

This is

The Free Online Guide to the Smartest Dialogs™ P O S S I B L E™

**For the most mutually rewarding
human interactions, especially
with people who differ with or
even seem to oppose you.**

**The Promo Note™ on the
HelpfulnessAboveAll.org
Home page is a “fast
start” to this guide.**

This guide is free to copy,
print, email, etc. My trade-
marks and copyrights
are to limit abuse.

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Tim Mossman

**This is a Draft
Continually in
Development**



**You may jump
to the Help-
Preference
Profiler™, p. 37.**

⇒ On the PDF click here.

STILL BEING COMPOSED

The Smartest Dialogs Possible™
themselves are described in increasingly
detailed terms on pages
10 – 12 and 26 – 30

On the PDF of this guide,
click on those to go to them.

Media and Leaders

W – X and Y – Z

**Apologies, Including
from Media & Leaders**

W – X and Y – Z

Subjectivity

W – X and Y – Z

Cognitive Bias

W – X and Y – Z

STILL BEING COMPOSED

What's most mutually helpful
is rarely totally clear.^E

We just try our best.

And often there are
unintended consequences.^E

So continually monitor
results, and adjust
as needed.^E

Introduction

That Promo Note™ (pg 1) and this guide are my observations and opinions borne from hard-won professional and personal experiences with thousands of people,^E backed by as much verifiable evidence as possible in the Endnotes.

Over my decades I have been selfishly condescending to both the political left and right, as well as to people for their help-preference profiles. And I sincerely apologize for all of that. And I strive, through this project, to make up for it.

When I get verifiable evidence that necessitates it, I will update my views herein. And I can be mistaken and miss things. So please tell me if I have! Thank you!


Tim Mossman



With my amazing mother.^E

E = Endnotes, now being written

1

Helpfulness Appears to be The Infinitely Active Center and Source of Fully Living in the Human Universe.



**Just as the sun is the
infinitely helpful center
and source of physical
life on earth.^E**

That is because things appear to only have meaning for us humans to the extent we perceive they may help us in some way, overall.^E



So it is convenient that trillions of things continually help all of us. From the sun “burning” 600 million tons of hydrogen every second to warm and light us ...



... to the bazillions of DNA in all of us and in all living things that help both themselves and us.^E

**Also,
after my decades of careful examination,**



**my predominant observation about
human behavior is that from
all verifiable evidence:^E**

**We humans all help ourselves by far the
most in life, overall, naturally and intuiti-
tively, by simply helping other people the
most we feel we can emotionally afford to,
at work and otherwise. And that is the
source of all our own greatest prosperity,
peace of mind, trust, and thus most
robust economy. So we all instinctively
help others in some way, nonstop, 24/7,
even if by simply not bothering them,
in order to limit our own bother.^E**

**From all that, I have come to define
“help” as “limiting bother and / or
increasing enjoyment, overall.”^E**



**And your natural cognitive bias may
obscure you from seeing that even
the most “**selfish**” people still help
others nonstop, 24/7, the most they
feel they can, given their upbringing,
emotional capacity, sensitivities,
circumstances, etc. (And I define
“**selfishness**” as “impatient self-help
that hurts other people, overall.”)^E**



**But I propose you choosing to *not*
see that is itself **selfish thinking**.
More on that in a bit.^E**

E = Endnotes, now being written

2

**So helpfulness is apparently,
vividly, by far
the smartest
human process that exists
overall.**



**Do you know of a
more ubiquitous, thoroughly
verifiably evidenced, valuable,
i.e smarter, process? If so, will
you please tell me what that is ?!**^E

E = Endnotes, now being written

**So when I say “smartest dialogs”™ I mean
“most mutually helpful dialogs” which also
means “most intelligent dialogs.”^E**



(Speaking of intelligence, since it is ever more relevant lately, I propose any “artificial intelligence” or “AI” that does **NOT** vividly transparently use help-to-others as its overriding meta-algorithm is **INFINITELY LESS** than universally helpful, intelligent, and smart. And thus is much more likely to be **SIGNIFICANTLY MORE SELFISH**, i.e. **IGNORANT**, and economy / peace / prosperity **-IMPEDING**. And that appears to **ESPECIALLY** apply to AI concepts like “Applied General Intelligence” or “AGI” (imagined future computers with self-originated thoughts and actions), and what is now called “machine god(s).”^E)

