



## Year End Review

What made you proud this year?

What goals did you complete that you committed to reaching this year? (This can be relationship, work, health/wellness, finance, and spiritual goals).

What are the key things that led to your accomplishments?

Did anything hold you back this year? If so, what held you back this year?

What did you learn the most this year?

Did others benefit from you achieving your goals? If so, how did others benefit from you achieving these?

How are you different now than you were at the beginning of the year?

In what ways are you using your strengths more?

What were the biggest challenges you had to overcome?

Do you still love what you do? Why?

What do you want to change and improve in the next year?

What are you committed to following through for the New Year?

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