Referred by: *			
Name: *			
Address*	City*	State*	Zip Code *
Cell Phone *	H. Phone	W. Phone	
Email Address: *			• 6
Date of Birth:*	Age: * Sex: *	Height: *	Weight: *
Employer*	Оссир	ation*	
Marital Status: * M S D W	No. of Children: * Boys/	'Ages: *	_ Girls/Ages: *
Spouse's/Partner's Employer:	Spouse'	s/Partner's Occi	upation:
Contact Person in Emergency	· *	Phone#	t: *
Have you ever received Chiro	practic Care? * Yes No	If yes, when?	70.
Name of most recent Chiropr	ractor: *		
Is Today's visit due to Auto Ir	njury or Worker's Comp? *	Yes No Sign	nature: *
1. Reasons for seeking Chir	ropractic care:		
Primary reason: *			
Secondary reason: *			
		curgory or car	re you've received for your com
2. Frevious interventions,	treatments, medications,	Suigery, or car	re you ve received for your comp
*			
3. Past Health History: *			
	you have a history of any of	•	
□ Cancer	□ Diabetes		Psychiatric disorders
□ Bipolar disorder□ Stroke/TIA's	□ Major depressi □ Anticoagulant u		□ Schizophrenia □ Bleeding problems
	h blood pressure/chest pain		problems/shortness of breath
			of the above
B. Previous Injury or	Trauma: *		
. ,			
C. Have you ever bro	oken any bones? Which? *		
-	-		

D. /	Allergies: *		
E. N	Medications: (Prov	ide list if nee	ded) **
ſ	Medication *	Reason	for taking*
С.	Surgeries: *		
Dat	e* 	Type of S	Surgery*
4.	Family Health His	tory: *	
Do	you have a family h	nistory of? (P	lease indicate all that apply)
	□ Cancer□ Neurological□ Psychiatric d□ Other	isease	☐ Strokes/TIA's ☐ Headaches ☐ Cardiac disease ☐ Adopted/Unknown ☐ Cardiac disease below age 40 ☐ Diabetes ☐ None of the above
De	aths in immediate f	amily:	
Ca	use of parents or sik	olings death	Age at death
Soc	ial and Occupation Job description: *	onal History:	*
Λ.			
В.	Work schedule:		
C.	Recreational activ	ties: *	
D.	Lifestyle (hobbies,	level of exerc	cise, alcohol, tobacco and drug use, diet): *

Review of Systems*

	following pulmonary (lung-rela hing □ COPD □ Emphysem	·	None of the al	oove
☐ Heart surgeries☐ Heart disease/problem	following cardiovascular (hear Congestive heart Hypertension Other	failure 🗆 Murmur 🗆 Pacema	s or valvular disease ker	□ Heart attacks/MIs□ Angina/chest pain
□ Visual changes/loss of v□ Headaches□ Strokes/TIAs□ Other	□ Memory loss □ One-sided decre □ None of the abo	ness of face or body eased feeling in the fac ove	□ Tremors ce or body	s □ Loss of sense of smell □ Vertigo
Have you had any of the ☐ Thyroid disease ☐ Diabetes	following endocrine (glandular Hormone replacement the Other	erapy 🗆 Inje	ctable steroid replace	ements
			s? ence (can't control)	□ Bladder Infections
□ Nausea□ Hiatal hernia□ Vomiting blood	following gastroenterological (Difficulty swallow Bloody or black ta Bowel incontinen	ring □ Ulce arry stools □ Par ace □ Col	erative disease ncreatic disease nstipation	 □ Frequent abdominal pain □ Irritable bowel/colitis □ Hepatitis or liver disease
□ Anemia□ Enlarged lymph nodes□ Hyper coagulation or d	eep venous thrombosis/histor ory use (Motrin/Ibuprofen/Na	bruising □ Sick □ HIV ry of blood clots aproxen/Naprosyn/Ale	positive	□ Anticoagulant therapy □ Regular aspirin use
Have you had any of the ☐ Significant burns ☐ Other	following dermatological (skin Significant rashes None of the a	□ Skir	grafts	□ Psoriatic disorders
Have you had any of the Rheumatoid arthritis Joint surgery Other	following musculoskeletal (bor Osteoarthritis Arthritis (unknown type) None	ne/muscle-related) iss Broken bones Scoliosis of the above	ues?	· · · · · · · · · · · · · · · · · · ·
Have you had any of the ☐ Psychiatric diagnosis ☐ Schizophrenia ☐ Other	following psychological issues Suicidal ideations Depression	□ Bipol	ar disorder niatric hospitalizations ve	□ Homicidal ideations

