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Voices of Impact
Leading the Future and Shaping Change
The Women's Club - IWD 2026 Agenda

A Global Virtual Panel Discussion Marking Women's International Day 8th March

WOMEN'S INTERNATIONAL DAY



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Join the Conversation

Leading the Future, Together

We invite you to listen, reflect, and engage. Share your questions, your stories, and your voice. Today's dialogue belongs to all of us, because shaping a better future is collective work.



Ask a Question

Submit your questions for our panellists via the event chat throughout the session



Spread the Word

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Stay Connected

Follow our panellists and continue the conversation long after today's event ends

Plenary Speaker 14:05 – 14:20 pm GMT

Confidence Under Pressure: The Systems Shaping Women's Leadership, and the Skills to Navigate

10-Minute Keynote + 5-Minute Q&A

Bianca Errigo is a wellbeing expert, speaker, and founder of HumanOS. With a background in psychology and training in CBT, mindfulness, coaching, and fitness, she helps individuals and organisations build resilience without burnout.



Plenary Speaker 14:20 – 14:35

The Role of Women Investors and Founders in Deep Tech Diplomacy

· 10-Minute Keynote + 5-Minute Q&A

Prof. Dr. Vasiliu-Feltes is a globally recognized leader in emerging technologies and responsible innovation. Educated at leading institutions including Harvard and MIT, she advises governments, organizations, and international bodies on how frontier technologies can serve society in ethical and sustainable ways.





Plenary Speaker 14:35 – 14:50

Institutional Gaslighting? The Impact of Workplace Harassment Policies on Women

· 10-Minute Keynote + 5-Minute Q&A

Dr Enya Doyle, known as The Harassment Doctor, is a bold voice on leadership, accountability, and workplace culture. With a PhD examining sexism in the Church of England through music, her research sheds light on discrimination and institutional culture. A passionate advocate for marginalized voices, her work has been featured in Forbes, Diginomica, books, and leading podcasts worldwide.



Plenary Speaker 14:50 – 15:05

The Importance of Financial Literacy

· 10-Minute Keynote + 5-Minute Q&A

Yulia Stark is an entrepreneur, investor, and cross-border ecosystem leader with over 17 years of experience building business and investment networks across Europe and the GCC. Based between Brussels and Dubai, she serves as President of the European Women Association (EWA), connecting founders, investors, and policymakers to advance women's entrepreneurship and access to capital. She also co-founded the EWA Accelerator in partnership with the UAE Ministry of Economy.



Plenary Speaker 15:05 – 15:20

Path to a Resilient Future

10-Minute Keynote + 5-Minute Q&A

Prof. Dr. Anabel Ternès von Hattburg is an expert in sustainable leadership, innovation, and health. She is Professor of International Business at SRH Berlin University and Managing Director of the Institute for Innovation and Sustainability Management.

An entrepreneur and investor, she has founded several ventures focused on health, education, and social innovation, and previously held international leadership roles in global companies. A member of the Club of Rome and President of Club of Budapest Germany, Anabel has published over 55 books and is an award-winning voice on responsible innovation.

Panel Discussion 15:20 – 16:00 pm

Four Voices. One Powerful Conversation.

Today we bring together four extraordinary women whose work spans neuroscience, intercultural leadership, global investment, and holistic wellbeing. Each has forged a distinct path and together, their perspectives illuminate what it truly means to lead with purpose, resilience, and compassion in a rapidly changing world.

Global Reach

Panellists working across the Middle East, Europe, Asia, and beyond

Diverse Expertise

Wellbeing, inclusion, cross-cultural leadership, and resilience

Shared Mission

Shaping a more equitable, healthy, and connected future

The Central Theme

From Inner Coherence to Global Influence

The world is overstimulated, polarised, and rapidly transforming. Leadership today is no longer merely positional — it is **physiological, relational, and systemic**. Women are redefining power: not as dominance, but as coherence, clarity, and conscious influence.

Personal Vitality

Cognitive longevity as a leadership asset

Heart–Brain Coherence

Stress regulation for high-stakes environments

Global Leadership

Intercultural intelligence and ethical responsibility

Inclusive Innovation

Neurodiversity and impact investing

Meet the Full Panel

Four extraordinary leaders. Four unique disciplines. One shared commitment to shaping a better future.



Allison Liu

Certified Health Coach specialising in midlife wellbeing, sleep, and sustainable energy



Agnieszka Rachwał-Mueller

Intercultural communication expert, educator, and global leadership researcher



Hazleen Ahmad

Global impact investor, neurodiversity champion, and international senior advisor



Dr. Britta Simon

Resilience expert and neuroscience-based leadership coach, founder of KohaerenzCoach

Segment 1 · Sustainable Vitality

Midlife Wellbeing as a Leadership Strategy

Speaker: Allison Liu

Focus: Redefining personal vitality — sleep, energy stability, and mental clarity, as a **strategic leadership asset**, not a personal luxury.

