



#### MAMMOGRAPHY STANDARDS MANUAL

For Diagnostic Imaging Clinics

#### 1. Governance & Scope

#### 1.1 Purpose

To ensure safe, consistent, high-quality mammography services that meet national and international standards (CAR, ACR, MQSA principles).

#### 1.2 Scope

Applies to:

- Mammography technologists
- Radiologists
- Medical physicists
- Clinic managers
- All supporting staff

#### Includes:

- Screening mammography
- Diagnostic mammography
- Special views
- Implant imaging
- Tomosynthesis (if applicable)

#### 2. Personnel Standards

#### 2.1 Qualifications - Technologists

- Current license/registration (e.g., ACMDTT or appropriate provincial/state body)
- Mammography-specific certification or documented competency (CAMRT, CAR-MAP)
- Annual continuing education:



- Minimum 15 CE credits every 3 years in breast imaging. A minimum of 7.5 of those credits must be from accredited activities (category "A" or "1" or approved by the CAMRT) and substantiated with certificates of completion.
  - Annual competency assessment

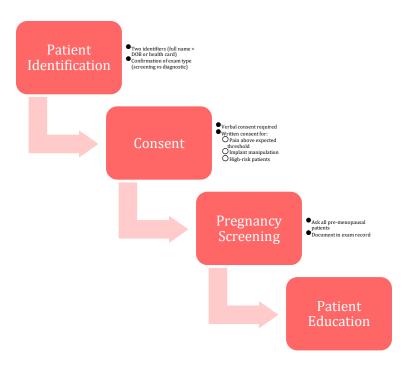
## 2.2 Radiologists

- Specialist certification
- Minimum 1000 mammograms/year to maintain competency
- Annual audit of cancer detection performance
- Participation in peer review programs

#### 2.3 Medical Physicist

- Authorized to perform mammography physics evaluations
- Annual equipment survey and dose assessment required

#### 3. Patient Care Standards





## 4. Workflow & Positioning Standards

#### 4.1 Standard Views

- Craniocaudal (CC)
- Mediolateral Oblique (MLO)
- Both breasts for screening
- Additional views only when clinically indicated

## **4.2 CC Position Requirements**

- Medial tissue included
- Pectoral extension if possible
- Nipple in profile (if possible)
- Posterior nipple line (PNL) within 1 cm of MLO view

#### 4.4 Implant Imaging Standards

- Eklund technique (ID views) mandatory
- 8-view protocol (CC, MLO each with and without displacement)

# 4.3 MLO Position Requirements

- Pectoralis muscle visualized to nipple level
- Proper arm positioning to open axilla
- Clear inframammary angle
- No skin folds
- Document implant type when known

#### 4.5 Tomosynthesis (DBT)

- Detector sweep validated daily
- Reconstructed slices free of motion or artifact

# 5. Equipment & Technical Standards

## **5.1 Exposure & Imaging Parameters**

- Automatic Exposure Control (AEC) as default
- Manual only with documented reason
- Target/filter combinations appropriate for breast thickness

• Density range: adequate visualization without saturation

## **5.2 Compression Standards**

• Minimum force: 11 kg (25 lb)

Maximum force: 18 kg (40
 lb) unless patient requests relief

• Document any reduced compression



# 6. Image Quality Standards

#### 6.1 ACR Criteria

Every image must be evaluated for:

- Sharpness
- Adequate tissue inclusion
- Correct positioning
- No motion
- Exposure appropriate
- No artifacts
- Nipple in profile (one view minimum)

## **6.2 PGMI Scoring (UK/EUREF)**

Each image must be classified:

P – Perfect

 $\mathbf{G}$  – Good

M – Moderate

I – Inadequate (requires repeat)

Repeat rate target: < 5%

## 7. Radiation Safety Standards

## 7.1 ALARA Compliance

- Exposure minimized for all patients
- Enhanced caution for:
  - Pregnant patients
  - o High-risk genetic groups

## 7.2 Protective Equipment

- Lead aprons for accompanying parties
- Thyroid shield not used unless essential

# 8. Quality Control Program





## 9. Documentation & Recordkeeping

## 9.1 Technologist Notes

#### Must include:

- Positioning comments
- Compression force
- Exposure factors (AEC/Manual)
- Patient tolerance
- Special techniques (Eklund)
- Repeats and reasons

## 9.2 Equipment Logs

- QC logs
- Service reports
- Calibration documents

#### 9.3 Report Turnaround

• Screening:  $\leq 7$  days

• Diagnostic:  $\leq 48$  hours

• Urgent findings: same day

# 10. Clinic Policies & Safety

#### **10.1 Infection Control**

- Clean paddle and detector between patients
- Routine disinfection log required

# **10.2 Emergency Protocols**

- Technologist trained in CPR
- Emergency phone numbers posted
- Incident reporting within 24 hours

#### 11. Audit & Accreditation

#### 11.1 Required Annual Audits

- Image quality audit (random 50 exams)
- Cancer detection outcome analysis
- Repeat/reject analysis
- Technologist performance review



## **11.2 Accreditation Standards**

Clinic must maintain compliance with:

- CAR Mammography Accreditation Program
- ACR Mammography Accreditation (if applicable)
  Provincial regulatory inspections