

Kenya Itinerary

10-DAY TRIP



GLOBAL HEALTH
CONNECTIONS

FLIGHT #: 1234 56789

HOTEL ADDRESS: Nairobi, Kenya

DEPARTURE: October 1, 2024

ARRIVAL: October 2, 2024



DAY 1: NAIROBI

- **Evening:** Evening arrival, stay at HEART Safari Lodge. Travel provided by Entourage Safari



DAY 2: NAIROBI

- **Morning:** Visit to HEART HIV-Vocational training project
- **Afternoon:** Lunch in the Westlands shopping area; Visit to Elephant reserve
- **Evening:** Enjoy dinner at HEART Lodge

Kenya Itinerary



DAY 3: NAIROBI

- **Morning:** UN Tour
- **Afternoon:** Lunch TBD
Visit to GHC's Kajiado CHEC Village - Maasai Tribe
Meeting with Maasai Tribal Chief Joseph
- **Evening:** Enjoy dinner at HEART Lodge



DAY 4: NAIROBI + KISUMU

- **Morning:** Visit to National Beekeeping Institute
- **Afternoon:** Luncheon talk by Dr. Blair Gifford on:
 - Understanding the local and national context (Culture, Language, History)
 - Finding and working with good Rotary partners
 - Keys to Success: Trust and Communication with those working on site
- **Late Afternoon** Flight to Kisumu
- **Evening:** Dinner and stay at the Acacia Hotel



DAY 5: KISUMU + HOMA BAY + KISII

- **Morning:** Visit to Malaria Project Site/Kenyan Medical Research Institute
- **Late Morning** Visit to GHC's Kanyipir CHEC Village - Luo Tribe
 - Income Generating Project: Quarry Tour
- **Afternoon:** Late Lunch - Picnic after village visit
- **Evening:** Drive to Kisii (Entourage Safari)
Dinner upon arrival and stay at GHC Apartment

Kenya Itinerary



DAY 6: KISII

- **Morning:** Talks by Global Health Connections Mark and Christine on current community economic and health projects
- **Afternoon:** Lunch and talk by Dr. Blair Gifford on:
 - Managing budget and avoiding difficult issues
 - Measurement and evaluation of impact --> How to demonstrate Proof of Concept
 - Visibility, Marketing and Scaling up a successful intervention model
- **Evening:** Dinner and stay at GHC Apartment



DAY 7: KISII

- **Early Morning** Potential opportunity to participate in honey harvesting in one of GHC's apiaries
- **Morning:** Visit to GHC's Kegati CHEC Village - Kisii Tribe
 - Income Generating Project: Apiary Tour + Napier Grass
- **Late Morning** Visit to GHC's Nyasumi CHEC Village - Kisii Tribe
 - Income Generating Project: Apiary Tour
 - Picnic lunch at Village
- **Evening:** Dinner and stay at GHC Apartment



DAY 8: MAASAI MARA

- **Morning:** Depart for Maasai Mara Safari - Entourage Safari
- **Afternoon:** Visit to Maasai Village. Game Drive in the afternoon
- **Evening:** Relax and enjoy dinner in the game park in a luxury safari tented camp

Kenya Itinerary



**DAY 9: MAASAI
MARA + NAIROBI**

- **Morning:** Maasai Mara Game Drive - Wildlife Conservation
- **Afternoon:** LPicnic lunch in the park.
Depart for Nairobi around 1 PM
- **Evening:** Arrive around 6 PM and dinner at a Nairobi restaurant
- **Late Evening** Flight departs to U.S. around 11 PM



DAY 10:

- **Late Afternoon** Arrival in Denver

Here is your opportunity to visit and learn about Rotary Global Grants in action, hear from the experts, and take in the breathtaking terrain that East Africa has to offer.

Please join us for the trip of a lifetime!