

FYFL/FYCL FAQ's

Ages for Football And Cheer

Football 5-14 and not in high school

Cheer 4 -14 but must try out for high school team first

Season Duration

Practices start The Week of Aug 1 and is 5 days a week. 2 hrs. a day No more than 10 hrs. a week

FIRST WEEK IS MANDATORY CONDITIONING TO BE ABLE TO TUMBLE OR WEAR PADS

After Labor Day it goes to 3 / 4 days a week depending on length of practice. No more than 6 hrs a week.

Depending on how long water breaks practice may be 2.5 hrs.

Practice Days and Times Are Determined by the Head Coach

Games start Labor Day weekend, and we play 7 games thru 8 weeks, then playoffs that could go into November.

There is a Possibility of Traveling out of State for Competitions and Games

DIVISIONS

CHEER			FOOTBALL	
JR Tiny Mites	3-4		6U	5-6
Tiny Mites	5-6		7U	7
Mighty Mites	7-8		8U	7-8
JR Pee Wee	9-10		9U	9
Pee Wee	11-12		10U	9-10
JR Varsity	12-13		11U	11
Varsity	13-14		12U	11-12
			13U	13
			14U	13-14

For the odd Divisions in football, if there aren't enough teams they would have to play in the up division.

EX 9U would Play 10U

Depending on Sign up Numbers for Cheer we may have to use Pop Warner Age Matrix- Go to PopWarner.com for Details

WE WILL DO OUR BEST TO KEEP RETURNING ATHLETES TOGETHER, BUT THERE IS NO PROMISES OR GUARENTEES (EVEN IF A COACH SAYS SO)

ITEMS NEEDED FOR SIGN UPS

Cheer and Football

Need a copy of their birth certificate, After School Lets Out a copy of all 4 quarters report card

CHEER – Uniform Sizing will be July 7th – 9th Team Based

FOOTBALL – NEED TO BRING ATHLETE FOR JERSEY SIZING

EQUIPMENT HANDOUT WILL BE AFTER JULY BUT BEFORE CONDITIONING STARTS

COST

CHEER		FOOTBALL – BASED ON SIGN UPDATES	
Returners - \$295		EARLY BIRD - \$260 – NO PAYMENT PLANS	
Poms	Shell	REGULAR – PAYMENT PLANS - \$285	
Skirt	Bow	JULY 4 TH - \$310	
Fundraising Fee	Misc Fees	6U - \$260, 11U - \$260. ONLY FOR 11U TEAM	
Liner	Spanks		
NEW - \$370		Jersey	2 Pair of Socks
Same As Above	Warmups	Mouthpiece	Equi. Reconditioning
		Insurance	P.W. Player Fees
Jr Tiny Mites / Tiny Mites New \$345		Park Fees	Memory Mate
Same as Above	Warm up - NO Pants	Field Fees	Fundraising Fee
PAYMENT PLANS - \$100 DOWN MUST BE PAID FOR BY JUNE 30 – NO PLANS AFTER JUNE			
YOU MAY PURCHASE INDIVIDUAL WARM UP PIECES IF ATHLETE OUTGREW THEM			
RETURNER CONSIST OF BEING A PARTICIPENT IN THE PREVIOUS YEAR			

6U & 11U Team are lower cost due to low team numbers

FOOTBALL CLEATS ARE NOT COVERED IN THE COST OF REGISTRATION

D2 Teams may be required to play games in the Bay Area

FOR CHEER

CHEER SHOES & BAGS ARE NOT INCLUDED IN REGISTRATION

CHEER ATHLETES ONLY			
WARMUPS			
JACKET	\$50	PANTS	\$25
BACKPACKS			
CHAMPION	\$65	AUGUSTA	\$50

FOOTBALL PLAYERS ONLY	
SPIRIT PACK	\$80

**ATTENDANCE TO PRACTICE & GAMES IS VITAL TO THE SUCCESS OF NOT ONLY
YOUR ATHLETE AS WELL AS THE TEAM**