

STATIONARY MOVEMENTS AND MANUAL OF INSTRUMENTS

OVERVIEW

- DESCRIPTION:** In this lesson, you will learn the stationary movements and manual of instruments for bandmembers with instruments.
- LEARNING OBJECTIVE:** After completing this lesson, you will be able to identify the stationary movements for band members with instruments and the manual of instruments.
- CONDITIONS:** Given the information in this lesson.
- ACTIONS:** You will identify the stationary movements and manual of instruments for bandmembers.
- STANDARDS:** IAW the information contained in this lesson.

INTRODUCTION

As drum major, you must know and be able to perform all the stationary movements necessary to lead a band. You should also know the manual of instruments for each instrument.

PART A - STATIONARY MOVEMENTS AND POSITIONS

1. Stationary Movements. Bandmembers execute attention, parade rest, and stand at ease upon the command of the band commander, drum major, or commander of troops.
2. Instrument Positions. There are prescribed and standardized holding positions for each instrument.
3. About Face. To execute an about face, bandmembers do two consecutive right faces.

NOTE: *The stationary movements and positions for each instrument are described and illustrated in [paragraphs 4](#) through [20](#), [Figures 1-1](#) through [1-17](#).*

4. TRUMPET

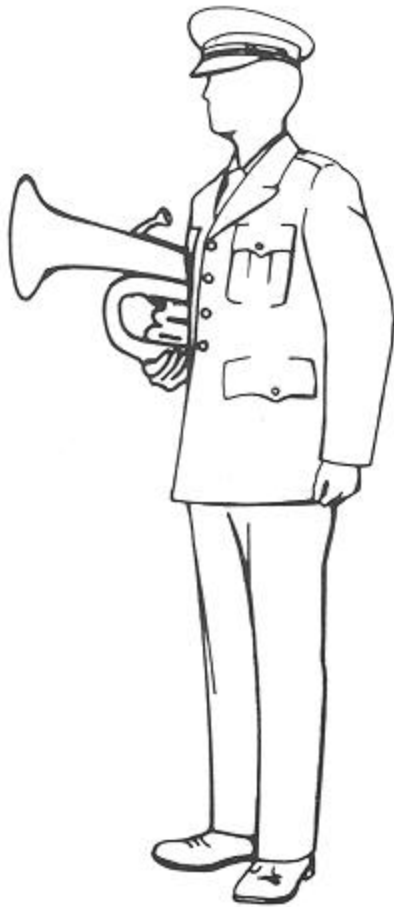
ATTENTION

Grasp the lower part of the front tubing with your right hand. Hold the instrument between your right arm and your body. Point the bell forward. Hold the instrument horizontally. Your left arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is alongside and touching the first joint of the forefinger. Your thumb should be straight. Along the seam of the trouser leg. The first joint of your forefinger should touch the trousers.



Figure 1-1 TRUMPET

**5.
EUPHONIUM/BARITONE
(BELL FRONT)**



ATTENTION

Hold the instrument in the Horizontal position. Point the mouthpiece up. Hold the instrument between your right arm and your body. Your left arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is alongside and touching the first joint of the forefinger. Your thumb should be straight along the seam of the trouser leg. The first joint of your forefinger should touch the trousers.



PARADE REST

Place your left hand at the small of your back and

Figure 1-2 EUPHONIUM/BARITONE (BELL FRONT)

6.
EUPHONIUM/BARITONE
(BELL UPRIGHT)

ATTENTION

Hold the instrument in a horizontal position. Point the bell forward. Point the mouthpiece up. Hold the instrument between your left arm and your body. Your right arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is alongside and touching the first joint of the forefinger. Your thumb should be straight along the seam of the trouser leg. The first joint of your forefinger should touch the trousers.