Symptom Questioner (EXAMPLE: Headaches, R Neck Pain, Low Back Pain)

Symptom 1*
 On a scale from 0-10, with 10 being the worst, please circle the number that best describes the symptom most of the time: 0 1 2 3 4 5 6 7 8 9 10
 What percentage of the time you are awake do you experience the above symptom at the above intensity: 5 10 15 20 25 30 35 40 45 50 55 60 65 70 75 80 85 90 95 100
When did the symptom begin?
o Did the symptom begin suddenly or gradually? (circle one) o How did the symptom begin?
What makes the symptom worse? (circle all that apply):
o Bending neck forward, bending neck backward, tilting head to left, tilting head to rig turning head to left, turning head to right, bending forward at waist, bending backward at waist, tilting left at waist, tilting right at waist, twisting left at waist, twisting right at waist, sitting, standing,
getting up from sitting position, lifting, any movement, driving, walking, running, nothing, Other (please describe):
 What makes the symptom better? (circle all that apply): o Rest, ice, heat, stretching, exercise, massage, pain medication, muscle relaxers, nothing, Other (please describe):
 Describe the quality of the symptom (circle all that apply): o Sharp, dull, achy, burning, throbbing, piercing, stabbing, deep, nagging, shooting, stinging, Other (please describe):
Does the symptom radiate to another part of your body (circle one): yes no o If yes, where does the symptom radiate?
 Is the symptom worse at certain times of the day or night? (circle one) o Morning Afternoon Evening Night Unaffected by time of day

Symptom 2		
Symptom Z		

om 2	
• On a scale from 0-10, with 10 being the worst, please circle the number that best describes the symptom most of the time: 0 1 2 3 4 5 6 7 8 9 10	
• What percentage of the time you are awake do you experience the above symptom at the above intensity: 5 10 15 20 25 30 35 40 45 50 55 60 65 70 75 80 85 90 95 100	
When did the symptom begin?	
o Did the symptom begin suddenly or gradually? (circle one) o How did the symptom begin?	
 What makes the symptom worse? (circle all that apply): o Bending neck forward, bending neck backward, tilting head to left, tilting head to right, bending forward at waist, bending backward at waist, tilting left at waist, tilting right at waist, twisting left at waist, twisting right at waist, sitting, standing, getting up from sitting position, lifting, any movement, driving, walking, running, nothing, Other (please describe): 	nt,
 What makes the symptom better? (circle all that apply): Rest, ice, heat, stretching, exercise, massage, pain medication, muscle relaxers, nothing, Other (please describe): 	
 Describe the quality of the symptom (circle all that apply): o Sharp, dull, achy, burning, throbbing, piercing, stabbing, deep, nagging, shooting, stinging, Other (please describe): 	

- Does the symptom radiate to another part of your body (circle one): yes no
 - o If yes, where does the symptom radiate?
- Is the symptom worse at certain times of the day or night? (circle one)
 - Night Afternoon Unaffected by time of day o Morning Evening

Is there anything else in your past medical history that you	ou feel is important to your care here?
I have read the above information and certify it to be true hereby authorize this office of Chiropractic to provide m statutes. If my insurance will be billed, I authorize paym for services performed.	e with care, in accordance with this state's
Patient or Guardian Signature: *	Date:*

HIPAA NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice of Privacy describes how we may use and disclose your protected health information (PHI) to carry our treatment, payment or health care operations (TPO) for other purposes that are permitted or required by law. "Protected Health Information" is information about you, including demographic information that may identify you and that related to your past, present, or future physical or mental health or condition and related care services.

