

# The Applebee Preschool

Fall 2020



## Welcome to Applebee!

Welcome back to PRESCHOOL!!! Thank you all for being part of our first school year here in Folsom. My daughter Hannah will be headed to Vista (online) soon as a senior. I would like to welcome Alyssa Garcia, my niece who used to work with me in Menlo Park and Savannah Kopas to our teaching team. Alyssa will be teaching with me on MWF's and Savannah on T/Th's. Alyssa has a degree in Child Development and Savannah is a student at Folsom Lake College, where she will be studying Child Development. We are super excited to kick off our fall program soon.

This is a curriculum guideline...we will add so much more. Please join our Shutterfly share page so you can see pic's and posts about our daily activities. You can also find and like our FB and Instagram pages as we post there too!

Please let us know if you have any questions. We are grateful for our Folsom/EDH founding families and look forward to an awesome year of learning thru PLAY!

## Fall begins August 12th

Our bookkeeper, Debbie Bregante, will be emailing your August tuition statement (via Quickbooks) soon.





## All About Me & Our Families (8/12-8/28)

Let's get to know more about each other and ourselves too! We will kick off the school year by creating self-portraits and our very own classroom family tree. We will make graphs, collages, obstacle courses and discover the many ways we are both alike and different. We will learn more about our families, customs and traditions too. Please bring in a family photo for the first day of school!

## Nutrition (8/21-9/4)

"You are what you eat," they say! We will explore what makes our bodies work-inside & out! From taste tests to sensory bins, it's all about healthy foods. We will measure and stir, bake and blend. We will gather and sort and create fun food art projects too. We will incorporate our five senses as food doesn't only taste good, it also has various textures we can see, hear, smell, and touch.



## Our Community (9/7-9/25)

"Who are the people in your neighborhood?" We will spend the next three weeks learning more about the post office, fire and police departments, grocery stores, restaurants, doctors, vets and more. We might even have a few community helper friends come by for a visit. Our dramatic play area will transform into various places as we create our very own "Applebee Community."

## Autumn/ Apples/ Pumpkins (9/28-10/30)

APPLES, PUMPKINS, LEAVES GALORE! We will spend the month of October noting the changes in the weather and colors around us. We will explore what it takes to run a farm and learn more about the animals that live there. We will cook and paint, sort and measure, weigh and touch apples and pumpkins of all shapes and sizes. We will end the month with a fun family potluck!



Letters: S, A, T, I, P, N