PARADE REST

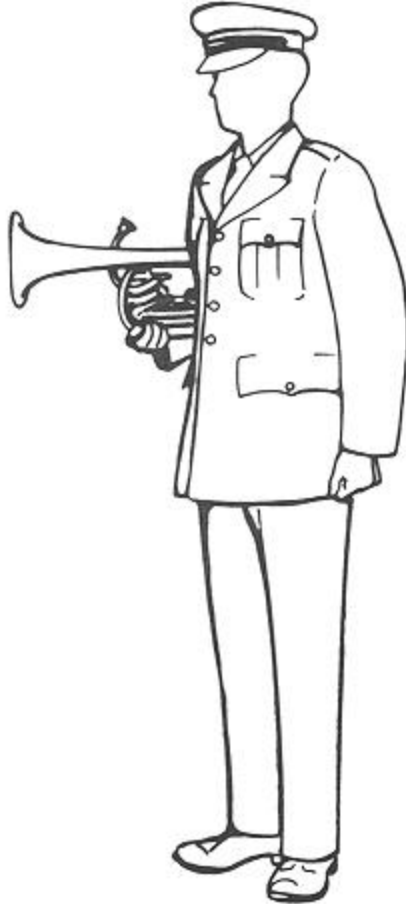
Place your left hand at the

Figure 1-3 EUPHONIUM/BARITONE (BELL UPRIGHT)

7. ALTO HORN

ATTENTION

Hold the instrument in a horizontal position. Point the bell forward. Point the mouthpiece up. Hold the instrument between your right arm and your body. Your left arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is alongside and touching the first joint of the forefinger. Your thumb should be straight along the seam of the trouser leg. The first joint of your forefinger should touch the trousers.



PARADE REST

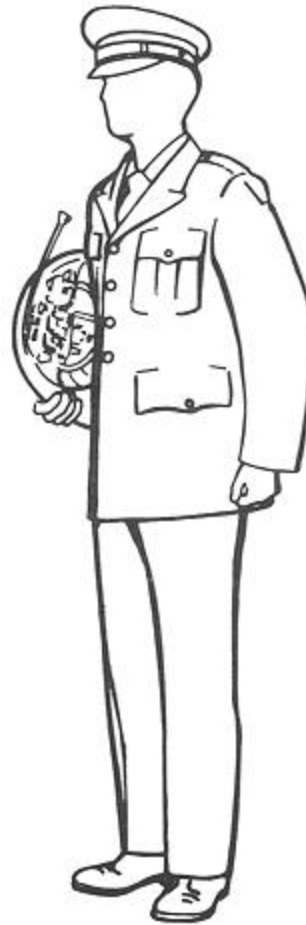
Place your left hand at the small of your back and

Figure 1-4 ALTO HORN

8. FRENCH HORN

ATTENTION

Hold the instrument under your right arm. Point the bell to the rear. Point the mouthpiece up. Grasp the bell bow with your right hand. Your left arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is alongside and touching the first joint of the forefinger. Your thumb should be straight along the seam of the trouser leg. The first joint of your forefinger should touch the trousers.



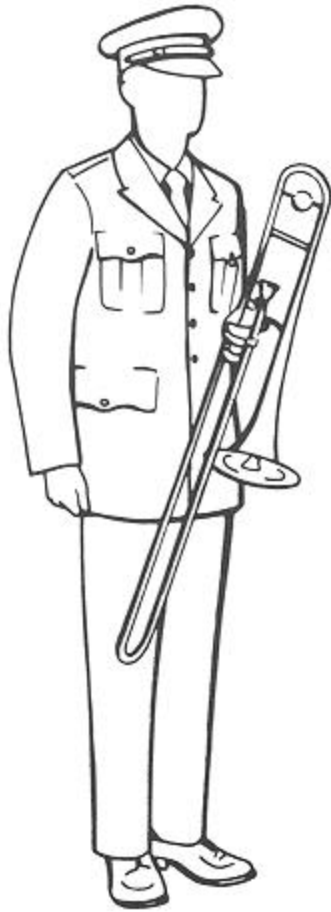
PARADE REST

Place your left hand at the small of your back and centered on your belt. Keep the fingers extended. Your palm should face outward.



Figure 1-5 FRENCH HORN

9. TROMBONE



ATTENTION

Tilt the instrument diagonally (approximately 30 degrees) across the front of your body. Grasp the slide and tubing braces with your left hand. Your right arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is alongside and touching the first joint of the forefinger. Your thumb should be straight along the seam of the trouser leg. The first joint of your forefinger should touch the trousers.



PARADE REST

Place your left hand at the small of your back and centered on your belt. Keep the fingers extended. Your palm should face outward.

