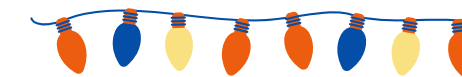




CHRISTMAS ADVENT CALENDAR



Make a Christmas playlist and have a dance party

1

Decorate the house!

2

Find a Carol concert in your area

3

Mulled wine and mince pies with your besties

4

Say thank you to someone you appreciate

5

Volunteer at your local school or charity

6

Go for a wonderful Winter Walk

7

Bake some cookies to share.

8

Donate to a supermarket food bank

9

Offer to help someone

10

Call an elderly relative

11

Leave a kind message to brighten someone's day

12

Game night with family and friends

13

Visit a Christmas market or go see the lights

14

Do a Christmas jigsaw puzzle

15

Call someone you haven't spoken to in a while

16

Tell your family you love them.

17

Wish someone a wonderful day

18

Hug someone you love

19

Christmas movie night with all the trimmings

20

Think of 3 things that you are grateful for

21

Have a pyjama day and relax!

22

Do something nice for a stranger

23

Start a new Christmas tradition

24

Wish everyone Merry Christmas!

25

