



Work that fits your life. Leadership that fits your business.

Checklist: Signs You're Aligned with Who You Are Now

Use this checklist to test if your current path reflects your current self:

- ☐ My career decisions reflect my present-day values, not outdated goals
- ☐ I feel energized by my work more often than I feel depleted
- ☐ I say yes from clarity, not habit or obligation
- ☐ My definition of success includes peace, freedom, and meaning - not just titles or income
- ☐ I've let go of roles, goals, or metrics that no longer fit
- ☐ I spend time where it matters most to me - not just where I'm expected to be
- ☐ I'm building toward the life I want now, not one I imagined years ago

If you're not checking many of these boxes, it's not failure, it's feedback that you are ready for what's next - our reflections guide, **Build for Who You Are, Not Who You Were**.

What This Guide Will Help You Do

If your career no longer reflects the life you're living or the person you've become, this guide gives you the space and the structure to face that truth with clarity and power. It will help you:

- **Identify where your career path is out of sync** with your current values, lifestyle, and priorities
- **Reflect deeply** on how your life experiences have shifted what matters most
- **Interrupt default thinking** that's still rooted in outdated ambitions or roles
- **Clarify what success means now**—not what it meant 10 or 20 years ago
- **Make aligned, present-tense decisions** that support the version of you that exists today—not the one who started your climb
- **Build forward with intention** instead of repeating what's familiar but no longer fits

This isn't about abandoning your past, it's about honoring who you've become and giving your future the alignment it deserves.

[Click to access the reflections guide: Build for Who You Are, Not Who You Were](#)