STAND AT EASE

Figure 1-6 TROMBONE

10. SOUSAPHONE

ATTENTION

Place the instrument on your left shoulder with the tubing across and around your body and the bell forward. Your left arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is alongside and touching the first joint of the forefinger. Your thumb should be straight along the seam of the trouser leg. The first joint of your forefinger should touch the trousers.



PARADE REST

Place your left hand at the small of your back and centered on your belt. Keep the fingers extended. Your palm should face outward.



Figure 1-7 SOUSAPHONE

11. FLUTE/PICCOLO



ATTENTION

Hold the instrument vertically with your right hand. When using a lyre, hold the keyed end down. Hold the lyre vertically in your left hand along your left arm. When not using a lyre, your left arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is alongside and touching the first joint of the forefinger. Your thumb should be straight along the seam of the trouser leg. The first joint of your forefinger should touch the trousers.



PARADE REST

When using the lyre, hold the lyre vertically in your left hand along your left arm. When not using the lyre, place the left hand at the small of your back and centered on your belt. Keep the fingers extended

Figure 1-8 FLUTE/PICCOLO

12. CLARINET

ATTENTION

Hold the instrument vertically along the right side of your body. Hook the fingers of your right hand into the bell. Your left arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is alongside and touching the first joint of the forefinger. Your thumb should be straight along the seam of the trouser leg. The first joint of your forefinger should touch the trousers.



PARADE REST

Place your left hand at the small of your back and centered on your belt. Keep the fingers extended. Your palm should face outward.



STAND AT EASE

Figure 1-9 CLARINET

13. SAXOPHONE



ATTENTION

Hold the body of the instrument between the upper and lower key groups with your right hand. Tilt the instrument slightly forward and to the left. Your left arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is alongside and touching the first joint of the forefinger. Your thumb should be straight along the seam of the trouser leg. The first joint of your forefinger should touch the trousers.



PARADE REST

When using the lyre, hold the lyre vertically in your left hand along your left arm. When not using the lyre, place the left hand at the small of your back and centered on your belt. Keep the fingers extended. Your palm should face outward.

Figure 1-10 SAXOPHONE

14. FIELD SNARE DRUM/FIELD TENORDRUM/WITH SLING

ATTENTION

Suspend the instrument from a sling. Secure it against your left leg. Hold the drum sticks under your right arm with the thumb and forefingers of your right hand. Your left arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is alongside and touching the first joint of the forefinger. Your thumb should be straight along the seam of the trouser leg. The first joint of your forefinger should touch the trousers.



PARADE REST



Figure 1-11 FIELD SNARE/TENOR DRUM/WITH SLING

**15. FIELD SNARE
DRUM/FIELD TENOR
DRUM/WITH
HARNESS**

ATTENTION

Suspend the Instrument from the harness centered on you body. Hold the drum sticks under your right arm with the thumb and forefinger of your right hand. Your left arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is alongside and touching the first joint of the forefinger. Your thumb should be straight along the seam of the trouser. The first joint of your forefinger should touch the trousers.

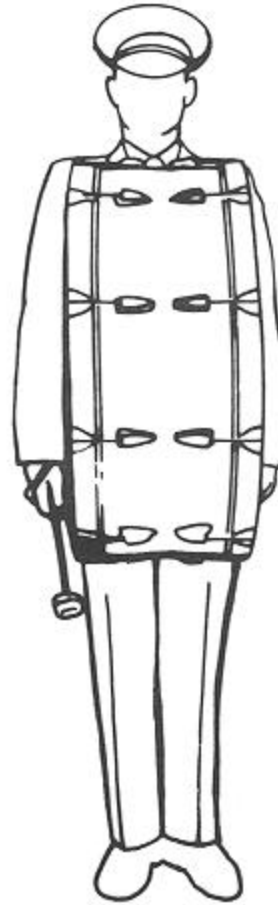


Figure 1-12 FIELD SNARE/TENOR DRUM/WITH HARNESS

16. FIELD BASS DRUM

ATTENTION

Hook the instrument to the bass drum harness. Adjust it to a comfortable position in front of your body. Hold the mallet(s) along the side(s) of your body. Both arms should hang straight without being stiff. The mallets should point down.



PARADE REST

Place both hands at the small of your back and centered on your belt. Grasp the mallets horizontally in both hands. Your palms should face outward.

