

Empower Movement Company

Terms & Conditions – Private Lessons

1. Booking & Payment

- All private lessons must be booked in advance and are subject to availability.
- Full payment is required at least 24 hours before the session begins.
- An invoice will be issued ahead of the session for payment.
- Sessions cannot proceed without prior payment.

2. Cancellations & Rescheduling

- Cancellations made more than 24 hours before the session will be eligible for a full refund or rescheduled at no extra cost.
- Cancellations made within 24 hours of the session are non-refundable.
- If Empower Movement Company needs to cancel due to illness, emergency, or unforeseen circumstances, a full refund or reschedule will be offered.

3. Space & Safety Requirements

- Students must treat the studio, equipment, and coaches with respect at all times.
- No food or drink (other than water) is allowed in the training space.
- The coach reserves the right to stop or refuse the session if behaviour or use of equipment is unsafe. No refund will be provided in these cases.

4. Parental Supervision & Responsibility

- For participants under 18, a parent/guardian must remain on site for the duration of the session.
- Parents/guardians and siblings are welcome to observe but should not interrupt or interfere with the lesson.
- Parents/guardians are responsible for ensuring their child is fit, well, and able to participate safely.

5. Health & Medical Disclosure

- All participants must disclose any relevant medical conditions, previous injuries, or ongoing health concerns before the session begins.
- Empower Movement Company and its coaches cannot accept responsibility for injuries arising from undisclosed health conditions or failure to follow safety instructions.

6. Liability & Insurance

- While every effort is made to ensure sessions are delivered safely, acrobatics is a physical activity and carries inherent risk.
- All Empower Movement Company coaches hold valid insurance and relevant qualifications.
- By booking, the client accepts that Empower Movement Company is not liable for personal injury, property damage, or loss during the session, except in cases of proven negligence.

7. Photography, Video & Media

- Photos or videos may be taken during the session for training and feedback purposes. These will not be shared publicly without prior consent.
- If agreed, photos/videos may also be used for Empower Movement Company promotional purposes unless the client opts out in writing.
- Empower Movement Company will always seek parental/guardian consent for media use involving participants under 18.

8. Code of Conduct

- Participants are expected to behave respectfully and follow coach instructions at all times for their own safety.
- Disruptive, unsafe, or disrespectful behaviour will result in the session being ended early without refund.
- Abuse (verbal or physical) towards staff, other students, or parents will not be tolerated under any circumstances.

9. Safeguarding & Welfare

- Empower Movement Company follows strict safeguarding practices to ensure the welfare of all students.
- Coaches will only use necessary and appropriate physical contact when spotting or ensuring safety, and this will always be explained beforehand.
- Parents/guardians are encouraged to discuss any safeguarding concerns directly with Empower Movement Company.