

Helpfulness Above All™

Free Online Guide™

**Featuring How to Have
The Most Mutually Helpful
Dialogs Possible™**



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Tim Mossman

**This is a Draft
Continually in
Development**



**You may jump
to the Help-
Preference
Profiler™, p. 37.**

⇒ On the PDF click here.

Before you start reading this,
go read the
HelpfulnessAboveAll.org
HOME PAGE

because it is the **best**
introduction to this guide.



That project / home page
form the overriding
context
for this guide.

On that home page, “details,”
“verifiable evidence,” “examples,”
and “ideas” refer you to this guide,
and those appear at the end of
the Endnotes herein.

A bit of that home page
is repeated herein.

What is most mutually helpful
for everyone in a situation
is often not totally clear.^E

We all just try our best.^E

And often there are
unintended consequences.^E

So continually monitor
what's happening,
and adjust as best
you can.^E

**I propose the “First Principles”^E
of Value Creation, on which
this guide is based, are that:**

- 1) Things only have value to us humans
to the extent we perceive they may
potentially help us. Which means to the
extent we perceive they may limit our
bother and suffering and / or increase
our enjoyment overall. We all sort
all we that perceive that way.^E**
- 2) Everyone intuitively helps themselves
by far the most in life, overall, by simply
helping other people the most they feel
they can physically and emotionally afford
to, in their work and personal life,
given their circumstances; and
at the very least by simply
not bothering others.^E**

So helping other people appears to be the source of all of our own greatest prosperity, peace of mind, credibility, trust, and thus our most affordable and rewarding lives possible.^E

**3) Like all perception, what people perceive to be most helpful is subjective.
E.g., what I find helpful you may find hurtful, and vice versa.^E**

4) Mutually helpful dialogs are the best way to sort that out. For details on how to have those, see that section in this guide.

5) Selfishness is impatient self-help that doesn't care if it bothers others, it is the opposite of helpfulness, and it destroys value, overall.^E