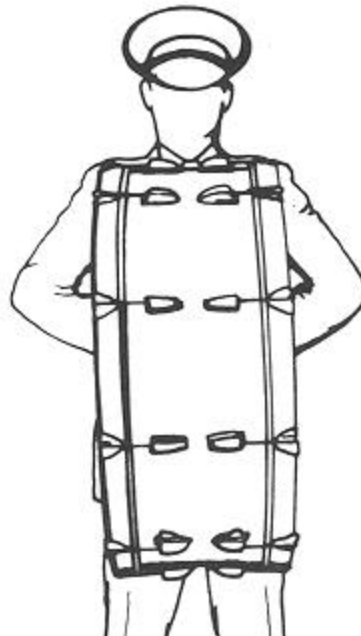


Figure 1-13 FIELD BASS DRUM

17. CYMBALS



ATTENTION

Hold the cymbals with the concave sides toward your body. Hang your arms naturally at your sides.



PARADE REST

The positioning of the cymbals does not change; allow them to hang at your sides as in the position of **ATTENTION**. Go to **PARADE REST**.

STAND AT EASE

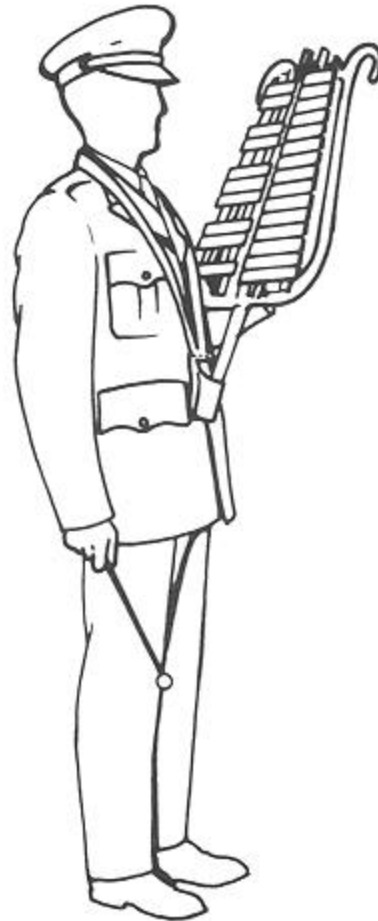
This is the same position as PARADE REST. You may move your head and eyes to face the commander.

Figure 1-14 CYMBALS

18. BELL LYRA (GLOCKENSPIEL)

ATTENTION

Place the staff in the harness socket. Hold the frame near the staff with your left hand. Tilt the instrument slightly toward your left. Turn it slightly forward. Hold the mallet in your right hand with your right arm at your side. Your right arm should hang straight without being stiff. The mallet should point downward.



PARADE REST

Place your right hand at the small of your back and centered on your belt. Hold the mallet in a horizontal position. Your palm should face outward.



Figure 1-15 BELL LYRA (GLOCKENSPIEL)

19. BUGLE



ATTENTION

Hold the instrument between your left arm and your body. Point the bell forward. Hold the instrument horizontally. Your right arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is alongside and touching the first joint of the forefinger. Your thumb should be straight along the seam of the trouser leg. The first joint of your forefinger should touch the trousers.



PARADE REST

The positioning of the cymbals does not change; allow them to hang at your sides as in the position of ATTENTION. Go to

Figure 1-16 BUGLE

20. HERALD TRUMPET

ATTENTION

Grasp the lower part of the front tubing with your right hand. Hold the instrument between your right arm and your body. Point the bell forward. Hold the instrument horizontally. Your left arm should hang straight without being stiff. Curl the fingers so that the tip of the thumb is along side and touching the first joint of the forefinger. Your thumb should be straight along the seam of the trouser leg. The first joint of your forefinger should touch the trousers.

