
NMLondon Aesthetics

Thinking about having Botox™ - timing your treatment around big events

If you are considering having Botox think about the timing before a big event – such as a wedding or a big birthday. If this will be your first time having Botox™ then consider that there may be minor swelling or bruising around the injection sites and so you want to leave time for this to settle. Rare complications of Botox™ can occur – for example - eyelid droop or brow droop. Although rare – if it does occur – due to the reversibility of the Botox™ – it will resolve but may take a few weeks.

Have the procedure done approximately 3 – 4 weeks before the big day. This is to allow time for maximal effect of the Botox, time for bruising to settle down, allows you time to schedule in other treatments – such as spray tan, facials etc – allowing enough time after the Botox™ injections to have other treatments safely.

Pre-care information before having Botox™ injections

In order to achieve the best results and to minimise bruising please read and follow the advice below:

DO avoid alcohol for 24 hours before receiving Botox injections as it may thin the blood and increase the possibility of bruising

DO avoid medications that may thin the blood – such as aspirin or ibuprofen (nurofen) – unless it has been prescribed for a specific reason. These medications will increase the possibility of bruising.

DO remove makeup before attending for the appointment. But don't worry if you forget. We have make up wipes available.

DO eat well and stay hydrated on the day of the appointment to avoid feeling dizzy during the procedure.

Please contact NMLondon if you have any queries before your appointment.

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