

# **April Blair, M.A., L.M.F.T.**

## **Consent for Treatment and Limits of Liability**

I, Hereby authorize, recognize, and allow April Blair a Licensed Marriage and Family Therapist #113278 to carry out psychotherapy services and treatment now and during the course of my care as a client.

I understand that I am seeing a Licensed Marriage and Family Therapist who is registered under the State of California with requirements as specified in Business and Professional (B&P) Code Section 4980.40.

### **Limits of Services and Assumption of Risks:**

Therapy sessions carry both benefits and risks. Therapy sessions can significantly reduce the amount of distress someone is feeling, improve relationships, and/or resolve other specific issues. However, these improvements and any "cures" cannot be guaranteed for any condition due to the many variables that affect these therapy sessions. Experiencing uncomfortable feelings, discussing unpleasant situations and/or aspects of your life are considered risks of therapy sessions.

### **Limits of Confidentiality:**

What you discuss during your therapy session is kept confidential. No contents of the therapy sessions, whether verbal or written may be shared with another party without your written consent or the written consent of your legal guardian. The following is a list of exceptions:

### **Duty to Warn and Protect**

If you disclose a plan or threat to harm yourself, the therapist may attempt to notify your emergency contact, family and notify legal authorities. In addition, if you disclose a plan to threat or harm another person, the therapist is may warn the possible victim and is required to notify legal authorities.

### **Abuse of Children and Vulnerable Adults**

If you disclose, or it is suspected, that there is abuse or harmful neglect of children or vulnerable adults (i.e. the elderly, disabled/incompetent), the therapist must report this information to the appropriate state agency and/or legal authorities.

### **Minors/Guardianship**

Parents or legal guardians of non-emancipated minor clients have the right to access the clients' records.

*By signing below, I agree to the above assumption of risk and limits of confidentiality and understand their meanings and ramifications.*

\_\_\_\_\_ Client Signature (Client's  
Parent/Guardian if under 18) Date

# Cancellation Policy

**Fees, Payment and Cancellation Policy:** Fees for services are \$225.00 per 50 minute session unless otherwise determined. All payments, including co-payments are due at the time of service, with checks, venmo or cash. **Please make your check payable to April Blair.** If you are unable to attend an appointment, we request that you provide at least 24 hours advanced notice to our office. Since we are unable to use this time for another client, please note that you will be billed for the entire cost of your scheduled appointment if it is not timely cancelled, unless such cancellation is due to illness or an emergency.

For cancellations made with less than 24-hour notice (unless due to illness or an emergency) or a scheduled appointment that is completely missed, you will be mailed a bill directly for the full session fee.

We appreciate your help in keeping the office schedule running timely and efficiently.

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**Returned checks:** A \$25.00 fee will be charged for any returned checks.

\_\_\_\_\_ Client Signature (Client's  
Parent/Guardian if under 18) Date