

# The Applebee Preschool

Fall 2023



## Welcome to Applebee!

Welcome back to PRESCHOOL!!! Thank you all for being part of our 4th school year here in Folsom and soon to be El Dorado Hills. What an extraordinary year it will be as we also mark Applebee's 27<sup>th</sup> Anniversary-such an amazing journey. To celebrate...we are planning a huge party with Andy Z in our new space!!!!

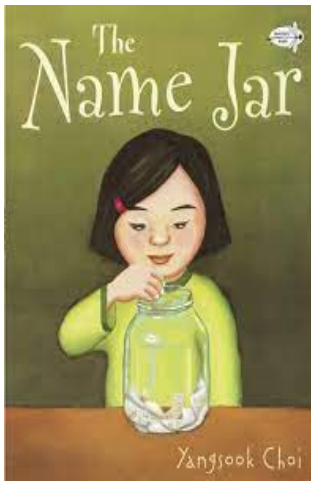
This is our curriculum guideline...we will add so much more. We have decided to leave Bright Wheel and go back to Shutterfly. We will send out invites soon. Here we will share pictures and curriculum as it develops with a quick easy overview each day. You can also find and like our FB and Instagram pages as we post there too!

Please let us know if you have any questions. We are grateful for our Applebee families and look forward to an awesome year of learning thru PLAY!

Please send a family picture in with your child during the first week of school. We will be creating a family tree! Starting in the fall we will be changing our drop off and pick up times. Feel free to drop off between 8:15 am and 8:30 am and pick up between 3:00 pm and 3:15 pm. This will allow everyone time to go from Folsom to EDH if needed.

Fall begins August 7th!





## All About Me & Our families! (8/7-18)

Let's get to know more about each other and ourselves too! We will kick off the school year by creating self-portraits and our very own classroom family tree. We will talk about our names, our siblings, and our pets. We will make graphs, collages, obstacle courses and discover the many ways we are both alike and different. We will learn more about our families, customs and traditions too. Please bring in a family photo for the first day of school!

## Let's Eat & Our 5 Senses (8/21-9/1)

"You are what you eat," they say! We will explore what makes our bodies work-inside & out! From taste tests to sensory bins, it's all about healthy foods. We will measure and stir, bake and blend. We will gather and sort and create fun food art projects too. We will incorporate our five senses as food doesn't only taste good, it also has various textures we can see, hear, smell, and touch.



## Community Helpers (9/4-9/22)

"Who are the people in your neighborhood?" We will spend the next three weeks learning more about the post office, fire and police departments, grocery stores, restaurants, doctors, vets and more. We might even have a few community helper friends come by for a visit. Our dramatic play area will transform into various places as we create our very own "Applebee Community."

## Welcome Fall (9/25-10/31)

APPLES, PUMPKINS, LEAVES GALORE! We will spend the month of October noting the changes in the weather and colors around us. We will explore what it takes to run a farm and learn more about the animals that live there. We will cook and paint, sort and measure, weigh and touch apples and pumpkins of all shapes and sizes. We will end the month with a fun family picnic and Halloween party!



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