



HEALTHCARE FROM YOUR HOME TO YOUR DOCTOR

Local doctors turn to a newly-launched app that monitors blood pressure remotely.

by JULIE CARLSON

Before COVID-19, physicians and medical tech companies had been working on making healthcare more accessible. Through digital technologies such as telehealth, providers can deliver treatment, consultation, and educational information to their patients virtually. One such method is remote patient monitoring (RPM). Launched in April, Sentinel Healthcare, a medical data vendor based in Seattle, is hoping to lead the way in providing clinical-grade RPM for patients with heart, lung, kidney, and neurological diseases. The app was created by Nirav Shah, a neurologist and the former stroke director at Swedish Neuroscience in Seattle. Working via Sentinel's app on Android and Apple

devices, the information it receives is sent via a secure cloud to your physician's office. Southern California Heart Specialists, located in Pasadena and Arcadia, is currently using Sentinel to monitor blood pressure for some patients. Aside from downloading the app, patients receive a blood pressure cuff and wireless Bluetooth monitor. Many cardiologists have jumped on board, but also remain conservative in their approach, including Dr. Douglas D. Yun at the Arcadia office. "I'm remaining cautiously optimistic," he says. "About 10% of my patients are using it. Some people are able to work with it, but it's not for everyone." He also cautions, "Medicare covers it, but some PPOs have a small charge." ■

HEMATOLOGY AND ONCOLOGY

STEVEN H. APPLEBAUM
UCLA Health Pasadena Cancer Care
Pasadena

BORIS BAGDASARIAN
Los Angeles Cancer Network
Pasadena

MAURICE J. BERKOWITZ
UCLA Health Burbank Cancer Care
Burbank

NUBAR BOGHOSSIAN
Los Angeles Cancer Network
Glendale

WEBER CHEN
Los Angeles Cancer Network
South Pasadena

ALEX HERRERA
City of Hope
Duarte

EDDIE HONG-LUNG HU
UCLA Health Alhambra Cancer Care
Alhambra

MARK V. MCNAMARA
Keck Medicine of USC
Pasadena

CASEY L. O'CONNELL
Keck Medicine of USC
Los Angeles

LEO ORR
Leo Orr MD
Los Angeles

NIKI PATEL
City of Hope
Duarte

DAVID I. QUINN
Keck Medicine of USC
Los Angeles

AMANDEEP SALHOTRA
City of Hope
Duarte

DAPHNE B. STEWART
City of Hope
Duarte

HENRY WANG
Keck Medicine of USC
Arcadia

HONGHAO YANG
Global Oncology
Alhambra

ARASH ALBORZI
Allied Infectious Disease Consultants Group
Glendale

EMILY BLODGET
Keck Medicine of USC
Los Angeles

ELISA L. CHANG
Foothill Pulmonary and Critical Care
Consultants Medical Group, Inc.
Pasadena