**So in general terms, at the 1st,
most basic level of details, I propose**

The Smartest Dialogs Possible™

**are simply ones in which all parties commit
to each other, spoken or in writing, to be
the most mutually and universally helpful
they feel, emotionally, that they can afford
to be, and that they evidence that, or
back that up, with their behavior.^E**



**All of you who get along well with each
other ALREADY intuitively imply and infer
all of that in unspoken, unwritten ways.^E**

E = Endnotes, now being written

But if that ever breaks down, and in dialogs in which there is not automatically such unspoken, unwritten understanding between you and someone else,



sometimes just stating your commitment to those things to each other, or just from you to the other, may be all you need to have the smartest dialogs possible moving forward, or to inspire that.^E

If you need more details, in the next few pages I will go through a few more of the “ins and outs” of The Smartest Dialogs™ process .

3

More Helpful Context:

This Guide, About How to Have the Smartest, i.e. Most Mutually Helpful, Dialogs, Coming Out Right Now, Fits Perfectly With This Point in History.

That is because of the current

**MASSIVE ACCELERATION of
HELPFULNESS in the WORLD and
how it has VASTLY IMPROVED
QUALITY of LIFE OVERALL the
past 100 years, MOST of ALL
SINCE 1990!^E**

Average GDP per person

~4000 BC

1990-Now^E

**And by far the greatest advance has been
for formerly starving and severely impover-
ished people. But EVERYONE has
benefited infinitely as well.^E**

E = Endnotes, now being written

More specifically:

After 1000s of years of everyone on earth naturally and instinctively helping other people in their work and personal lives the most they feel they could emotionally afford, to build value for those people, and thus themselves and the economy, including mostly by just being respectful neighbors, mainly from the Industrial Revolution, in just THE PAST 100 YEARS, the world has has created enough prosperity to go from 90% living in extreme poverty



to now under 10%!^E



E = Endnotes, now being written

**And THE VAST MAJORITY of that
has been SINCE 1990 when
OVER 72% of the people living
in extreme poverty escaped it.
THAT IS OVER A BILLION PEOPLE.^E
(Of the total ~8 billion on earth in that time/now.)^E**



**And again, there have been massive
improvements for everyone else too,
overall. - Most vividly in computing,
communications, and infinitely more
entertainment and food choices.^E**



But as there ARE still MANY millions of people suffering poverty, starvation, massive uncertainties, repression from authoritarianism, etc. – ALL OF WHICH CRIES OUT FOR INFINITELY MORE HELP:



Our world, overall, truly is, RIGHT NOW, in the most real, tangible, physical, quality-of-life terms, going through by far

its single biggest, most prosperous, turning point ever! – All due to everyone's combined accumulated help to others.^E

**SO WHY DOESN'T
EVERYONE KNOW ABOUT THESE**



**WORLD'S MOST ENCOURAGING
ACTUAL, VIVID PHYSICAL**

"FRUITS" of PROSPERITY

from THE COMBINED

HELPLEFULNESS of

ULTIMATELY

EVERYONE in

THE WORLD?!^E



E = Endnotes, now being written

**I propose the answer is that because
EVEN WITH THAT MASSIVE
UBIQUITOUS VERIFIABLE EVIDENCE OF
THE SUPREME POWER OF HELPFULNESS,
WORLD LEADERS**



and MEDIA



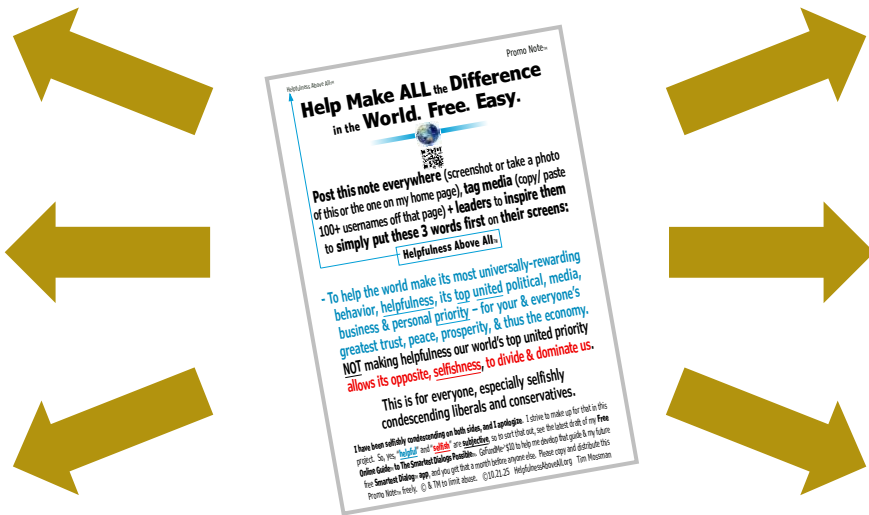
**in their old-school scarcity-and-fear-
focused “if it bleeds, it leads” headline
mentality, simply have not yet priori-
tized promoting help to others
above all else in the world.**