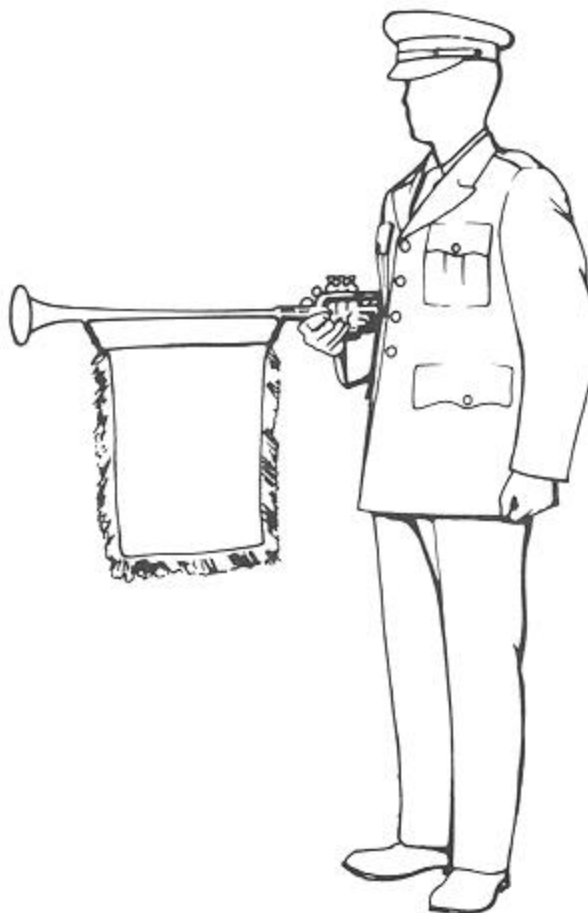


Figure 1-17 HERALD TRUMPET

PART B--MANUAL OF INSTRUMENTS

21. The Manual of Instruments. The Manual of Instruments is a series of holding positions for instruments used in band formation. These positions are signaled in cadence by the band commander or drum major.

- a. The **CARRY** position is the holding position for the instrument while not playing.
- b. **READY INSTRUMENTS** is the holding position prior to the prepare to play position.
- c. The **PREPARE TO PLAY** position is the holding position while playing the instrument.
- d. The **ALTERNATE CARRY** position is the holding position of an instrument during long marches or in special situations. Some instruments do not have an alternate carry position.
- e. The **REST** position is the holding position to hold heavier instruments when not marching or playing for an extended time. Some instruments do not have a rest position.

NOTE: *The Manual of Instruments for each instrument are described and illustrated in [Paragraphs 25](#) through [41](#), [Figures 1-20](#) through [1-36](#).*

22. Movements. The two movements of the Manual of Instruments are **INSTRUMENTS UP** and **INSTRUMENTS DOWN**. These movements are signaled in cadence by the band commander or the drum major.

- a. **INSTRUMENTS UP** is a three-count sequence to move instruments to the playing position from the carry position. The steps are:
 - **COUNT 1--READY INSTRUMENTS**
 - **COUNT 2--SILENT**
 - **COUNT 3--PREPARE TO PLAY**
- b. **INSTRUMENTS DOWN** is the three-count sequence used to return the instruments to the carry position from the playing position. The steps are:
 - **COUNT 1--READY INSTRUMENTS**

- COUNT 2--SILENT
- COUNT 3--CARRY

23. **INSTRUMENTS UP** is executed on the first and second measures of the four measure roll off as shown in [Figure 1-18](#). The circled numbers correspond to the three counts of the **INSTRUMENTS UP** sequence.

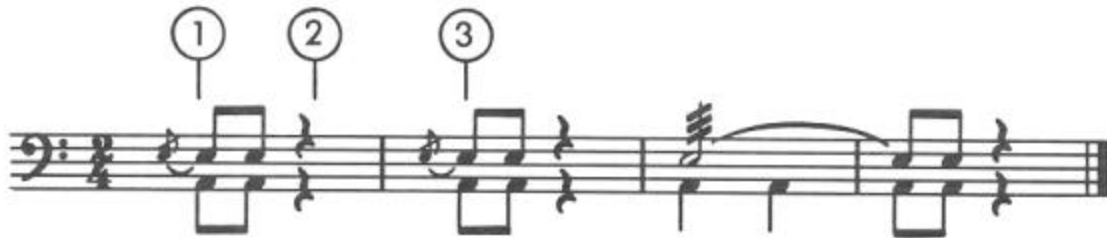


Figure 1-18 INSTRUMENTS UP DURING ROLL OFF

24. **Instruments Up During Cadence.** **INSTRUMENTS UP** can also be done on the fifth and sixth measures of an eight measure drum cadence as shown in [Figure 1-19](#). The circled numbers correspond to the three counts of the **INSTRUMENTS UP** sequence.