Forward Angle: Position longevity and cognitive resilience as competitive advantages in the era of the 100-year life.

Key Questions Explored

- Why are sleep, energy stability, and mental clarity a strategic issue for leaders, not a personal indulgence?
- How does "brain fog" compromise decision-making and long-term influence?
- What sustainable micro-habits can global professionals adopt immediately?
- How can women in midlife redefine vitality as power rather than decline?

PANELLIST 01

Allison Liu

Certified Health Coach · Midlife Wellbeing Specialist

Allison Liu is a certified Health Coach dedicated to supporting wellbeing in midlife. She works with people in their 50s and 60s to stay active, healthy, and mentally sharp through sustainable lifestyle changes, with a particular focus on improving sleep, stabilising energy, and reducing brain fog.

Trained at the Institute of Integrative Nutrition, Allison leads workshops and works with clients worldwide, offering practical, science-informed guidance that fits seamlessly into real life. Her philosophy: lasting health is built through small, consistent choices.



Segment 2 · Heart–Brain Coherence

From Chronic Stress to Coherent Leadership

Speaker: Dr. Britta Simon

Focus: Neuroscience, heart rate variability (HRV), and the science of heart–brain coherence as the frontier of leadership performance.

Forward Angle: Leadership effectiveness will increasingly be measured not only by KPIs, but by nervous system regulation capacity.

Key Questions Explored

- What happens neurologically when leaders operate under chronic stress?
- What is heart–brain coherence, and why does it matter in high-stakes environments?
- How can HRV diagnostics reshape leadership development programmes?
- What is the future of resilience training in organisations?

PANELLIST 04

Dr. Britta Simon

Resilience Expert · Founder, KohaerenzCoach

Dr. Britta Simon is a resilience expert and founder of KohaerenzCoach, specialising in heart–brain coherence and stress regulation. Working at the intersection of neuroscience and leadership, she helps professionals transform chronic stress into clarity, stability, and sustainable high performance.

Using evidence-based HRV diagnostics and coherence training, Dr. Simon equips leaders with the neurological tools to lead themselves before they lead others.



Segment 3 · Global Leadership

Responsible Leadership in a Fractured World

Speaker: Agnieszka Rachwał-Mueller

Focus: Intercultural intelligence, ethical responsibility, and the role of women as **bridge-builders** across divided societies and polarised institutions.

Forward Angle: Future leaders must be interculturally literate and ethically anchored or risk irrelevance.

Key Questions Explored

- What does "Responsible Global Leadership" mean in practice?
- How does intercultural intelligence reduce conflict and polarisation?
- What leadership failures occur when cultural awareness is absent?
- How can women become bridge-builders in divided societies?



PANELLIST 02

Agnieszka Rachwał-Mueller

Intercultural Communication Expert · Global Leadership Academic

Agnieszka Rachwał-Mueller is a leading voice in intercultural communication and responsible global leadership. She currently leads the Ad Lucem Foundation, delivering impactful educational and social initiatives in intercultural dialogue — including projects in conflict-affected regions where dialogue matters most.

Agnieszka also teaches Global Leadership and Cross-Cultural Communication at Jagiellonian University and is completing a PhD focused on Responsible Global Leadership, bridging academic rigour with real-world impact.

Segment 4 · Inclusive Innovation

Inclusion as an Innovation Engine

Speaker: Hazleen Ahmad

Focus: Neurodiversity as a **strategic advantage**, inclusive leadership as an innovation multiplier, and the future of truly systems-oriented impact investing.

Forward Angle: Inclusion is not a moral argument — it is an innovation multiplier that boards and CEOs can no longer afford to ignore.

Key Questions Explored

- Why is neurodiversity a strategic advantage — not merely a CSR topic?
- How does inclusive leadership unlock innovation capacity?
- What does impact investing look like when it is truly systems-oriented?
- What must boards and CEOs fundamentally rethink in the next decade?

PANELLIST 03

Hazleen Ahmad

Global Impact Investor · Neurodiversity Advocate · Senior Advisor

Hazleen Ahmad is a global impact investor, neurodiversity advocate, and senior advisor with over three decades of international leadership experience across the Middle East, Europe, and Asia. As Deputy CEO of ION Global and Chair of the Institute of Neurodiversity Singapore, she champions inclusion as a strategic driver of innovation and resilience.



What Power Looks Like in 2035

The four dimensions explored today are **four pillars of a single, coherent leadership philosophy**: one that begins within, extends outward, and ultimately reshapes the systems we inhabit.

Vital

Sustained by energy, clarity, and cognitive longevity



Coherent

Regulated under pressure, anchored in the nervous system



Interculturally Fluent

Building bridges across difference with ethical clarity



Radically Inclusive

Unlocking innovation by honouring the full spectrum of human capacity

