
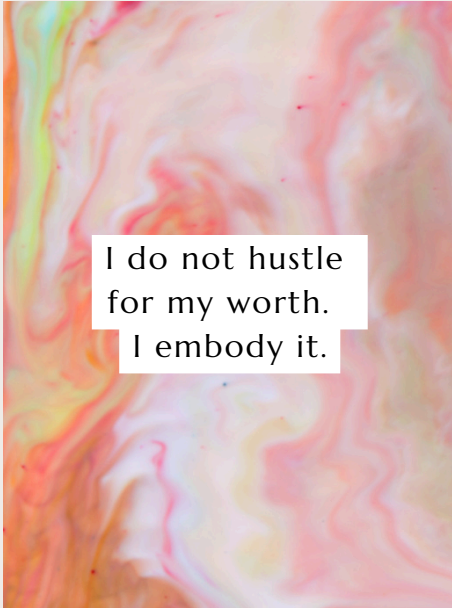



Affirmations for the Woman You're Becoming




I am not here
to shrink.
I am here to rise.




I do not hustle
for my worth.
I embody it.




I lead from
my intuition.
Not from fear.




I release the
old stories that
kept me small.




I trust my timing.
I trust my body.
I trust myself.



I honor the seasons
within me.



I am safe to
take up space,
speak my truth, and
honor my needs.



I don't need to
earn my softness
or apologize
for my power.