



WWL EVENTS SCHEDULE

See our
"Events" for
more details.

15 March

The Shamrock Shuffle 5K

A 5K that you can run , walk, or just show up to the block party!

19 April

Adaptive Crossfit

Focused on accessibility & functional movements that ANYONE can do.

03 May

Pigabilities

A one mile event to celebrate people with disabilities and the organizations that serve this community.

24 May

Abilities at Bat

Cubs Vs. Reds with an on field ceremony to celebrate the I/DD Community!



WELLNESS WITHOUT LIMITS

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