stay ahead of the front and we seemed to be succeeding until Dave had a rear wheel in/out puncture. This lead to some very choice phrases carefully selected by Dave but after 20 minutes we were mobile again and using a mostly tailwind made good time back to the ferry. We arrived about 5 minutes too late for the ferry so Dave's puncture cost us about 30 minutes of wasted time in total.

Dave arrived home about 30 minutes later and was putting his bike away just as the rain front arrived. Gavin had a similar experience. Perhaps it was "Fortune favours the brave" or "Some idiots will gamble on anything."

Shorty's report: I rode down the freeway passed the Broadwater overpass and home over the bridge at Wardell and along River Drive to the ferry. 66 k.

Wednesday Reports

- John (JJ), David, and Shorty

Pies, Trials and Potholes.

Three intrepid souls turned up at the Wardell tennis courts for the midweek ride. Dave, Gavin and myself unloaded our trusty gravel steeds on a chilly but sunny morning.

The ride was generally flat other than a few inclines on Wardell and Marom Creek Roads. A comfortable pace was set noting that our off road bikes are more like draft horses than racing thoroughbreds.

Off note was Gavin's surprise trial of a new style of riding helmet that was light weight, warm and resembles a 'beanie'. Dave and I weren't sure if it was built to the same Australian Standard as the helmet Gavin left behind in his car but at least it was great for warming ears from all reports.



Tuckean Island road had quite a few potholes that were negotiated with caution however the remaining gravel roads were generally hard and smooth. This enabled the team to quicken their pace towards the end, though thoughts of a hot Wardell pie with coffee could have added some extra team incentive. There was some dispute if Gavin's aero helmet (nay ear warmer) trial had some influence on our final average speed. Looking forward to your technical report being published for peer review Gavin!



Over our post ride nourishment there was some very interesting discussions on English literature classics and family military history. Every ride is a new school day riding with these two lads.

Thanks Dave and Gavin for another enjoyable ride.

David's report: Three brave souls, Gavin, John and Dave arrived at Wardell before 7AM. Then the construction workers arrived and parked us in.

They are building a new playground. Nevertheless we set off in nice fine weather conditions and rode out to the start of Tuckean Island dirt road which is near "The Devils Elbow" It was very quiet and peaceful however there were hundreds of water filled potholes which were not a problem if you kept your eyes out and travelled slowly.

Along the way we had fun chasing cattle on three occasions, but each time they quickly retreated into the pastures. The size, weight and speed of running cattle is very impressive. Gavin sighted a couple of what he concluded were [Jabiru Storks](#). Old Bagotville Road dirt sections have been recently regraded so the surface is nice and smooth. We were back in Wardell at 9AM for pies and coffee which is always an attraction.

Shorty's report: I rode 118 k down the freeway to Tabbimoble and back through Wardell along the River Drive to the ferry. Stopped for a good bite very nice lassagne. A cross and head wind made like difficult down but it was very nice ride back to Ballina even though I had to ride through a couple of showers. Had a slight head wind going down south, but the wind changed and so head and side wind coming home.

Thursday Reports

- David, and Shorty

Dave took advantage of the early morning fine weather and rode the Wardell circuit including the Freeway, Blackwall Drive, River Drive and Moylans Lane. The start was just before 06:30AM due to other obligations. The three day total is 200km which isn't too shonky considering how hard it is to find dry conditions.

Shorty's report: I rode the Friday Ride without coffee at the Proper Café, 31 k.

Friday Report

- David

An unusual trio consisting of Gavin, Dave and Bobby on the Electric Dream rode down the old highway to Broadwater with each member contributing leads. This was a dry and enjoyable trip and given the weather forecast a happy outcome. Tony and Jack rode separately to Wardell, and we all arrived at the coffee shop within a very short time window.

Saturday Reports

- David, Peter, and Shorty

Pete and Dave were joined by a sixteen year old William from Wollongbar. The route followed Pimlico Road and River Drive. We were taking advantage of a brief window of fine weather before the storms arrived. The pace was generally around 31km/hr but increased to 33km/hr nearer the ferry with a short section at 36km/hr. William easily held his position with the group and even did short leads. We all enjoyed a coffee afterwards. Hope to see him again some time. Despite the rain Dave rode a total of 320km for the week.

Peter's report: Mark, from The Bicycle Emporium, asked me to contact William and arrange a ride with him for Saturday. My task was to help William to pick up some of the important aspects of road cycling.

From the start, it was good that David was also with us. After introductions with William and his mother, we headed off to Wardell via Pimlico road. David and I did the leading while William's main task was to, at his own pace, desensitise himself from the fear of drafting behind another rider. We also taught him the basic calls and hand signals.

William said he usually rides between 25 – 30 kph, but we soon found out that he had no trouble riding non-stop to Wardell at 30-31 kph. After a brief stop at Wardell, we took off again, but at a slightly higher pace. After Empire Vale I got William to lead us back to the ferry. He done a marvellous effort all the way to the ferry, and gave all the correct callouts and signals.

At the proper cafe, we all had our refreshments. It was then that I found out that you don't get a biscuit, but a marshmallow, with your hot chocolate drink. Mmm, I might order a hot chocolate, instead of a coffee, for myself next time.

As David said, we hope to see him again some time.

Shorty's report: I rode 45 k, which found myself riding to South Ballina, around, Empire Vale lane, Reedy Creek, Moylans lane to Wardell and back except going down to South Ballina. Nice tail wind down to Wardell. Only one other rider out and about.