JANA K. DICKTER
City of Hope
Duarte

RYAN H. JOO
Ryan H. Joo, MD
Pasadena

DAVID G. MAN
Infectious Disease Consultants
Pasadena

JESSICA P. MANTILLA
Infectious Disease Consultants
Glendale

MARK E. MILLER
HealthCare Partners
Pasadena

NEHA D. NANDA
Keck Medicine of USC
Los Angeles

PAUL HENRY NIEBERG
Huntington Hospital
Pasadena

STEVEN A. PAVKOVIC
Huntington Hospital
Pasadena

KIMBERLY A. SHRINER
Infectious Disease Consultants
Pasadena

BYRON WILLIAMS
Antaki & Associates
Glendale

INTERNAL MEDICINE

HAIG H. AHARONIAN
Keck Medicine of USC
Los Angeles

WAFAA ALRASHID
Wafaa Alrashid MD
Pasadena

ELISA C. ALVARADO
Elisa C. Alvarado M.D. Inc.
Pasadena

ANDREH CARAPIET
Elevate Health Group
Glendale

CINDY CARSON
Cindy Carson, M.D.
Pasadena

JULIA A. CASSETTA
Keck Medicine of USC
La Canada

GAREN DERHARTUNIAN
Elevate Health Group
Glendale

LESLIE A. DUDLEY
Huntington Health Physicians
Pasadena

ANDRE A. ETINGER
Dr. Andre A. Ettinger M.D.
Pasadena

BETSY FELSER
Felsner Betsy, MD
Pasadena

BIANCA GRIGORIAN
Huntington Health Physicians
Pasadena

LINDA HILLIER
Linda Hillier, DO
Pasadena

LU JIAO
HealthCare Partners
Pasadena

AREK A. JIBILIAN
Keck Medicine of USC
Los Angeles

GEORGE O. JUNG
Huntington Hospital
Pasadena

MICHAEL S. KARP
Keck Medicine of USC
Los Angeles

NATHAN LEWIS
Nathan Lewis, MD
Pasadena

JOHN LIU
John Liu, MD
Los Angeles

MARINA E. MANVELYAN
Washington Healthcare Center
Pasadena

EDWARD MENA
Pasadena Liver Center
Pasadena

MARK EDMUND MILLER
HealthCare Partners
Pasadena

STUART C. MILLER
Huntington Health Physicians
Pasadena

MARILYNN W. MOORE
Marilynn W. Moore MD
Pasadena

PATRICIA NG
MDVIP
Pasadena

RONALD P. OLAH
Huntington Hospital
Pasadena

KHIN KHIN OO
Khin Khin Oo, MD
Pasadena

JOSEPH J. PACHOREK
Joseph J. Pachorek MD Inc
Pasadena

JAMES E. PACINO
Keck Medicine of USC
Los Angeles

SYLVIA P. PRECIADO
Sylvia P. Preciado, M.D., Inc.
Pasadena

JOSHUA D. SAPIKIN
Keck Medicine of USC
Los Angeles

BEAUTY SWE
Beauty Swe, M.D.
Pasadena

FRANCIS TE
Richardson-Te Medical Group
Los Angeles

TSOVINAR TEKKELIAN
Tsovinar Tekkelian, MD
Glendale

CAROL J. THRUN
Huntington Hospital
Pasadena

CLAIRE TILEM
Huntington Health Physicians
Pasadena

NARBEN TOVMASSIAN
Elevate Health Group
Glendale

STANLEY TU
Foothill Pulmonary and Critical Care
Consultants Medical Group, Inc.
Pasadena

TODD R. TURNER
Huntington Hospital
Pasadena

JOY Y. WEISSMAN
Huntington Hospital
Pasadena

LORI J. WYNSTOCK
Lori J. Wynstock, MD
Pasadena

HANY ZAKI
Le Réve Med Spa
Pasadena

MATERNAL AND FETAL MEDICINE

PAOLA AGHAJANIAN
Cedars Sinai
Los Angeles

BONNIE W. CHEUNG
Huntington Hospital
Pasadena

RAMEN H. CHMAIT
Los Angeles Fetal Surgery
Pasadena

GREGORY R. DEVORE
Fetal Diagnostic Centers
Pasadena

RICHARD H. LEE
Keck Medicine of USC
Burbank

DAVID A. MILLER
Keck Medicine of USC
Los Angeles

PATRICK M. MULLIN
Keck Medicine of USC
Burbank

JOSEPH G. OUZOUNIAN
Keck Medicine of USC
Pasadena

KATHRYN J. SHAW
Adventist Health
Los Angeles

NEONATAL AND PERINATAL MEDICINE

SHEILA DEBNATH
Sheila Debnath M.D., Inc.
Glendale

PHILIPPE FRIEDLICH
Children's Hospital Los Angeles
Los Angeles

JOHN R. MAPP
Adventist Health
Glendale

SAUL ZEV NEWMAN
Kaiser Permanente
Los Angeles

DAVID SOLARTE
San Fernando Community Health Center
Mission Hills

NEPHROLOGY

ROUZBEN AFSARI
Kidney Disease Medical Group
Glendale

SYEDA M. ALI
Huntington Hospital
Pasadena

DARIUSH D. ARFAANIA
Kidney Disease Medical Group
Glendale