

But **virtually no one** yet fully consciously puts or states that supremely profitable act above all else in all they say and do, **much less leaders.**^E And that severely limits the **economy**, and everyone's **trust in it**, and in helpfulness itself, and thus everyone's value, rewards, and prosperity, including yours.^E



So most or all of everyone's and the world's **problems**, in **relationships**, **work**, **finances**, **conflict**, **poverty**, **war**, **taxes**, **politics**, etc.



are as bad as they are due to our world's simple **LACK** of earning the rewards, prosperity, trust, and confidence to afford to mitigate them through

enough fully conscious help to other people.^E That is also

why the **opposite** of helpfulness, **selfishness**, especially

funded by \$ billions earned by helping, **impedes universal prosperity in** world as badly as it does today.^E



We define **helpfulness** as **limiting bother and suffering**, and / or **increasing enjoyment**, overall, for another person or other people. And **selfishness** as the attempt to help oneself feel better through the loss or bother of another person or other people, overall. – And those are largely subjective perceptions, based on individuals' experiences. So we strive to provide the most helpful words for you to collaborate with other people's perceptions, to fully consciously help them the most you can afford to in all the above ways.^E

And **WE SINCERELY APOLOGIZE** to everyone **WE have hurt** with **all of OUR past selfishness**, and for **NOT** fully consciously promoting helpfulness above all else **before now**, especially in the ways in this handbook. And we now commit to do that in all we say and do.^E

Thus we propose the **fastest** way for **YOU** to **recover** and **gain** the **trust**, **confidence**, **reward**, and **profit**, to **overcome** **YOUR past selfishness** likely includes **SINCERE APOLOGIES** from you to everyone **you hurt** + your **CONTINUAL FULLY CONSCIOUS ACTIONS** to repair **the damage and hurt you caused**, and only fully conscious help others from now on in all you say and do. Many receivers of apologies find they help them feel better.^E