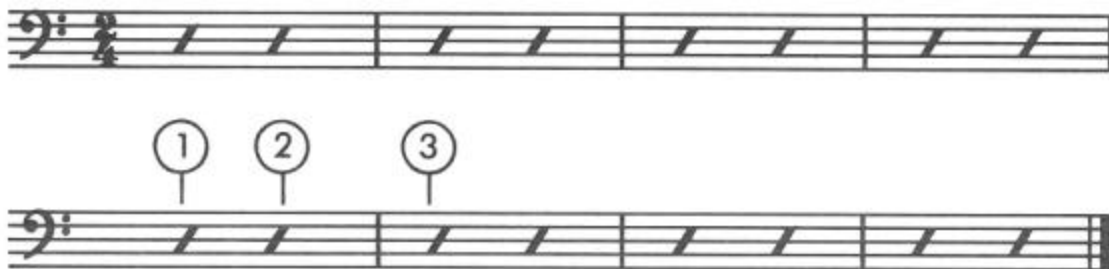


Figure 1-19 INSTRUMENTS UP DURING CADENCE



25. TRUMPET/CORNET

CARRY

Grasp the lower part of the front tubing with your right hand. Hold the instrument between your right arm and your body. Point the bell forward. Hold the instrument horizontally.



READY INSTRUMENTS

Move your left hand across your body. Grasp the valve casings.



Figure 1-20 TRUMPET/CORNET

26.
EUPHONIUM/BARITONE
(BELL FRONT)

CARRY

Hold the instrument in the horizontal position. Point the bell forward. Point the mouthpiece up. Hold the instrument between your right arm and your body.

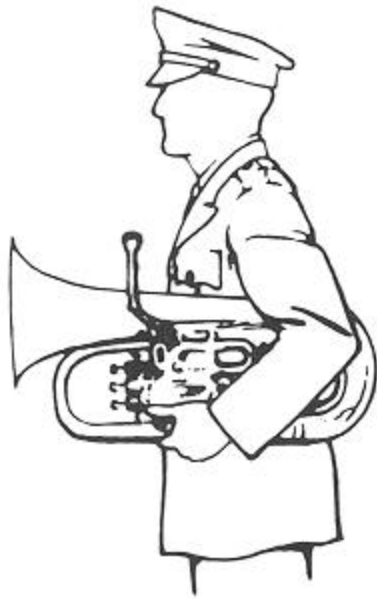


READY INSTRUMENTS

Grasp the upper branch near the valve casings with your left hand.



Figure 1-21 EUPHONIUM/BARITONE (BELL FRONT)



**27.
EUPHONIUM/BARITONE
(BELL UPRIGHT)**

CARRY

Hold the instrument in a horizontal position. Point the bell forward. Point the mouthpiece up. Hold the instrument between your left arm and your body.



READY INSTRUMENTS

Grasp the instrument behind the valve casings with your right hand.



Figure 1-22 EUPHONIUM/BARITONE (BELL UPRIGHT)

28. ALTO HORN

CARRY

Hold the instrument in a horizontal position. Point the bell forward. Point the mouthpiece up. Hold the instrument between your right arm and your body.



READY INSTRUMENT

Grasp the upper branch near the valve casings with your left hand.



PREPARE TO PLAY

Move the instrument to the playing



Figure 1-23 ALTO HORN



29. FRENCH HORN

CARRY

Hold the instrument under your right arm. Point the bell to the rear. Point the mouthpiece up. Grasp the bell bow with your right hand.



READY INSTRUMENTS

Move your left hand to the playing position.



Figure 1-24 FRENCH HORN

30.
TROMBONE

CARRY

Tilt the instrument diagonally (approximately 30 degrees) across the front of your body. Grasp the slide and tubing braces with your left hand.



**READY
INSTRUMENT**

Move the instrument to a vertical position. Grasp the instrument with your right hand in the playing position.