<u>Use and Disclosures of Protected Health Information</u>: Your protected health information may be used and disclosed by your physician, our staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, pay your health care bills, to support the operations of the physician's practice, and any other use required by law.

Treatment: We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. For example, your health care information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

Payment: Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

Healthcare Operations: We may disclose, as needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, marketing, and fund raising activities, and conduction or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situations without your authorization. These situations included as required by law, public health issues, communicable diseases, health oversight, abuse or neglect, food and drug administration requirements, legal proceedings, law enforcement, coroners, funeral directors, and organ donation. Required uses and disclosures under the law, we must make disclosures to you when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

OTHER PERMITTED AND REQUIRED USES AND DISCLOSURES WILL BE MADE ONLY WITH YOUR CONSENT, AUTHORIZATION OR OPPORTUNITY TO OBJECT UNLESS REQUIRED BY LAW.

You may revoke this authorization, at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

*	*	
Signature of Patient or Representative	Date	
*		
Printed Name		

INFORMED CONSENT

Every type of health care is associated with some risk of a potential problem. This includes Physical Therapy care. We want you to be informed about potential problems associated with Physical Therapy care before consenting to treatment. In this office, we use trained personnel to assist the doctor with portions of your consultation, examination, physical therapy application, traction, massage therapy, exercise instruction, etc. Occasionally when your doctor is unavailable, another clinic doctor will treat you on that day.

Stroke: Stroke is the most serious problem associated with any therapy. Stroke means that a portion of the brain does not receive enough oxygen from the blood stream. The results can be temporary or permanent dysfunction of the brain with a very rare complication of death. Manipulation have been associated with strokes that arise from the vertebral artery only, this is because the vertebral artery is actually found inside the neck vertebrae. The manipulation that is related to vertebral artery stroke is called the "extension-rotation-trust atlas adjustment". We do not do this type of manipulation on our patients. Other types of neck manipulation may also potentially be related to vertebral artery strokes, but no one is certain. The most recent studies (Journal of the CCA, Vol.37 No.2, June 1993) estimates that the incident of this type of stroke is 1 per every 3,000,000 upper neck manipulation. This means that an average therapist would have to be in practice for hundreds of years before they would statistically be associated with a single stroke patient.

Disc Herniation: Disc herniation that create pressure on the spinal nerve or on the spinal cord are frequently successfully treated by manipulation, traction, etc. This includes both in the neck and back. Yet, occasionally manipulative treatment (adjustment, traction, etc.) will aggravate the problem and rarely surgery may become necessary for correction. Rarely manipulative treatment may cause a disc problem if this disc is in a weakened condition. These problems occur so rarely that there are no available statistics to quantify their probability.

Soft Tissue Injury: Soft tissue primarily refers to muscle and ligaments. Muscle moves bone and ligaments limit joint movement. Rarely mobilization, traction, massages therapy, etc. may tear some muscle ligament fibers. The result is a temporary increase in pain and necessary treatments for resolution, but there are no long term affects for the patient. These problems occur so rarely that there are no available statistics to quantify their probability.

Physical Therapy Burns: Some of the machines we use generate heat. We also use both heat and ice, and recommend them for home care on occasion. Everyone's skin has different sensitivity to these modalities, and rarely, either heat or ice can burn or irritate the skin. The result is a temporary increase in skin pain and there may even be some blistering of the skin. These problems occur so rarely that there are no available statistics to quantity their probability.

Soreness: It is common for resistance exercise, traction, massage therapy, etc., to result in a temporary increase in soreness in the region being treated. This is nearly always a temporary symptom that occurs while your body is undergoing therapeutic change. It is not dangerous, but please do tell your doctor about it.

Other Problems: There may be other problems or complications that might arise from physical therapy treatment other than those noted above. These other problems or complications occur so rarely that it is not possible to anticipate and/or explain them all in advance of treatment.

Chiropractic is a system of health care delivery and therefore as with any health care delivery system we cannot promise a cure from any symptoms, disease, or condition as a result of treatment in this clinic. We will always give you our best care, and if results are not acceptable, we will refer you to another provider whom we feel will assist your situation.

If you have any questions on the above please ask your doctor. I hereby authorize Welt Chiropractic PC. Clinicians and the staff to perform physical therapy treatment and physiological therapeutics on m.

