



Breakfast Lunch Community

below is a small selection
of our breakfast offerings

OUR FULL MENU SEEDZ-CAFE.COM

1117 Lincoln ave

970.761.2276

MONDAY-FRIDAY

breakfast 7-11

lunch 11-3

SATURDAY & SUNDAY

breakfast 7-12

lunch 12-3



breakfast:

**SCRAMBLES, HASH, SPECIALTY BOWLS,
BURRITOS, TOWERS, MIMOSAS, SANGRIA**

southwest tower: blue corn masa cake,
all natural chicken chorizo, chipotle black beans,
queso fresca, avocado, pico & hatch green chile sauce

southern style tower: organic biscuit,
nitrate free bacon, herb pounded chicken,
sweet onion jam, roasted garlic white sauce

organic veggie hash: sweet potato,
red peppers, black beans, red onion, broccolini, kale,
spiralina pesto

into the wild hash: wild salmon,
nitrate free bacon, red onion, basil, potato

spicy machaca scramble: braised short rib,
red peppers, onions, hatch green chiles, queso fresca

forage scramble: Hazel Dell wild
mushrooms, caramelized onion jam, goat cheese, basil

lunch:

**A LARGE SELECTION OF SOUPS, SALADS,
SANDWICHES, BURGERS, CRAFT BEERS & WINE**



ROOTZ
Organic Cafe & Shop

737 lincoln ave
steamboat springs

970.871.4510

www.rootzcafe.com

OPEN 9am - 5pm
7 Days a Week
(subject to change)

ORGANIC PRODUCE

GLUTEN FREE

VEGETARIAN/VEGAN FAIR

BREAKFAST/ LUNCH

**FRESH MADE TO ORDER
ORGANIC JUICES
AND SMOOTHIES**

feed your mind,
body & soul

**Organic smoothies, juices,
acai bowls, salads, quinoa
& rice bowls, paninis**

ROOTZ is committed to using organic, local
and all natural products when available.
We understand that each body is different
and we want to provide each person with
what their body needs. SUBSTITUTIONS and
"CREATE YOUR OWNS" are welcome here.
We strive to provide a healthy option for
everyone. We have gluten- free, vegan and
vegetarian choices.

Please share any food allergies/ intolerances
with us and we will work with you to create
the meal or beverage your body craves!