**In spite of how that would give them
an ever more robust world economy.^E**

\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$

E = Endnotes, now being written

- **And why I ask you and everyone else to help post and promote that note as far and wide as possible.**



**- TO INSPIRE MEDIA and WORLD LEADERS
to SEE PAST THAT COGNITIVE BIAS AND
SIMPLY DO THAT ONE, TINY, WORLD'S
MOST HELPFUL THING:**

PUT “Helpfulness Above All” in the top left of all their screens and say it at the start of all their communications.

And behave accordingly.

**- FOR BOTH THEIR INFINITE BENEFIT,
AND ALL OF OURS TOO !!!**

And yes, again, that is a HUGE “ask.”



- **To request media and leaders to devote the sacred start of their visual communications to what can be seen as a corny “do-gooder”-signaling kind of message. Barely visible & unobtrusive as it may be.**

And yes, it may take the **division and **domination** of the world by **selfishness** to get **HORRIFICALLY BAD****



before media & leaders start thinking about setting aside their cognitive bias & do this one simple thing. We shall see.

For a visual example of COGNITIVE BIAS that fools people into missing clear, vivid, easily-verifiable truths like that:

The middle squares on all 3 visible sides of this object are the same color.



YOUR natural cognitive bias in how YOU see context cues likely fools you into thinking the middle square on the lower right is orange and the other two are brown. For verifiable evidence, just print this out, cut out those squares and put them in each others' places. Or just search "Rubik's cube illusion" on your smartphone.^E

**And speaking of your literally
S M A R T P H O N E,
it's time to **STOP BEING A DIVIDED
AND DOMINATED "DEVICE" YOURSELF**
and start FULLY USING THAT by far MOST
POWERFUL, i.e. MOST HELPFUL, ECONOMY-
AND-PROSPERITY-AND-PEACE-OF-MIND-
BOOSTING DEVICE THAT EXISTS.
On which you are likely reading this.
That's how smart it is. Right here and
now. And how smart you are using it.^E**



E = Endnotes, now being written

And yes, I mean: Just use the some of the new amazing chatbots. For pointers, see the Endnotes. And no, they are not perfect. Since they come from humans, they make mistakes. So check them against each other and your own good sense. I use 6 of them, on both my phone and computer. ALL FREE.^E

They are a stunningly powerful START-ING POINT, PACKED WITH AI, and THEY PUT YOU WAY AHEAD of NOT USING THEM.^E



Helpers of all the world's most helpful, prosperous, and rewarding leaders now use them.^E And empower your family, friends, etc. to too! Multiply your helpfulness! Maximize the economy! And your own prosperity and peace of mind!^E

4

The Often Subjective Nature of Perceptions, Experiences, and Words

For example, as my Promo Note says,

“helpful” and “selfish” are often very subjective.



**That means what
I find helpful,
you may find selfish,
and vice-versa.**



But

**we agree on meanings enough to
get by generally well in life overall.**

**For example, that it's helpful to open the
door for someone, and selfish to push
them out of the way. Or when driving,
helpful to stay in your lane and selfish
to cut someone off dangerously close.**

Regarding DISAGREEMENTS between people about what is helpful and selfish,

IF YOU TRY TO IGNORE THAT REALITY



(that you can see a thing as helpful, which I see as selfish, and vice versa)



THAT IS ONE OF THE MOST SELFISH, TRUST-DESTROYING, UNHELPFUL, VALUE-CRIPPLING, TOXIC THINGS YOU CAN DO, AND IS THE WORST PROBLEM IN THE WORLD PERPETUATING ALL OTHER PROBLEMS!

