OUR OUESADILLAS

A filled grilled Tortilla, the perfect fusion of crispy, cheesy goodness and fresh, locally sourced ingredients. Each Quesadilla is crafted to order.

Dive into our mouthwatering selection below.

- All Quesadillas come served with a side of homemade tomato salsa & sour cream -

BREAKFAST QUESADILLAS THE MORNING MELT 7.25 Whipped Eggs & Mozzarella Cheese THE CLASSIC 8.25 Whipped Eggs, Bacon & Mozzarella Cheese THE SUNRISE DELIGHT 7.50 Whipped Eggs, Spinach & Mozzarella Cheese THE WAKE-UP CALL 8.25 Whipped Eggs, Chorizo & Mozzarella Cheese THE TOMATO BLISS 7.50 Whipped Eggs, Fresh Tomato & Mozzarella Cheese THE BREAKFAST BURST 9.25 Whipped Eggs, Bacon, Chorizo & Mozzarella Cheese ALL DAY QUESADILLAS THE MIGHTY MUSHROOM 8.25 Mushrooms, Spinach & Mozzarella Cheese THE SPICEY KICK 9.95 Chorizo, Chicken & Mozzarella Cheese THE FIESTA 8.95 Chorizo, Roasted Peppers & Mozzarella Cheese THE BOMBAY FUSION 8.25 Bombay Potatoes, Spinach & Mozzarella Cheese THE PARMA PERFECTION 8.95 Parma Ham & Mozzarella Cheese THE MEDLEY 9.95 Chicken, Roasted Peppers, Red Onion & Mozzarella Cheese THE VEGGIE DELIGHT 8.95 Fresh Spinach, Roasted Peppers, Red Onion & Mozzarella Cheese THE PEPPER BLISS 7.50 Roasted Peppers & Mozzarella Cheese THE CLUB 10.95

Grilled Chicken, Parma Ham, Chorizo, Red Onion & Mozzarella Cheese

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ALL DAY VEGAN QUESADILLAS

THE BELL Roasted Peppers & Vegan Cheese	7.50
THE GARDEN MEDLEY Fresh Spinach, Red Onions & Vegan Cheese	7.95
THE VEGAN SPICY KICK Bombay Potatoes, Red Onion & Vegan Cheese	8.25
THE FUN-GUY Mushroom, Fresh Spinach & Vegan Cheese	8.25
THE RED ONE Fresh Tomato & Vegan Cheese	6.95
THE VEGGIE FIESTA Fresh Spinach, Roasted Peppers, Red Onion & Vegan Cheese	8.95
THE VEGGIE CLASSIC Red Onion, Roasted Peppers & Vegan Cheese	8.25
THE SAAG Bombay Potatoes, Fresh Spinach & Vegan Cheese	8.25

FOCACCIA SANDWICHES

BACON, BRIE, HOMEMADE CHILLI JAM, ROCKET	7.95
PARMA HAM, PARMESAN, HOMEMADE PESTO, ROCKET	7.95
VEGAN BOMBAY POTATO, SPICED CHAAT, TOMATO, MIXED LEAVES	7.95
VEGAN ROASTED PEPPERS, HOMEMADE PESTO, MIXED LEAVES	7.95

SARNIE MEAL DEAL

Your choice of Sandwich, packet of Crisps, and Hot Drink 10

BLISS BOWLS 7:95

Our Bliss Bowls are a selection of our salads made fresh daily with seasonal ingredients sourced locally. Our Bliss Bowls Include:

- HOMEMADE SALSA: TOMATO, RED ONION, CORIANDER
- HOMEMADE COLESLAW: RED CABBAGE, WHITE CABBAGE CARROT, RED ONION, MAYO
- MIXED LEAVES
- DRESSED COURGETTE RIBBONS
- HOUSE DRESSING

A SELECTION OF ADD-ONS TO YOUR BLISS BOWL:

ROAST CHICKEN	3.95
• BACON	2.95
• PARMA HAM	3.25
SPICED BOMBAY POTATO	2.95

BISTRO SPECIALS

Our Bistro Specials change daily. Ask your server or check out our blackboards for today's special. Served hot or chilled.

FOOD ALLERGY NOTICE

If you have a food allergy or special dietary requirement please inform a member of staff.

FARM BOUGHT SCOTCH EGGS & SAUSAGE ROLLS

We source our scotch eggs and sausage rolls from independent farms and suppliers. Our selection changes weekly, ask your server or check our display fridges for todays specials. Served hot or chilled.

A FLAVOUR OF OUR SCOTCH EGGS SELECTION INCLUDES:

SCRUMPY: APPLE & PORK

BLACK WATCH: BLACK PUDDING & PORK SMOKIE JOE: SMOKED BACON & PORK

FULL ENGLISH: BLACK PUDDING, SMOKED BACON, BAKED BEANS, FRIED BREAD & PORK

SCARECROW: BEETROOT, CARROT, PARSNIP CRISPS & PORK

MORGAN: GOATS CHEESE, CHIVE & PORK

VEGETARIAN ROGHAN: RED CHUTNEY, CHICKPEA & CHEESE

VEGAN NEG: DUNDRIED TOMATO, CHICKPEAS, HERBS & VEGAN 'EGG'

SCOTCH EGG & SALADS 4-95
SCOTCH EGG & SALADS

A SELECTION OF SAUSAGE ROLLS INCLUDES:

THE TRADITIONAL ONE: PORK & SAGE

THE RICH ONE: BLACK PUDDING, APPLE, FENNEL & PORK

THE VEGAN ONE: VEGAN SAUSAGE & SAGE

THE LIGHTER ONE: SPINACH & FETA

SAUSAGE ROLL 4-95
SAUSAGE ROLL & SALADS 9-5°

HOT DRINKS

LATTE			3.25
CAPPUCCINO			3.25
FLAT WHITE			3.20
AMERICANO			2.95
ESPRESSO			2.75
MACHIATO			2.85
MOCHA			3.90
CHAI LATTE			3.90
HOT CHOCOLATE			3.85
WHIPPED CREAM			0.95
MARSHMALLOWS			0.95
EXTRA SHOT			1.50
BABYCHINO			1.50
ICED COFFEE			3.95
ADD COFFEE SYRUP			0.95
ADD BISCOFF SCOOP			0.95
ADD NUTELLA SCOOP			0.95
	CUP	SMALL POT	LARGE POT
ENGLISH BREAKFAST	2.45	3.15	3.95
SPECIALITY TEA	2.65	3.40	4.50

We have a selection of alternative milks available, at no charge extra charge. Our alternative milks include Oat, Almond, and Soy.

COLD DRINKS

FRESHLY SQUEEZED ORANGE JUICE	3.95
FROBISHER'S APPLE JUICE	3.75
SAN PALLEGRINO ARANCIATA	2.95
SAN PALLEGRINO LEMONATA	2.95
COCA-COLA	2.30
DIET COKE	2.30
SPARKLING MINERAL WATER	1.95
FRUIT SMOOTHIES	

STRAWBERRIES, CHERRIES, REDCURRANTS, BLUEBERRIES, APPLE, BANANA	4.50
MANGO, SPINACH, KIWI, KALE, APPLE BANANA	4.50
ADD OAT / ALMOND MILK	0.50