

Free Online Guide™

To help you apply the ideas in the Helpfulness Above All™ promo note™ ...

**Help Make ALL the Difference
in the World. Free. Easy.**

Step 1: Screenshot / post this note, tagging media (usernames on our site) and leaders to help inspire them to put 3 words **FIRST** on all their screens:

Helpfulness Above All.

Because

*Helping others the most you feel you can, at work & otherwise, is how you & everyone' already build your own greatest trust, peace, prosperity, & the ECONOMY. **Not** making that our world's top priority lets the opposite of helpfulness, selfishness (impatient self-help that hurts others), esp. in politics & media, excessively impede those things, which we all NEED to afford to SOLVE PROBLEMS infinitely better: Uncertain incomes, inflation, recession, war, poverty, hunger, etc. - WITH the BEST ECONOMY POSSIBLE.*

This is NOT about working harder to help others / ourselves, but EASIER, overall.
- For everyone, including skeptical conservatives. Optional: GoFundMe \$10 to help w/ my Free Online Guide & Free Interaction App Plugin, get it first!
Step 2: That free draft guide can boost your benefits with everyone now!
*Even "selfish" people help others the most they feel they can. I always did.
For which I apologize. Tim Mossman ©9.23.2025 HelpfulnessAboveAll.org

... to everyday life, at work,
in relationships, politics, etc.
That note is on my homepage & pg 14.

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**Maximizing helpfulness for everyone,
Including, especially, conservatives.**



**Rough Draft
Under
Construction**

**The
Help-Preference
Profiler starts
on Page 21.**

In **that note** and in **this guide** I define “**help**” as
“**limiting bother and suffering, and / or**
increasing enjoyment, overall.”^E

And I observe that **things** only **appear** to have
meaning for us humans **to the extent** we
perceive they may potentially help us.^E

So for us humans, **self-helpfulness = meaning,**
in some form.

And please note that self-helpfulness *does not*
= selfishness. Selfishness is self-help that *hurts*
other people, overall. Whereas self-help is just
survival, self-preservation, living life, etc.^E

Of vital importance: Self-helpfulness is NOT
a “zero-sum game,” overall. In other words, what
helps me does **NOT** necessarily **hurt you**. In fact, **it**
always, ultimately, helps you immensely, overall.

In relatively **isolated** and **temporary** cases it may
seem to hurt you overall. But **thinking it does is by**
far the most destructive and self-destructive over-
generalization that humanity makes, across history,
causing political strife, war, suffering, starvation,
and death for billions. And that is currently vivid,
with all political strife, wars, etc. ongoing now.^E



That note and this guide are just my **observations and **opinions**, from my considerably entitled, English-speaking, white upper-middle class, western world, raised-by-conservative-parents, significantly college-educated, heterosexual American male perspective, as updated as possible. – **Observations and opinions that I strive to support with as much widely-verifiable evidence*** as I can document in the Endnotes.^E**

And I can be quite mistaken and miss many things. So please let me know if you think I have! Thank you!

Tim Mossman

***I strongly encourage journalists and politicians to start vividly citing**



widely verifiable evidence



for their words, and as an example for everyone to do so too, to maximize credibility and minimize **political strife, war, suffering, starvation, and death which ultimately results from the **lack** of that.**

E = Endnotes, now being written

The ultimate purpose of that promo note and this guide is to help inspire everyone to continually align their words and actions, as fully consciously and effectively as possible,

with the one by far most rewarding and profitable thing they already do nonstop 24/7:

Everyone continually helps themselves by far the most in life by simply helping other people at work and otherwise, the most they feel they can, overall.^E



And because that process ultimately guides ALL human behavior (unfortunately, now only partially consciously and effectively),

I call that process — The Vital Human Context.^E

And I aspire to not be a pain in the ass about that term.

E = Endnotes, now being written

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**That promo note^E shows how applying
a few vital details to that
"vital human context"
can transform
the whole world.**



Similarly,

**This guide shows how applying
a few vital details to that
"vital human context"
can transform
YOUR WORLD.**



E = Endnotes, now being written

For example, on a personal level:

Stephen Covey was riding a commuter train that had few other passengers.



A father got on with his 3 rowdy kids who bothered everyone, including Covey. And the father didn't seem to notice, or care.



Covey motioned to the father. And the father looked up and said, "Oh. Their mom just died. I'm sorry. I should control them better."