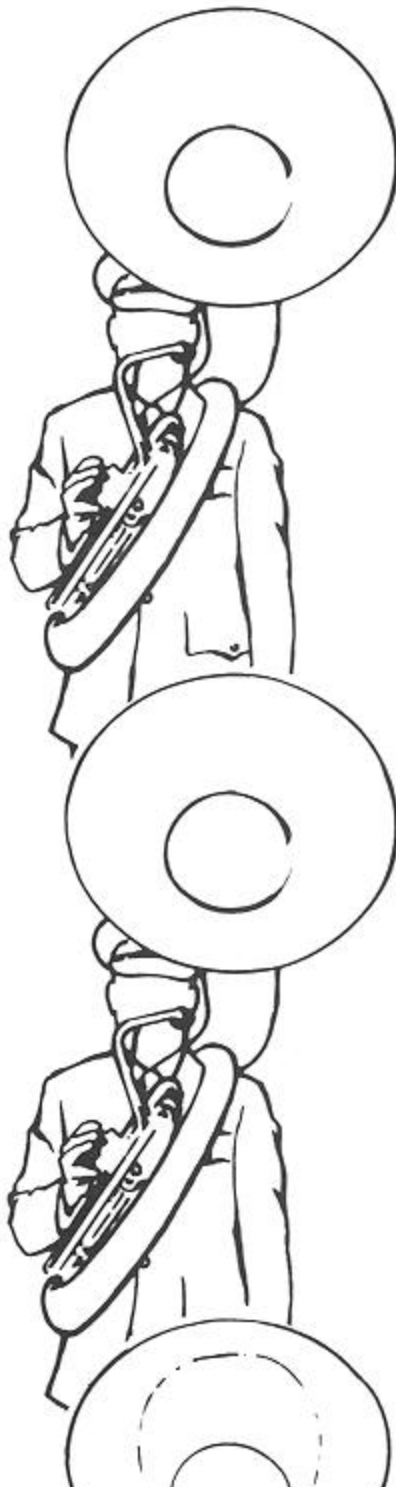


Figure 1-25 TROMBONE

31.
SOUSAPHONE

CARRY

Place the instrument on your left shoulder with the tubing across and around your body and the bell forward.



**READY
INSTRUMENT**

Keep the instrument at the carry position.

Figure 1-26 SOUSAPHONE

32. FLUTE/PICCOLO

CARRY

Hold the instrument vertically with your right hand. Hold the keyed end down. Hold the lyre vertically in your left hand along your left arm. When not using a lyre, your left arm should hang straight without being stiff.



READY INSTRUMENT

Move the lyre to a horizontal position with your left hand. Hold the lyre between the upper part of your left arm and your body. Keep the instrument in the same position as the carry. When not using a lyre, there is no movement.



Figure 1-27 FLUTE/PICCOLO



33. CLARINET

CARRY

Hold the instrument vertically along the right side of your body. Hook the fingers of your right hand into the bell.



READY INSTRUMENT

Move your left hand across your body to grasp the instrument. Cover the proper keys with your fingers. Maintain the grip of your right hand.



Figure 1-28 CLARINET

34. SAXOPHONE

CARRY

Hold the body of the instrument between the upper and lower key groups with your right hand. Tilt the instrument slightly forward and to the left.



READY INSTRUMENT

Grasp the instrument with your left hand. Cover the proper keys. At the same time, move your right hand to cover the proper keys.



Figure 1-29 SAXOPHONE

**35. FIELD SNARE
DRUM/FIELD TENOR
DRUM/TRADITIONAL
GRIP**



CARRY

Suspend the instrument from a sling along your left leg. Secure it against your left leg. Hold the drum sticks under your right arm with the thumb and forefingers of your right hand.



**READY
INSTRUMENT**

Move the sticks to a horizontal position at chest level in front of your body. At the same time, move your left hand to grasp the proper stick in the playing position.



Figure 1-30 FIELD SNARE/TENOR DRUM/TRADITIONAL GRIP

**36. FIELD SNARE
DRUM/FIELD TENOR
DRUM/MATCHED
GRIP**

CARRY

Suspend the instrument from the harness centered on your body. Hold the drum sticks under your right arm with the thumb and forefinger of your right hand.



**READY
INSTRUMENT**

Move the sticks to a horizontal position at chest level in front of your body. At the same time, move your left hand to grasp the stick in the playing position. Both palms should face out.