*	*
Patient's Name (Printed)	Today's Date
*	*
Patient's Signature	Parent or Guardian Signature for Minor

AUTHORIZATION TO RELEASE MEDICAL RECORDS

Patient's Name: *	DOB: *
Information Requested: Diagnostic Re	ports [X-ray; CT; MRI; Bone Scan; NCV; EMG]
Emergency Room Records	
Other:	
This authorization shall become effecti request to complete the required activ	ive immediately and remain effective only as long as necessary for the rities undertaken.
I understand I have a right to receive a	copy of this authorization upon my request!
Signature of patient: *	
Signature of Spouse / Guardian: *	
Date of Request:	
Records are being requested from:	Welt Chiropractic PC.
	74 Taunton St Ste. 102
	Plainville, MA. 02762
	Phone: 508-643-0106 Fax: 508-643-0107
Please send records via: [MAIL F Dr. Hubert V Welt	FAX] with attention to:

74 Taunton St Ste. 102 Plainville, MA. 02762

Phone: 508-643-0106 Fax: 508-643-0107

NOTICE OF IRREVOCABLE LIEN AND ASSIGNMENT OF BENEFITS AUTHORIZATION FOR RELEASE OF TREATMENT RECORDS

PROVIDER'S LEGAL & EQUITABLE LIEN

Name of Practice: Welt Chiroprac	PC. Provider: Hubert Welt DC, DACO
Patient Name:*	Address:
City:	State: Zip:
I hereby to the extent of my treater and in all applicable insurance and including but not limited to: autor and health care coverage (major e	f the Provider named above to provide me with injury treatment service ent bills irrevocably assign to my Provider all my right, title and interest to demnification reimbursement benefits of applicable insurance companibile PIP (Personal Injury Protection) coverage; Medical Payment Coverage edical, medicare, private insurance or any other health plans) to which I for services rendered to treat me on and after the above date in
through Ch111§70D Mass. General furthermore authorize my Provide	evocable Equitable Lien and an Official Legal Lien as set forth in Ch111§76 Laws to and in any insurance benefits that may be due me and I to provide my attorney and any applicable insurance companies involved dition and treatment, including but not limited to office notes, dates of
	d all applicable insurance companies to make immediate payment direct nd sums due me that may be due him or her upon receipt by you of my eatment services rendered to me.
	any insurance company involved as herein directed to my Provider of arred the same as if paid by the insurer directly to me.
bills and further direct any Attorno or final disposition of my case an a	responsible to my Provider for the full amount of my unpaid treatment representing me to withhold from the proceeds upon any final settleme rount equal to that to pay any outstanding unpaid balance of my bills. The of an independent medical exam that discontinued my medical payments
Patients Signature: *	Date: *
Parent/Guardian Signature: *	Date: *

A photocopy of this form can be accepted with the same authority as the original.

FINANCIAL POLICIES

As a courtesy not mandatory to our patients, we will make attempts to verify your insurance coverage. Our office do NOT sell or negotiate insurance coverage from the company you purchased your insurance policy. You are responsible for knowing your coverage on the services (Chiropractic therapy) we provide. We do allow other payment options within the guidelines of the policy.

SELF PAY: We accept Cash, Check, Visa, MasterCard, and Discover.

COMMERCIAL INSURANCE: Patients are required to pay at the time of each visit. We will provide you with an itemized receipt that can be submitted to your insurance company for direct reimbursement to you if we are NOT a provider. All deductibles, co-payments and non-covered services are due at the time service.

BC/BS of MA; HARVARD PILGRIM; TUFTS; AETNA; UNITED HEALTH CARE, ETC: The doctor in this office is a participating provider for these insurance companies. When verification has been completed, we will accept assignment as specified by your particular plan. All deductibles, co-payments and non-covered services are due at the time of service.

MEDICARE: The doctor in this office is participation Medicare provider. All deductibles, co-payments and non-covered services are due at the time service.