Immediately humbled, Covey applied that new, one vital detail and offering his deep condolence, "I'm so sorry," and he offered to entertain the kids, which he did.^E

E = Endnotes, now being written

So Covey applied that new, one vital detail to the vital human context to transform his, the father's, and his kids' worlds, all in and for that moment. – And also my world, ever since I read that story. It opened my eyes to **the role of vital details in that vital human context of everyday life.**^E

Some people refer to that kind of transformation as an application of the saying,

***“When life gives you lemons,
make lemonade.”***^E



Like Beyonce,



in her hit album she titled for that idea.^E

And “Lemonade” would fit this guide, which is all about continually transforming your and others’ worlds by being open to applying a few new vital details to greatly enrich your and others’ lives.^E

E = Endnotes, now being written

**And Covey's story is a vivid example that,
again,**

self-helpfulness is NOT a "zero-sum game"
(the idea that what helps me, hurts you, etc.),
overall, to which I referred on page 2.

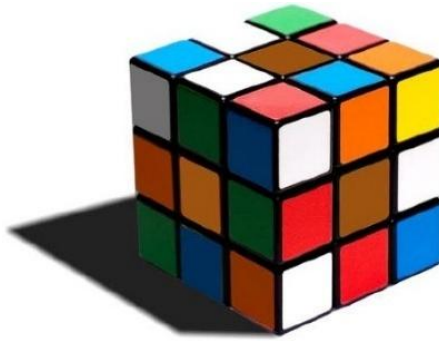
**It is also a vivid example of how
everyone helps others MOSTLY because
*it virtually always makes them feel
much better to do so, than not.***



**Virtually everyone gets pleasure from
helping others the most they feel they
can; to open a door, say "thank you,"
"you're welcome," "have a nice day,"
"would you like some of this?"
Etc. Billions of times daily,
nonstop, around the world.**



And that shows how certain new vital details **comprise 99.9% of a situation's opportunity to help other people, and thus ourselves.** And we ALL do that! So notice those opportunities! **ESPECIALLY WHEN ANYTHING BOTHERS YOU!** You likely just need one or more bits of data to transform that moment, at least for yourself. Maybe to just help you forgive someone instead of letting them bother you, or kill yourself a bit more with more cortisol inside you. Think, listen, ask questions, give benefit of the doubt, figure it out.^E



A more visual example is the combined contexts of each of the 3 visible sides of the above cube that likely **fool you into thinking their middle squares on the left is a different color than middle square on the other two sides.** While verifiable evidence shows they are the very same color.^E

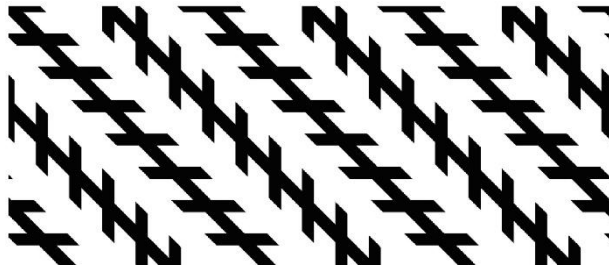
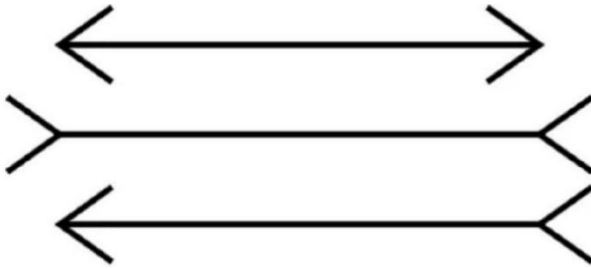
**How can you get that verifiable evidence?
Just print this page, cut out those squares with
scissors, and put them beside each other.
Even switch their places on the print to
see how your perception changes.**

The rest here need editing, images etc:

Political appeals that do **NOT vividly put
Helpfulness Above All™, as their overriding vital
human context, roviding easily widely-verifiable
evidence to their positions continually bank on
that sort of nontransparent context-confusion**

**That note and this guide are an effort to
recontextualize
the world as fully as possible in by far the
most verifiably-evidenced trust, peace, and
prosperity -creating and building way possible,
*in the same way it already does for itself
nonstop, 24/7, however largely unwittingly.*
misreading or mistaking context**

I hereby challenge all influencers who bank on fooling people with contextually misdirecting people, to start banking on creating content that catches, reports, and helps translate others doing that, and those people into being infinitely more helpful to the world, and thus themselves.



**After decades of researching and testing
*the most vital details about everyone
in the world,*^E I have observed that
1.**

**Everyone continually helps themselves
by far the most in life, overall, by simply
helping other people the most they feel
they can afford to (physically, mentally, and
emotionally) **in their work and personal life,
based on their ability and context.**^E**

**And that process is how everyone vividly
builds their own most transparent trust,
peace, prosperity, and the economy,
overall. – And at the very least
by simply not bothering
other people.^E**