Sunday Report - Peter

We started with eight riders (David, Tom, Marc, Gavin, John, Dave, Bob, and myself). Bob was the only one on an e-bike. We headed for Broadwater via Pimlico Rd and Blackwall Drive to Wardell and carried on to Broadwater.

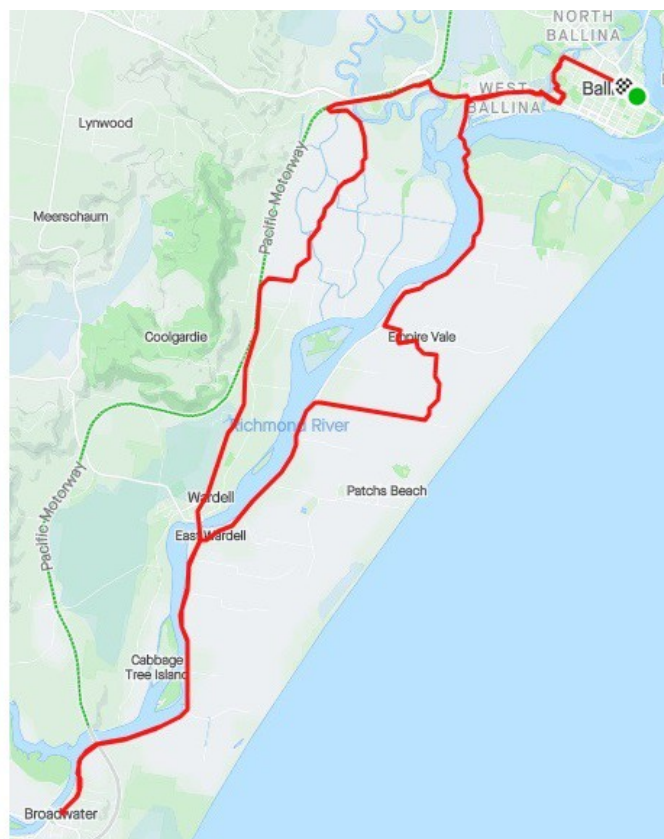
We had to deal with a WSW wind on the way down, and at times we headed straight into it. When we did it was quite unrelenting. I believe it was on such an occasion, not far from Ballina, that Dave got seriously discouraged and decided to head back home. *Been there, done that.*

David and John were the stronger riders. John is riding very well these days, though I think he was always capable but now less reserved to show it. We all in our own way (except for David) were tested on the trip to Broadwater.

We had short spell at Broadwater. It was here that David dropped an idea to do Moylans lane on the way back (so he can reach his 400km goal for the week). You should have heard all the protests, it was quite funny. Spoiler alert: it was not confirmed at the time until John, who was leading at the time, stuck his right arm out as we approached Moylans lane. David got so excited that he surged across the corner and flew down the lane with a tailwind. We had to do close the gap asap to stay as bunch, and it was a bit of a struggle for some.

The trip back from Broadwater was not as easy as we hoped. It was more crosswind than anything else. No headwinds, and the only tailwinds were in Moylans lane and a little bit along Kalinga Street.

We missed seeing Dave at the Proper Cafe. It was nice to see the sun out, for it seemed to add more vitality to our conversations... well for me anyway. Unfortunately, I injured myself again from the ride and will not be riding for a few days.



OTHER BITS & PIECES [Click on the 2 images below to open](#)



6-DAY BALLINA (FORECAST). Click image to open METEYE (2478 for Ballina)



Forecast for Ballina

	Tue. 4 Jun	Wed. 5 Jun	Thu. 6 Jun	Fri. 7 Jun	Sat. 8 Jun	Sun. 9 Jun
Max (°C)	19	21	19	19	21	23
Min (°C)	9	9	10	10	11	12
Chance of rain (%)	0	20	30	30	20	30
Rainfall range (mm)	0	0	0 to 1	0	0	0

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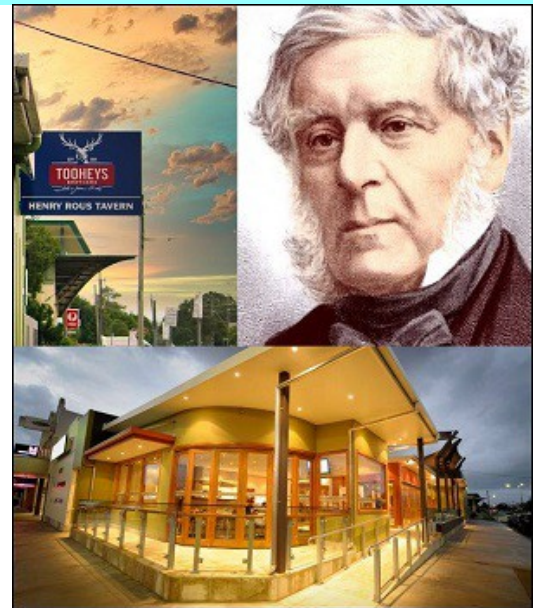
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158 River Street Ballina

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SPOT THE DIFFERENCE The right-hand image has 10 alterations. Can you spot them?



Answer: https://drive.google.com/file/d/1sOQlj8YudwYKlcg_hmQMCFEtub5gAYU3/view?usp=sharing



Poster contributed by Shorty.

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