

West Texas Roller Derby

Skaters



Skater

West Texas Roller Derby skating is an exhilarating blend of athleticism, strategy, and team spirit. Our skaters embody the fierce determination and tenacity that West Texas is known for, seamlessly combining speed, agility, and strength on the track. Every practice is an opportunity to refine skills, from powerful blocks to agile maneuvers, all while fostering a sense of camaraderie and support within the team. Whether you're an experienced skater or just curious about the sport, we welcome you to join our league and be part of the dynamic and empowering world of West Texas Roller Derby.

Training

Cost: \$60

Where: SK806 Roller Rink, 12209 Geneva Ave, Lubbock Texas

When: Tuesday and Sunday for 10 Weeks

Objective: To safely teach you how to play roller derby, our training program is divided into sections: skills, engagement, rules, levels, and more. We'll learn the rules of roller derby alongside the skating skills necessary to play.

Expectations:

1. Attendance
2. Be punctual
3. Be Prepared for practice
4. Focus on practice
5. Respect your practice space and Fellow Skaters
6. Listen to your body
7. Reflection and Retention

8. Cross training
9. Educate your self
10. Always, check your Discord

Gear and Fees

Gear:

- Helmet
- Helmet with visor- *optional for skaters with Glasses or Facial Piercings
- Mouth Guard
- Elbowpads
- Wrist Guards
- Butt Pads - *Optional
- Knee Pads
- Skates

Extras:

- Skate Tool
- Toe Gaurds
- Extra Wheels & Bearings
- Knee gaskets
- Outdoor wheels
- Upgraded toe stops

Fees:

- Monthly Dues (\$35)
- WFTDA Annual Insurance (\$70)
- Gear (~\$400)

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