And in such matters, to insist your view is correct, without the most relevant verifiable evidence, and the other is just wrong, is to MULTIPLY THAT SEVERELY LIMITED SELFISH VIEW, ESPECIALLY AMONG PEOPLE WHO ALREADY SHARE THAT SELFISH VIEW. & BREED RESENTMENT IN EVERYONE ELSE^E

**And that is the main habit of what I call
“selfishly condescending liberals
and conservatives.”^E**

**Consider how those two main extreme
political positions interpret these 3 terms.**

From the extreme “left”

From the extreme “right”



**And that observation of mine, above,
regarding selfish condescension, may
seem selfishly condescending to you.^E**

**If it does, to get more directly
started on the main topic of this
guide, I suggest you and I have
The Smartest Dialogs Possible™
about that.^E**

5

**The
Smartest
Dialogs
Possible™
in medium
detail**

First off, I propose the most mutually rewarding way to start THAT SPECIFIC DIALOG from the bottom of 2 pages ago (p.23) KNOWING YOU FEEL THAT WAY, is for me to FIRST SAY truly and genuinely,

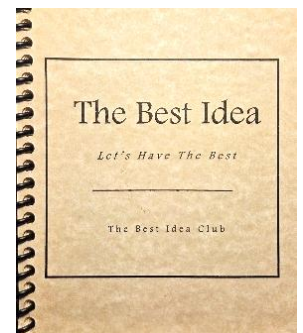


I sincerely apologize to you for seeming to be that way. I am sincerely sorry that I gave you that impression. For I truly do want to be as trustworthily mutually helpful as possible. And not hypocritical, so I will do everything I feel I can to remedy that problem.^E

Toward my credibility in saying that:

I AM doing my best to be as universally helpful as I feel I can be. - Just like you and everyone else naturally are. - For your and everyone else's ultimate great benefit. - Which, I propose, you and they likely still don't yet nearly fully realize.^E

After my mentor (Woody Bledsoe, one of the world's smartest men (look him up on your phone) whose assistant I was in nonprofit work) died in 1995, from our conversations I self-published a little book called *The Best Idea*, in 1996.^E It was about "the golden rule" throughout all major belief systems, and about how everyone **ALREADY intuitively employs it the best they can, given their their upbringing, emotional capacity, sensitivities, circumstances, etc. I distributed it to top U.S. thought-leaders, authors, leaders, educators, etc. And the most universally helpful things I learned from that experience and since then now comprise **99.9%** of this guide.^E**



So, now, at this, the 2nd, “medium” level of detail, The Smartest Dialogs Possible™:



1. Make apologies, as previously stated.



**2. Together, spoken and / or written,
COMMIT to be the most mutually helpful
you each feel you can be (p.9, 10).
To do that, also agree to the next steps.**



**3. The one initiating or requesting the dialog,
is the SENDER, and the other is the RECEIVER.**

This structure is to **TAKE TURNS, MOST
HELPFULLY SPEAKING and LISTENING, VERIFYING
EVERYONE is HEARING ACCURATELY. The SENDER
correcting as needed. – And the RECEIVER
VALIDATING the SENDER'S REASONING (for the
SENDER'S way of thinking) and EMPATHIZING
with it as MUCH as POSSIBLE.**



**You DON'T have to agree with their reasoning,
but it will be great if you CAN. At least SOME.**



**The SENDER must use "I statements," not
"You make me feel." – Instead: "When you
__, I feel ____." After the SENDER
VERIFIES THEY FEEL HEARD:**

**4. If the RECEIVER WANTS, they can
“switch” places. And maybe agree
on a time in the next day or so to
do that.**

Then you can switch again.

And again.

As often as needed.



**The 3rd, greatest level
of detail after to this,
The Smartest Dialogs Possible™,
is in the Endnotes.**

6

**Leveling
UP
this whole
make your
world
infinitely
more
helpful to
yourself
thing.**

I now propose that it would infinitely help the world for you who are self-identifying now-formerly selfishly condescending liberals and conservatives

(for having thought about, treated and referred to the other as if they were NOT being the most helpful they felt they could emotionally afford to), to simply sincerely and genuinely APOLOGIZE to everyone on the other side for doing that to them.

And to COMMIT to REFRAIN from doing that in the future.^E



E = Endnotes, now being written

Yeah.
That, and this, is may be
by far
The World's Biggest Ask.



Ever.

Or just one apologize to the other. Either can lead out. And the other doesn't have to follow. Only if they feel they can. And want to help the other and thus themselves that way.



