



May 2026 Edition

CARING FOR YOUR HOME CARE NEWSLETTER

Supporting Families. Empowering Care. Strengthening Community.



**Warmth.
Trust. Compassion.
Community.**

Supporting individuals and families with compassionate, reliable home care services.

Inside this issue:

- Community updates
- Health & wellness initiatives
- Training & education opportunities
- Events & conferences
- Helpful resources for families and caregivers



WELCOME MESSAGE

A Message from Caring For You Home Care



Dear Clients, Families, Caregivers, and Partners,

May is a time of growth and renewed connection. As a care community, we remain committed to providing dignity, comfort, and dependable support to every person we serve.

This month's newsletter highlights meaningful opportunities for learning, engagement, and community collaboration. From caregiver education to health initiatives and advocacy opportunities, these resources are designed to strengthen both caregivers and the individuals they support.

Thank you for being part of our caring community.

With appreciation,
Caring For You Home Care Team

COMMUNITY LEADERSHIP UPDATE



New Board Members Announced:

We are proud to share updates from the broader community health network:

- [Lori, CHW \(Central PA\)](#)
- [Joseph, CHW \(Western PA\)](#)



Welcoming New Community Health Leadership

These leaders bring valuable experience in community health work, advocacy, and public health systems strengthening.

Their addition reflects a continued commitment to improving health equity and expanding access to quality care across Pennsylvania communities.



GET INVOLVED IN COMMUNITY VOICE & ADVOCACY

Your Voice Matters in Shaping Care
There are multiple ways to engage and contribute:

🔗 Speaker Opportunities
PACHW is now accepting speaker interest submissions for stakeholder meetings.

- 👉 Share expertise, best practices, and community insights
- 👉 Present to CHWs, employers, and advocates across Pennsylvania

🔗 Submit Speaker Interest Form:
“[SUBMIT SPEAKER INTEREST FORM HERE](#)” (as provided in official portal)

🗣️ Join Advocacy Efforts

PACHW’s Legislative & Advocacy Committee is open to all.

- ✓ No experience required
- ✓ Learn policy impact
- ✓ Help strengthen the CHW workforce

🔗 Learn More & Join:
“[Join HERE](#)”



SHARE YOUR CHW IMPACT STORY

Tell Your Story. Strengthen Your Community.

We are collecting real stories from Community Health Workers across Pennsylvania.

✦ Why it matters:

- Helps advocate for CHW funding and support
- Highlights real community impact
- Strengthens workforce recognition

COMMUNITY RESEARCH & WELLNESS INITIATIVES

Helping Shape Healthier Communities

Community programs are actively developing initiatives focused on:

- Maternal and postpartum wellness
- Sleep health for Black postpartum individuals
- Cardiovascular health improvement
- Community-based CHW support models

Featured Initiative: Sleep Health for Postpartum Families

This program is co-designed with Black pregnant and postpartum individuals and CHWs to:

- Improve sleep health outcomes
- Support heart health
- Create culturally responsive care strategies







 Deadline to participate: End of May

 Learn More: "[Learn more HERE](#)"







FEATURED CONFERENCES

Upcoming 2026 Conferences

-  CAAP Summit
May 20–21 | Harrisburg, PA / Virtual
Focus: Community health systems and policy updates
-  PurpleOne Conference
May 7 | Erie, PA
Focus: Domestic violence response and community safety
Hosted with multiple advocacy and safety organizations
-  Mommy & Me Baby Expo
May 16 | Pittsburgh, PA | FREE
Focus: Child safety, parenting resources, and in-home support
-  Housing Forum: Roots & Resources
May 19 | Carlisle, PA
Focus: Housing stability and community development
Registration: \$25
-  CHW Annual Conference
September 28–29 | Penn State, PA
Focus: Workforce development, presentations, and posters
 Call for Speakers & Posters available through conference portal

WEBINARS & TRAININGS

- Virtual Learning Opportunities
-  CancerRisk 360 Training (ACS Tool for CHWs)
May 12 @ 9 AM / May 21 @ 2 PM
✓ Free 1-hour training
✓ Certificate provided (1 credit hour)
 “Learn More Here”
 -  Medicaid Policy & Federal Updates Summit
May 11 @ 9 AM
Hosted by RCPA
✓ Federal & State Medicaid updates
✓ Access & care system impacts
 -  Care for Older Adults Training
May 13 | Virtual
✓ Caregiver support tools
✓ Planning & decision-making strategies
- Ongoing Learning Series
- Alzheimer’s & Dementia Care ECHO (Fridays)
 - Social Determinants of Health Cohort Calls (August 19)
 - SW PA AHEC Monthly Lunch & Learn
 - Project ECHO Penn State CHW Series
 - ✓ Free continuing education opportunities
 - ✓ CEUs available
 - ✓ Virtual participation

TOGETHER, WE ARE BUILDING A STRONGER FOUNDATION FOR HOME-BASED CARE.



CAREGIVER SUPPORT & PROFESSIONAL TOOLS

Strengthening Care at Home

Resources available for caregivers and professionals include:

- Disability-competent care training modules
- Pain management education tools
- Person-centered care courses
- American Heart Association CHW training programs

COMMUNITY IMPACT & PURPOSE

Why This Work Matters

Every program, training, and initiative shared this month contributes to:

- Stronger caregiver support systems
- Improved patient outcomes
- Health equity across communities
- Better coordination between care providers and families



CLOSING MESSAGE

At Caring For You Home Care, we believe every individual deserves dignity, comfort, and consistent support.

To our referral partners, healthcare providers, and community organizations: Your collaboration helps ensure individuals receive timely, compassionate, and appropriate home care services.

We value your partnership in strengthening care coordination and supporting families where they need it most.

Thank you for trusting us to be part of your care journey. We remain committed to serving you with compassion and excellence.





CONNECT WITH US

STAY CONNECTED

Caring For You Home Care
Because care should always
feel like home.



Our Services

- Home Care
- Companion Care
- Personal Care
- Community Health Workers

Contact Us

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