WORKER'S COMPENSATION: Patients must complete an Industrial Accident Questionnaire. When verification has been completed and the proper forms are filed, we will accept assignment on work related cases. If the injury is found not to be work related and is denied by the insurance company and the Industrial Accident Board at 600 Washington St., Boston, MA, you are responsible for the payment of any bill either through your medical insurance carrier or yourself.

ACCIDENT AND PERSONAL INJURY: Patients are required to complete a Personal Injury Questionnaire and Accident Report Form. If the patient has been involved in an auto accident, this office also requires a copy of the accident report, coverage selection page of your automobile policy and a copy of your health insurance coverage. If an attorney is involved, you must return the Doctor's Lien Form within 10 days. When the proper forms are filed and verification has been completed, we will accept assignment for medical costs covered by your insurance. We will NOT accept assignment on deductibles, co-payments, on non-covered services.

I have read the information listed above. I understand that I am responsible for all charges from services rendered at Aspire Sports Medicine Inc. if my health insurance do not cover any service rendered.

NAME (print):*	DATE:
SIGNATURE: *	DATE:*

INSURANCE VERIFICATION FORM

1.	DATE:
2.	TIME:
3.	Name of Insurance Representative:
4.	"Hello, my name is"
5.	"I'm calling to verify Chiropractic coverage for MYSELF."
6.	"Do I have Chiropractic coverage under my plan?" YES NO
7.	When is my Insurance Policy Start/End date? :
8.	"How many Chiropractic visit is allowed per calendar year and start date?"
9.	"Is there a Deductible? If YES, how much?
	"Are any of the deductible USED to date?" YES NO
	"How much of the total deductible used?" :
10.	"Is there a Co-Pay or Co-Insurance for each office visit?" YES NO
	If YES how much?
11.	"Are therapy / modalities covered ?" YES NO Example: 97110
12.	"Are Bloodwork WORK covered?" YES NO
	If YES, What percentage is covered?"
13.	"Is X-RAY covered?" YES NO
	If Yes, What percentage is covered?"
14.	Are MRI covered? YES NO
	If Yes, What percentage is covered?"

New Patient Instruction

- 1. Fill out paper work completely in order to prevent further delay when coming to our office for your first office visit.
- 2. Please list all the current medication you are taking including self prescribed medication /supplements.
- 3. List surgeries, this information is critical in providing diagnosis for your complaints.
- 4. Please get copies (if possible) of imaging such as X-ray or MRI on CD associated to your condition that may have been taken within the past few years.
- 5. You can verify your insurance coverage to Chiropractic care before you come to our office by checking in your insurance web site or calling your insurance company by using the script we have attached (page 12). This are the same questions we ask the insurance representative to verify your Chiropractic coverage. You can bring this completed script with you on your first visit.
- 6. Your first office visit will take a minimum of one hour!
- 7. Our office is Located in Plainville, MA. Our address is: **74 Taunton St Ste 102, Plainville MA 02762**. We are the first building on your right when you turn into the Shepardville Park Office Complex near Loews and across the cemetery.
- 8. If you need to cancel or reschedule your appointment, <u>PLEASE</u> contact our office 24 hours before your scheduled time. We schedule one patient at a time. We have patients on waiting list to come in for treatment.

New Form/Paperwork Instructions

- 1. Please complete pages 1-2-3
- 2. Pages 4 and 5 are your primary concern/reason for your office visit. Print more page as needed
- 3. Complete Page 6
- 4. Page 7 is your confidentiality HIPPA form. Please read, sign and date
- 5. Page 8, please read sign and date
- 6. Page 9, please fill-in "Patient Name and DOB. Signature of patient or guardian. **ONLY**" This page is required to get copies of imaging reports such as X-Ray, MRI, etc. to help provide the best care of you.
- 7. Page 10 and 11, please read, sign and date
- 8. Page 12 insurance verification script/questions you can use to call your insurance company

Check List for New Patient Appointment VISIT.

- 1. Bring completed new patient paperwork with you to your initial office appointment
- 2. Bring a photo ID such as your license.
- 3. Bring your Insurance card
- 4. Bring any imaging (X-Ray, MRI, etc) on a cd if available
- 5. Please arrive several minutes early as we make every effort to be on time with everyone.
- 6. We look forward to meeting you in our office.