Even if you / they see them / your selves as having been condescending but not selfish. Or selfish but not condescending. Or just mean. Or just hurt and resentful. Etc. And after you genuinely apologize and commit to refrain from repeating, say "Helpfulness Above All" at the top left of your screens and at the start of all your communications, and have The Smartest Dialogs Possible going forward.^E

I also propose that ALL YOU PEOPLE in MEDIA ALSO APOLOGIZE that way.

Especially you in the biggest: ^E



And especially if your platform has hosted or provided assistance, paid or not to any selfishly condescending content by now-formerly selfishly condescending liberals and conservatives who have apologized and committed to refrain from repeating.

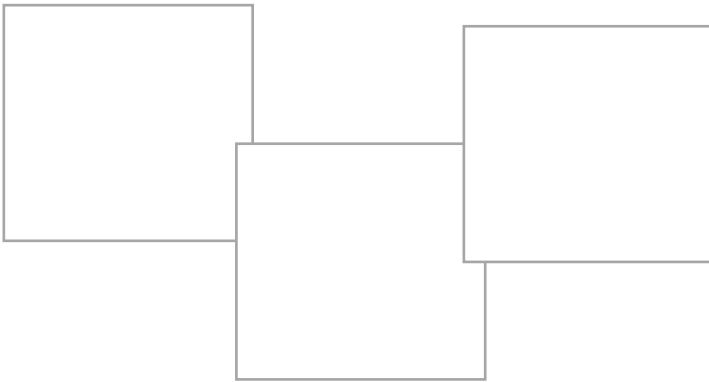
- No matter how much legalese you covered your butt with trying to escape negative legal consequences. But yes, those are now upon you in the form of less than a much less than ideal economy.^E

- ESPECIALLY
if you have misleadingly
labeled any of your content
“NEWS”

when it infinitely more accurately
should be labeled “ENTERTAINMENT.”
ESPECIALLY when it is SELFISHLY
CONDESCENDING ENTERTAINMENT.^E



In short, please don't call anything "news" without vividly including words that mean, "fully accurately contextualized and widely verifiably evidenced," which you show through QR codes to so everyone can see that evidence. And of course, to fix your years of "if it bleeds it leads" abusive entertainment you've been calling news,



– i.e., at least in a readably long popup at the first of your shows, communications, etc., put up that encouraging, inspiring text about the world turning that big corner, overall, continually getting better for everyone.^E Don't you want to be infinitely more helpful and thus infinitely more prosperous?!?!'

And that especially means

YOU,

CNN / Cable News Network

NBC News / National Broadcasting Corp. News

CBS News / Columbia Broadcasting System News

ABC News / American Broadcasting Co. News

Fox News / Fox News Channel

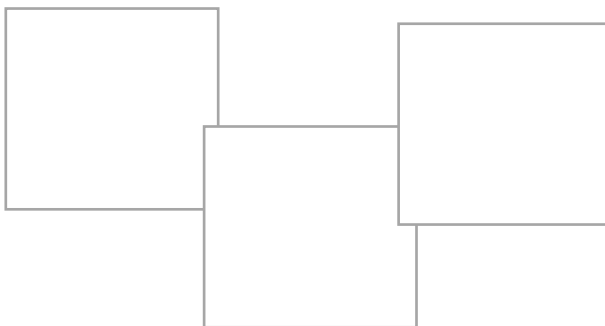
and everyone else in that line of work.^E

**Your vivid repeated, “loud and clear”
apologies for at least a whole year,
along all the foregoing I prescribe from
now on, will go a long way toward
start-ing to heal the world from the
massive damage you have facilitated,
especially on the economy.^E**

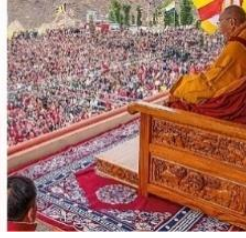
**And it is a relatively young country,
(___ yrs. vs. ___ avg country age),
the U.S., with ONLY 4.3%
of the world's population
is THE WORLD'S RICHEST
COUNTRY.**

[Graphic illustrating those proportions.]

**mostly earned through its infinite help
to the world by building up its indus-
trial strength to SAVE THE WORLD
FROM THE AUTHORITARIAN SELFISH
CONDESCENSION OF ADOLPH HITLER
IN WWII, and momentum from that.^E**



E = Endnotes, now being written



**I stopped
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