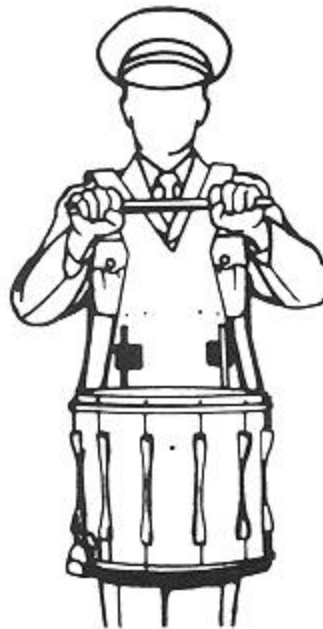
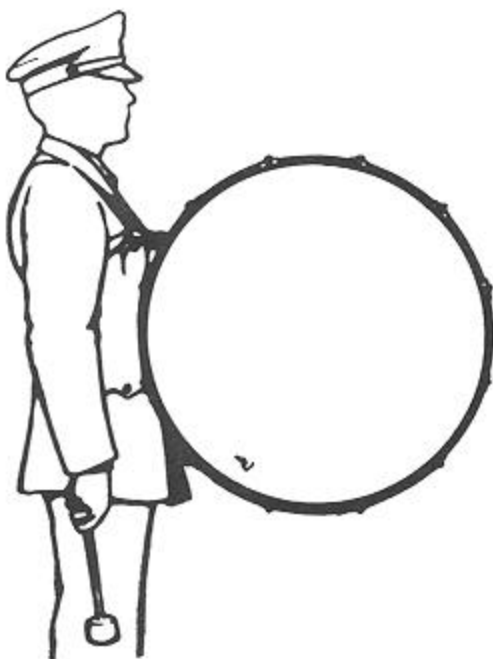


Figure 1-31 FIELD SNARE/TENOR DRUM MATCHED GRIP

37. FIELD BASS DRUM

CARRY

Hook the instrument to the bass drum harness. Adjust it to a comfortable position in front of your body. Hold the mallet(s) along the side(s) of your body.



READY INSTRUMENT

Move your forearms upward to hold the mallet(s) in a vertical position at head level.



Figure 1-32 FIELD BASS DRUM

38. CYMBALS

CARRY

Hold the cymbals with the concave sides toward your body. Hang your arms naturally at your sides.



READY INSTRUMENT

Raise the cymbals to chest level. The concave sides should face each other. Touch the rims of the cymbals to the front of your shoulders.



PREPARE TO PLAY



Figure 1-33 CYMBALS



39. BELL LYRA (GLOCKENSPIEL)

CARRY

Place the staff in the harness socket. Hold the frame near the staff with your left hand. Tilt the instrument slightly toward your left. Turn it slightly forward. Hold the mallet in your right hand with your right arm at your side.



READY INSTRUMENT

Move your right forearm upward to hold the mallet in a vertical position at head level.



Figure 1-34 BELL LYRA (GLOCKENSPIEL)

40. BUGLE

CARRY

Hold the instrument between your left arm and your body. Point the bell forward. Hold the instrument horizontally.



READY INSTRUMENT

Move your right hand across your body. Grasp the upper tubing of the bugle.



PREPARE TO PLAY

Move the bugle to the playing

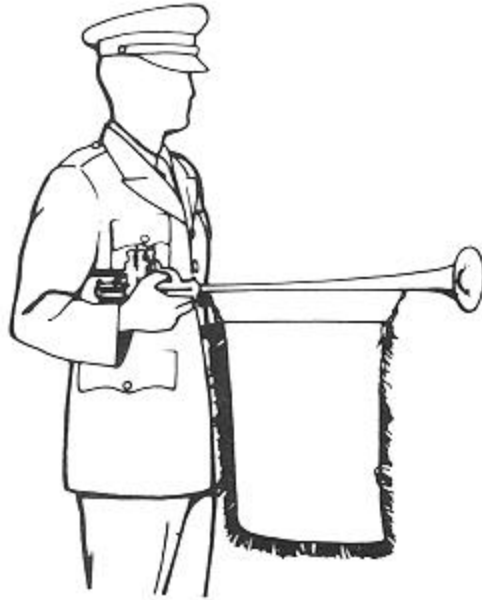


Figure 1-35 BUGLE

41. HERALD TRUMPET

CARRY

Grasp the lower part of the front tubing with your right hand. Hold the instrument between your right arm and your body. Extend the bell forward. Hold the instrument horizontally.



READY INSTRUMENT

Move your left hand across your body. Grasp the valve casings.



Figure 1-36 HERALD TRUMPET

[Practical Exercise](#)