



MPD Provodores

MARKET UPDATE

04.08.2020

Finished for season:

Apricot, Jujube, Mangosteen, Mulberries, Lemon balm (bunches), Green Olives, Chestnut, Aussie red grapes, Aussie green grapes, Aussie black grapes, Sorrell bunches

Expensive or Hard to find:

Fresh corn, Rock melon, Roma tomato, Corn, Ginger, Lime, USA Peaches, Figs, Green Grapes(Mexican), Red grapes (Mexican), Lebanese cucumber, Telegraph cucumber, Thai basil, Sorrell bunches, Honey dew, Persimmon, Purslane, Baby cucumber, Purple carrot.

Something New:

Australian Asparagus, Tamarillos (sell tray), Kumquat, Blood orange, Nectarine(USA), Peach(USA), Habanero , Tangelos, Butter beans, Fresh Garlic sprouts, Purple Brussel sprouts (sell tray), Custard apple, Globe artichoke, Finger lime, Winter melon, Kalletes (sell tray), Quince, Broad Beans, Mango, Cherries (sell box only), Cauliflower Fioretto , Cara Cara oranges, Yuzu(sell tray), Aussie whole garlic, Green Mango, Star fruit, Spaghetti squash, Yellow grapefruit, Mini capsicum.



Apples Green Premium	Prices are up on apple as the supply is getting tighter.
Apples Juicing	Supply is getting tight, resulting in price increase.
Apples Red Premium	Pink lady and Gala are expensive, Red Del apples are better option.
Asparagus	Supply is improving resulting in better pricing as compared to last few weeks. Australian asparagus available
Avocado	Avocado prices are expected to go up this week due to higher demand.
Banana	Prices are consistent on banana, quality remains good.
Beans Greens	Good pricing on beans this week, quality remains good.
Beetroot	Prices are back on beetroot. Good quality. Large gold beetroot available too.
Blood Oranges	Blood oranges in season, fruit cuts nice and red.
Berry- Blackberries	Black berries are available this week, prices are way too high.
Berry- Blueberries	Prices are consistent on blueberries. Quality remains great.
Berry- Raspberries	Prices are way up on raspberry as arriving in low quantity (Tasmania & Victoria)
Berry- Strawberries	Prices are consistent on strawberries this week. Fruit arriving from Queensland.
Broccoli	Prices are looking good on broccoli this week, Quality remains good.
Brocolini	Supply and prices are consistent throughout the week.
Brussel Sprouts	Good pricing on Brussel sprouts this week, as they are in good supply.
Cabbage Green	Prices are stable on green cabbage, good supply this week.
Cabbage Red	Prices are stable on red cabbage. Good quality.
Capsicum Green	Prices are back on green capsicum as supply is improving.



Capsicum Red	Prices are coming back on red capsicum this week, supply is much better than last week. Stock arriving from QLD.
Carrots	Prices are consistent on carrot, supply is good. Product mainly arriving from Tasmania.
Cauliflower	Prices are consistent on cauliflower this week.
Celeriac	Prices will consistent on celeriac as they are on good supply.
Celery	Prices are back on celery, supply is improving resulting in better pricing.
Cherries	USA cherries are available, very expensive. Sells box only.
Corn	Very scarce and hard to find, resulting in higher pricing. Expected to be available by the end of this week.
Cucumber Lebanese	Prices are still up on cucumber due to stock shortage. Quality remains good.
Cucumber Telegraph	Prices are still up on telegraph cucumber.
Dragon fruit	Consistent pricing throughout the week, product arriving from Thailand. Quality is not great though.
Eggplant	Prices are bit back on both glass house and field eggplant.
Fennel	Prices are up on fennel, Larger head available.
Figs	Scarce, Hard to find and expensive this week.
Grapes Green	Prices are up on green grapes. Product arriving from Mexico & USA.
Grapes Red	Prices are up on red grapes. Mexican & USA red grapes are available.
Iceberg lettuce	Prices are back on iceberg as supply is improving.
Kiwi Fruit	Australian kiwis and New Zealand are available this week. Fruit is firm. (Gold kiwi available too)
Lime	Prices are way up on lime due to high demand.
Lemon	Good pricing on lemon this week.
Mandarin	Aussie aforer is available, great quality and consistent pricing.
Mango	Aussie Kensington are available but quality is not that great.



Oranges Juicing	Prices are back up on orange juicing, Navel oranges are available.
Oranges Premium	Aussie navels and cara cara are available, good quality.
Passionfruit	Prices are consistent on passion fruit, good supply and quality.
Pears Green	Consistent pricing for rest of the week.
Apricots	Apricots has finished for season.
Peaches, Nectarines, Plum	USA Nectarine, peaches and plum are available. Prices are way too high as arriving from USA.
Tomato Cherry Heirloom	Supply is inconsistent, not much around.
Tomato Cherry Red	Prices are consistent on cherry tomato.
Tomato Large Heirloom	Available this week, consistent pricing.